NAME ____________________________

PROJECTED GRADUATION DATE ____________________

CHECK SHEET

HEALTH AND PHYSICAL EDUCATION MAJOR REQUIREMENTS

General Education – 45 Credits

Activity Course Requirements – 19 Credits

Schedule Grade

Humanities 18 Credits

Art/Music/Theatre/Dance (3) ___

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Literature (3) (C- or above) ___

Philosophy (3) ___

ENGL100 Composition (3) (C- or above) ___

Speech (3) (C- or above) ___

Natural Sciences/Math 12 Credits

Lab Science (3) (C- or above) ___

MATH101 or higher (3) (C or above) ___

MATH101 or higher (3) (C or above) ___

History/Social Sciences 15 Credits

World History (3)(MC) (C- or above) ___

Government/Economics (3) ___

PSYC102 Child Development (3) ___

OR

PSYC103Adolescent Development (3) ___

Sociology/Anthro/Geography/Social Work (3)(MC) ___

PSYC201 Educational Psychology (3) (C or above) ___

Theory Courses - 35 Credits

HPED102 Foundations of PE (2) ___

HPED302 Motor Learning for PE (3) ___

HPED352 Kinesiology (2) ___

HLTH204 Foundations of School & Community Health Ed. ___

HLTH214 Eval/Hlth Ed Promo Program (2) ___

HLTH330 School Health Programs (2) ___

HLTH334 Teaching Nutrition and Consumer Health (3) ___

HLTH336 Teaching Drug Ed. (3) ___

HLTH341 Teaching Human Sexuality (3) ___

HLTH353 Physiology of Exercise (3) ___

SPEC202 Cultural & Linguistic Diversity in Ed. (3) ___

SPEC204 Cognitive Development of Diverse Learners (3) ___

SPEC345 Literacy Instruction for Students with Disabilities (3) ___

Schedule Grade

HPED115 Teaching Invasion Sports I (3) ___

HPED125 Teaching Invasion Sports II (3) ___

HPED130 Teaching Net Sports (3) ___

HPED210 Teaching Rhythmic Activities and Dance (1) ___

HPED213 Methods for Teaching Elementary Physical Education (3) ___

HPED214 Teaching Lifetime Activities (2) ___

HPED255 Teaching Fitness in K-12 School (3) ___

Select One Swim Course based on Swim Assessment

HPED134 EWS (1) OR HPED222 LGI (1) OR HPED225 LGT (1) OR HPED234 WSI (1)

Advanced Techniques Course - 1 Credit

Professional Semester - 17 Credits

RECR305 Adventure Activities and Outdoor Pursuits (1) ___

HPED310 Techniques and Strategies for Teaching PE (3) ___

HPED311 Teaching Health (3) ___

HPED312 Adapted Physical Ed. (3) ___

HPED314 Measurement for Evalu. in Health and Physical Educ. (3) ___

HPED400 Professional Dev. (1) ___

HPED463 Organization and Admin. of HPE (3) (IL) (WE) ___

Student Teaching - 12 Credits

HPED493 Elementary Student Teaching & Prof. Practicum (6) (IL) (WE) ___

HPED494 Secondary Student Teaching & Prof. Practicum (6) (IL) (WE) ___

2013-2014 Academic year for all new students
**REQUIREMENTS FOR ADVANCED STANDING/CANDIDACY**

45 or more credit hours
3.0 GPA
Minimum C- grade in 2 math classes (101 level or higher), Composition and Literature
C grades in all major courses, including Educational Psychology
Diversity Profile Plan
Disposition Survey
Technology Survey
Passed PAPA tests (reading, writing, math)
Child abuse clearance/criminal record clearance/FBI Clearance

**ADDITIONAL REQUIREMENTS PRIOR TO PROFESSIONAL SEMESTER**

Satisfied the requirements for the Developing Portfolio
Recommended C- grades in (2) lab science courses, Speech, and World History
20 hours diversity experience, 40 hours prior to graduation
Diversity Essay
60 hours of completed Professional Development Activities (PDAs)
Memberships in LHUAHPERD, PSAHPERD and AAHPERD
Proof of Liability Insurance (Membership in PSEA is one method to satisfy this req.)
Evidence of Negative TB test – valid for 2 years

**STUDENT TEACHING**

3.0 GPA overall and in the major
Passed Praxis II tests (reading, writing, math)

**ADVANCED TECHNIQUES/COACHING COURSES**

<table>
<thead>
<tr>
<th>Fall Semester only</th>
<th>Spring Semester only</th>
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</thead>
<tbody>
<tr>
<td>HPED 300 Advanced Techniques/Coaching Soccer</td>
<td>HPED 306 Advanced Techniques/Coaching Track</td>
</tr>
<tr>
<td>HPED 301 Advanced Techniques/Coaching Field Hockey</td>
<td>HPED 307 Advanced Techniques/Coaching Basketball</td>
</tr>
<tr>
<td>HPED 303 Advanced Techniques/Coaching Football</td>
<td>HPED 308 Advanced Techniques/Coaching Baseball</td>
</tr>
<tr>
<td>HPED 304 Advanced Techniques/Coaching Wrestling</td>
<td>(alternated every other spring with Softball)</td>
</tr>
<tr>
<td>HPED 316 Advanced Techniques/Coaching Volleyball</td>
<td>HPED 315 Advanced Techniques/Coaching Softball</td>
</tr>
<tr>
<td>HPED 360 Advanced Techniques/Coaching Tennis</td>
<td>HPED 350 Advanced Techniques/Coaching Swimming</td>
</tr>
<tr>
<td>(offered periodically)</td>
<td>and Diving (offered alternate springs)</td>
</tr>
</tbody>
</table>

**GENERAL EDUCATION OVERLAYS**

<table>
<thead>
<tr>
<th>Information Literacy (IL) (2 units required)</th>
<th>Writing Emphasis (WE) (3 units required)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Multi-Cultural (MC) (2 units required)</td>
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<tr>
<td></td>
<td>External Experience (2 units required)</td>
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</tbody>
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**HPE Required: 129 credits/Needed for Graduation: 129 credits**

*This is only a guide. Consult with your advisor for recent modifications.*

2013-2014 Academic year for all new students