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Career Services
114 Akeley Hall
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www.lhup.edu/career



Unlock the door to your future.

WARNING

**LACK OF
PLANNING
MAY BE
HAZARDOUS
TO YOUR
FUTURE**

FRESHMAN /
1st Semester of
Associate Program

**SELF AND CAREER
AWARENESS**

Learn more about yourself. Identify personal interests, values, skills and abilities.

Familiarize yourself with various majors. Talk to faculty and upper-classmen.

Participate in activities and clubs to explore interests.

Begin to identify careers that might be compatible with your personality.

Become familiar with Career Services Website. Use FOCUS.

SOPHOMORE /
2nd Semester of
Associate Program

**CAREER
EXPLORATION**

Select a major and develop a tentative curriculum.

Become aware of general career trends and future employment needs.

Conduct informational interviews and spend a day shadowing someone in your field of interest.

Participate in volunteer service related to your career interests.

Analyze self-assessment and career information collected.

Begin to evaluate career alternatives.

JUNIOR /
3rd Semester of
Associate Program

**CAREER
PREPARATION**

Learn more about career opportunities related to your major.

Select courses in other areas to compliment your major.

Begin to think about options after graduation.

If considering graduate school, begin researching potential schools.

Develop your resume.

Acquire skills in your chosen field through an internship, summer job or other work experience.

SENIOR /
4th Semester of
Associate Program

**IMPLEMENTING
CAREER CHOICE**

Complete course requirements in major.

Get more experience and establish contacts in chosen field.

Apply to graduate schools and register to take necessary exams.

Identify and research potential employers.

Update resume and collect references.

Develop interview skills.

Attend job fairs.

Register on job posting websites.