

2009-2010

Academic year for all new students

NAME \_\_\_\_\_

PROJECTED GRADUATION DATE \_\_\_\_\_

CHECK SHEET

HEALTH AND PHYSICAL EDUCATION MAJOR REQUIREMENTS

General Education – 47 Credits

Schedule	Grade
<u>Humanities</u> <i>18 Credits</i>	
_____ Art/Music/Drama (3)	_____
_____ Art/Music Drama (3)	_____
_____ Literature (3) (C- or above)	_____
_____ Philosophy (3)	_____
_____ Composition (3) (C- or above)	_____
_____ Speech (3) (C- or above)	_____

<u>Natural Sciences/Math</u> <i>12 Credits</i>	
_____ Lab Science (3) (C- or above)	_____
_____ Lab Science (3) (C- or above)	_____
_____ Math (3) (C-or above)	_____
_____ Math (3) (C-or above)	_____

<u>History/Social Sciences</u> <i>15 Credits</i>	
_____ World History (3)(MC) (C- or above)	_____
_____ Government/Economics (3)	_____
_____ Child Psychology 102 (3) OR	_____
_____ Adolescent Psychology 103 (3)	_____
_____ Sociology/Anthropology (3) (MC)	_____
_____ Educational Psychology (3) (C or above)	_____

Theory Courses - 32.5 Credits

_____ HLTH104 Found. Of Health (1.5)	_____
_____ HLTH128 Anatomy and Physiology I (3)	_____
_____ HLTH215 Community Health (1.5)	_____
_____ HLTH130 Anatomy and Physiology II (3)	_____
_____ HLTH330 School Health Programs (2)	_____
_____ HLTH336 Teaching Drug Ed. (3)	_____
_____ HLTH341 Teaching Human Sexuality (3)	_____
_____ HLTH353 Physiology of Exercise (3)	_____
_____ HLTH402 Eval/Hlth Ed Promo Program (2) (WE)	_____
_____ HLTH334 Teaching Nutrition and Consumer Health (3)	_____
_____ HPED104 Foundations of PE (1.5)	_____
_____ HPED204 Psy/Soc Dim Phy Act Sport (2)	_____
_____ HPED302 Motor Learning for PE (2)	_____
_____ HPED352 Kinesiology (2)	_____
_____ SPEC 202 Cultural & Linguistic Diversity in Ed. (3)	_____
_____ SPEC 204 Cognitive Development of Diverse Learners (3)	_____
_____ SPEC 345 Literacy Instruction for Students with Disabilities (3)	_____

Advanced Techniques Course - 1 Credit

Activity Course Requirements - 10 Credits

Schedule	Grade
*Spring Only **Fall Only	
_____ HPED103 Teaching Soccer**(.)5	_____
_____ HPED105 Teaching Basketball*(.)5	_____
_____ HPED111 Teaching Racquet Sports (1)	_____
_____ HPED112 Teaching Fundamental Movements and Rhythms (.5)	_____
_____ HPED113 Teaching Volleyball** (.5)	_____
_____ HPED134 EWS (1) OR	_____
_____ HPED225 LGT (1) OR	_____
_____ HPED234 WSI (1) OR	_____
_____ HPED222 LGI (1)	_____
_____ HPED200 Teaching Aerobics**(.)5	_____
_____ HPED202 Teaching Leisure Sports (1)	_____
_____ HPED210 Teaching Folk/Social Dance (1)	_____
_____ HPED213 Teaching Elementary Physical Education Activities (1)	_____
_____ HPED215 Teaching Track* (1)	_____
_____ HPED218 Teaching Tumbling/ Gymnastics (.5)	_____
_____ HPED260 Practices and Principles of Conditioning (1)	_____

Also Select 2 Activities - 1 Credit

_____ HPED107 Teach. Field Hockey ** (.5)	_____
_____ HPED109 Teach. Wrestling** (.5)	_____
_____ HPED120 Teach. Softball/Baseball* (.5)	_____
_____ HPED206 Teach. Lacrosse*(.)5	_____

Professional Semester - 16.5 Credits

_____ RECR305 Adventure Activities and Outdoor Pursuits (.5)	_____
_____ HPED310 Techniques and Strategies for Teaching PE (3)	_____
_____ HPED311 Teaching Health (3)	_____
_____ HPED312 Adapted Physical Ed.(3)	_____
_____ HPED314 Measurement for Eval. in Health and Physical Educ.(3)	_____
_____ HPED400 Professional Dev. (1)	_____
_____ HPED463 Organization and Admin. of HPE (3) (IL) (WE)	_____

Student Teaching - 12 Credits

_____ HPED425 Elementary Student Teaching & Prof. Practicum (6) (IL) (WE)	_____
_____ HPED427 Secondary Student Teaching & Prof. Practicum (6) (IL) (WE)	_____