

LOCK HAVEN UNIVERSITY
LOCK HAVEN, PENNSYLVANIA

RECREATION MANAGEMENT

RECREATION LEADERSHIP AND SUPERVISION
RECR244

I. Introductory Information:

- A. Department Name: Recreation Management
- B. Departmental Catalog Number: RECR244
- C. Course Title: Recreation Leadership and Supervision
- D. Semester Hours of Credit: 3
- E. Clock Hours per Week: 3
- F. Overlays: None
- G. Restrictions Upon Student Registration: Recreation majors only, others by permission of the instructor.

II. Description of the Course:

Catalog description:

Designed to give the student an understanding of recreation leadership, supervision, and team building in public, private and government settings. Principles, philosophy and methods of leadership and supervision will be covered. The goal is to provide practical, experiential, and educational opportunities to students. It is designed to meet the National Park and Recreation Association's (NRPA) competencies for accreditation.

III. Exposition:

A. Objectives:

Upon completion of this course, students will be able to do the following:

1. Develop a personal philosophy of recreation leadership and recreation supervision.

2. Analyze theories and methods used in recreation leadership. (NRPA 8.03)
3. Understand effective leadership for a variety of recreation activities, settings and diverse populations. (NRPA 8.02, 8.12, 8.14, 8.15)
4. Define group dynamics and communication and how they effect leadership and supervision in recreational settings. (NRPA 8.19, 8.35)
5. Discuss supervisory roles, ethical decision making, and risk management in program and facility operations. (NRPA 8.16, 8.40)
6. Identify and define the supervisor's role in effective staff development. (NRPA 8.31)
7. Apply decision making and problem solving in recreation and parks.
8. Create the appropriate goals and objectives for selected activities. (NRPA 8.28, 8.17)
9. Evaluate the effectiveness of goals and objectives for selected activities. (NRPA 8.28)
10. Discuss recruitment and retention of recreation volunteers. (NRPA 8.31)
11. Assess participants' needs and effectively provide appropriate recreation opportunities. (NRPA 8.16)
12. Consider and effectively use community resources to provide quality recreation opportunities. (NRPA 8.20, 8.23, 8.32)

B. Activities and Requirements:

1. Do all required readings.
2. Participate in experiential leadership opportunities in community recreation.
3. Prepare detailed analysis of leadership requirements for particular recreation programs and activities which include diverse settings and populations.

4. Evaluate leadership skills through the planning and delivery of a community-based recreation event including management of the area and marketing/promotional strategies. (NRPA 8.32, 8.34)
5. Compile a set of resources that can be used in the development and provision of recreation programming and leadership activities.
6. Develop a risk management plan that addresses the needs of the community-based recreation event. (NRPA 8.40)
7. Written exams.

C. Major Units and Time Allotted:

1. Foundations of Recreation Leadership and Supervision (NRPA 8.08) (3 hours)
 - a. Recreation defined
 - b. Growth and trends in recreation participation
 - c. Conceptual base for recreation leadership and supervision – social values and lifestyle patterns
 - d. Future of organized recreation service
2. Leadership Theory and Styles (NRPA 8.03) (NRPA 8.03) (3 hours)
 - a. Introduction of leadership theories
 - b. Introduction of leadership styles
 - c. Application of leadership styles
3. Foundations and Philosophy of Recreation Leadership (NRPA 8.16, 8.35) (3 hours)
 - a. Leadership as a professional title or role
 - b. Leadership as a set of functions or tasks
 - c. Principles of communication
 - d. Interpersonal behaviors of effective communication
 - e. Personal characteristics as a foundation to leadership philosophy
4. Group Dynamics in Recreation (NRPA 8.19, 8.35) (NRPA 8.19, 8.35) (3 hours)
 - a. Influence of group dynamics on recreational programming
 - b. Importance to recreation professionals
 - c. Effective practices in group leadership
5. Activity Leadership Planning (NRPA 8.16, 8.17, 8.20, 8.23, 8.28, 8.31) (4.5 hours)

- a. Activity selection
 - b. Basic concepts of teaching and learning
 - c. Outcome oriented goals and objectives
 - d. Evaluation of goal and objective effectiveness
6. Tournaments/Special Events Leadership (4.5 hours)
- a. Key components of special events
 - b. Alternative structures and competitions
 - c. Effective leadership techniques in event management
 - d. Values of special events to agency and community
 - e. Usage of promotion to create community awareness of the agency/program
7. Functions of a Recreation Leader (NRPA 8.32, 8.40) (3 hours)
- a. Public and community relations
 - b. Safety procedures and accident prevention
 - c. Care of facility, equipment and supplies
 - d. Reports, record keeping and evaluation
 - e. Ethical practices
 - f. Risk management
8. Cross-cultural Leadership (NRPA 8.12, 8.14, 8.15) (3 hours)
- a. The impact of cultural, racial, and ethnic differences on recreation leadership
 - b. Older adults
 - c. People with disabilities
9. Leadership in Programs and Policy (3 hours)
- a. Introduction to program development
 - b. Introduction to policy development
10. Principles of Supervision (NRPA 8.31) (3 hours)
- a. Supervision defined
 - b. Supervision by objectives
 - c. Guidelines for recreation supervision
11. Supervision of Recreation Volunteers (NRPA 8.31) (3 hours)
- a. Recruitment
 - b. Selection and Placement
 - c. Recognition
 - d. Evaluation
12. Problem Solving in Recreation (2 hours)
- a. Process-stages
 - b. Group-centered approach

- 13. Case Studies in Leadership and Supervision (1 hour)
- 14. Experiential Leadership (3 hours)
- 15. Examinations (3 hours)

D. Materials and References:

1. Suggested textbooks:

Edginton, C.R., Hudson, S.D., & Ford, P.M. (1999). *Leadership in recreation and leisure services organizations*. Champaign, IL: Sagamore Publishing.

Jordan, D.J. (2001). *Leadership in leisure services: Making a difference*. State College, PA: Venture Publishing, Inc.

2. Other Materials: none

3. Bibliographic Support:

Anders, T.D. & Fisher, B.A. (1999). *The cooperative edge: Reviving team spirit for power and profit*. Cummings, GA: Customer Driven Leadership.

Covey, S.R. (1991). *Principle-centered leadership*. New York, NY: Summit Books.

Edginton, C.R., Hudson, S.D., & Ford, P.M. (1999). *Leadership in recreation and leisure services organizations*. Champaign, IL: Sagamore Publishing.

Jordan, D.J. (1996). *Leadership in leisure services: Making a difference*. State College, PA: Venture Publishing, Inc.

Michaelis, B. & O'Connell, J.M. (2000). *The game and play leaders handbook*. State College, PA: Venture Publishing, Inc.

Moore, A.C. (1992) *The game finder: A leader's guide to great activities*. State College, PA: Venture Publishing, Inc.

Project Adventure, Inc. (1998). *Activities that work: Readers' choice*. Hamilton, MA: author.

Russell, R.V. (2001) *Leadership in recreation* (2nd ed.). Boston, MA: McGraw Hill.

Smith, R., Austin, D., & Kennedy, D. (2001). *Inclusive and special recreation: Opportunities for persons with disabilities*. (4th ed.). New York: McGraw-Hill.

Sylvester, C., Voelkl, J., & Ellis, G. (2001). *Therapeutic recreation programming: Theory and practice*. State College, PA: Venture Publishing.

Wilson, L. & Wilson, H. (1998) *Play to win: Choosing growth over fear in work and life*. Austin, TX: Bard Press.

IV. Standards

Grades will be assigned in accordance with the grading policies of the University and will be based on the quality of work demonstrated by the students in meeting the course requirements.

V. Rationale and Impact:

- A. This is a revision of an existing course being updated to reflect contemporary resources and practices in effective recreation leadership methodology. It has been revised to adhere to National Recreation and Park Association (NRPA) guidelines.
- B. This course is designed for Recreation Management majors.
- C. This revised syllabus will have no effect on existing academic programs or staff.

VI. Cost and Staff Analysis: none

VII. Date approved by University president:

Signature of the President

Date