NOTE: PLEASE SCROLL DOWN TO VIEW OTHER COURSE SEQUENCES

THERAPEUTIC RECREATION

Recommended Major Course Sequence

**Fall 2008**

**FALL SEMESTER**

**FRESHMAN YEAR**

SH

RECR105 Leisure, Wellness and Personal Lifestyle* 3
RECR110 Intro to Recreation and Leisure* 3

**SUMMER** (between freshman and sophomore year)

RECR210 Field Participation in Recreation 3

**SPRING SEMESTER**

SH

RECR244 Recreation Leadership and Supervision* 3
PSYC100 Introduction to Psychology 3

**SOPHOMORE YEAR**

HLTH128 Anatomy and Physiology I* 3
RECR275 Recreation Services for People with Disabilities* 3
HLTH100 Medical Terminology* 1
PSYC240 Life-Span Development 3
RECR204 Foundations of Therapeutic Recreation 3

**JUNIOR YEAR**

PSYC307 Abnormal Psychology* 3
RECR315 Program Planning and Design in Recreation* 3
RECR330 Marketing Recreation Services 3
RECR364 Therapeutic Recreation Assessment and Documentation 3
RECR365 Therapeutic Recreation Methods and Techniques 3

**SENIOR YEAR**

**PROFESSIONAL SEMESTER**

RECR410 Seminar in Current Issues* 3
RECR415 Organization and Management* 3
RECR420 Recreation Resource Management 3
RECR430 Assessment, Evaluation, and Research for Recreation Services 3
RECR402 Leisure Education in Therapeutic Recreation 3

RECR425 Professional Field Experience in Recreation (or summer) # 12

#RECR425 must meet all NCTRC requirements including but not limited to a maximum of 12 weeks (480 hours) of field experience.

*Offered both fall and spring semesters.
# THERAPEUTIC RECREATION
## Recommended Major Course Sequence

### Fall 2009

| FRESHMAN YEAR | SPRING SEMESTER |
|---------------|----------------|----------------|
| SH            | SH             |
| RECR105 Leisure, Wellness and Personal Lifestyle* | RECR244 Recreation Leadership and Supervision* | 3 |
| RECR110 Intro to Recreation and Leisure* | PSYC100 Introduction to Psychology | 3 |
| **SUMMER** (between freshman and sophomore year) | | |
| RECR210 Field Participation in Recreation | 3 |

### SOPHOMORE YEAR

<table>
<thead>
<tr>
<th>HLTH128 Anatomy and Physiology I*</th>
<th>RECR275 Recreation Services for People with Disabilities*</th>
<th>3</th>
</tr>
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<tbody>
<tr>
<td>RECR307 Abnormal Psychology*</td>
<td>RECR315 Program Planning and Design in Recreation*</td>
<td>3</td>
</tr>
<tr>
<td>HLTH100 Medical Terminology*</td>
<td>PSYC240 Life-Span Development</td>
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</tr>
<tr>
<td>HLTH130 Anatomy and Physiology II*</td>
<td>RECR204 Foundations of Therapeutic Recreation</td>
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### JUNIOR YEAR

<table>
<thead>
<tr>
<th>PSYC307 Abnormal Psychology*</th>
<th>RECR330 Marketing Recreation Services</th>
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<tbody>
<tr>
<td>RECR315 Program Planning and Design in Recreation*</td>
<td>RECR364 Therapeutic Recreation Assessment and Documentation</td>
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<tr>
<td>RECR365 Therapeutic Recreation Methods and Techniques</td>
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### SENIOR YEAR

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>RECR410 Seminar in Current Issues*</td>
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<tr>
<td>RECR415 Organization and Management*</td>
</tr>
<tr>
<td>RECR430 Assessment, Evaluation, and Research for Recreation Services</td>
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# Requirements

*Offered both fall and spring semesters.
# THERAPEUTIC RECREATION

## Recommended Major Course Sequence

### Fall 2010

#### FALL SEMESTER

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<tr>
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<tbody>
<tr>
<td>RECR105 Leisure, Wellness and Personal Lifestyle*</td>
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<td>RECR444 Recreation Leadership and Supervision*</td>
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<tr>
<td>RECR110 Intro to Recreation and Leisure*</td>
<td>3</td>
<td>PSYC100 Introduction to Psychology*</td>
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#### SPRING SEMESTER

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<tr>
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### FRESHMAN YEAR

#### SOPHOMORE YEAR

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<tr>
<td>HLTH122 Anatomy and Physiology *</td>
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<tr>
<td>RECR275 Recreation Services for People with Disabilities*</td>
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#### SUMMER

- RECR210 Field Participation – 3 SH

### JUNIOR YEAR

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<tr>
<td>PSYC307 Abnormal Psychology*</td>
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<tr>
<td>RECR315 Program Planning and Design in Recreation*</td>
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### SENIOR YEAR

#### PROFESSIONAL SEMESTER*

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<tr>
<td>RECR410 Seminar in Current Issues*</td>
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<tr>
<td>RECR415 Organization and Management*</td>
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<tr>
<td>RECR420 Recreation Resource</td>
<td>3</td>
</tr>
<tr>
<td>RECR420 Resource Management*</td>
<td>3</td>
</tr>
<tr>
<td>RECR430 Assessment, Evaluation, and Research for Recreation Services*</td>
<td>3</td>
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<tr>
<td>RECR402 Leisure Education in Therapeutic Recreation</td>
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<td>RECR425 Professional Field Experience in Recreation (or summer) #</td>
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<td>RECR425 must meet all NCTRC requirements including but not limited to a maximum of 12 weeks (480 hours) of field experience. See above change as noted.</td>
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*Offered both fall and spring semesters.

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# THERAPEUTIC RECREATION
Recommen**d Major Course Sequence

**Fall 2011**

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<thead>
<tr>
<th>FALL SEMESTER</th>
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<td>RECR105 Leisure, Wellness and Personal Lifestyle*</td>
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<tr>
<td>RECR110 Intro to Recreation and Leisure*</td>
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<td><strong>SOPHOMORE YEAR</strong></td>
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<tr>
<td>RECR275 Recreation Services for People with Disabilities*</td>
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<td><strong>SUMMER</strong></td>
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<td>RECR210 Field Participation – 3 SH</td>
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<tr>
<td>PSYC307 Abnormal Psychology*</td>
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<tr>
<td>RECR315 Program Planning and Design in Recreation*</td>
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<td>RECR420 Recreation Resource</td>
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<td>RECR420 Resource Management*</td>
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<tr>
<td>RECR430 Assessment, Evaluation, and Research for Recreation Services*</td>
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<td>RECR402 Leisure Education in Therapeutic Recreation</td>
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*Offered both fall and spring semesters.

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# Therapeutic Recreation
## Recommended Major Course Sequence
### Fall 2012

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<td>RECR201 Medical Conditions in TR</td>
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<td>PSYC240 Life-Span Development*</td>
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<td>RECR204 Foundations of Therapeutic Recreation</td>
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| **SUMMER** | |
| RECR210 Field Participation – 3 SH | |

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<td>#RECR425 must meet all NCTRC requirements including but not limited to a maximum of 14 weeks (560 hours) of field experience.</td>
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# Therapeutic Recreation

## Recommended Major Course Sequence

### Fall 2013

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