Minor in Sport and Exercise Psychology (18 credits)

Required Core Courses (6 credits)
- SPRT208: Introduction to Sport and Exercise Psychology
- SPRT318: Advanced Theory and Application of Sport and Exercise Psychology

Support Courses (12 credits)
- SPRT305: Psychology of Coaching
- SPRT323: Sport and Society*
- ATTR332: Psychological Aspects of Injury and Illness*
- HLTH305: Introduction to Biomechanics*
- HLTH353: Physiology of Exercise*
- PSYC202: Research Methods in Psychology (3)**
- PSYC235: Interpersonal and Leadership Skills
- PSYC250: Social Psychology*
- PSYC308: Psychology of Personality*
- PSYC313: Industrial and Organizational Psychology*

*These courses have pre-requisites.
  **Strongly recommended for students who do not complete a research methods class as part of their major requirements.

- Students may petition the minor coordinator for approval of a maximum of 3 credits in lieu of those listed above. The petition must be approved prior to completion of the 3 credits.