

HAVEN athletics newsletter



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Spotlight on Director of Athletics Sharon E. Taylor



Sharon E. Taylor (LHSC '66) is currently in her 18th year as Director of Athletics at Lock Haven University, but has been a member of the Haven community for over 40 years dating back to her days as a field hockey, women's basketball, and softball student-athlete as well as a Health and Physical Education major.

Following graduation, Taylor took on responsibilities of Physical Education instructor and the field hockey and tennis coach at Susquehanna University.

From there, she returned to her alma mater, serving as a professor in the Health and Physical Education Department while beginning a coaching stint that would lead to national titles with both field hockey and lacrosse programs. Taylor would remain at the helm of the field hockey program from 1973 through 1995, becoming the winningest coach in LHU history with a record of 333-96-27 and collecting six national championship trophies over the 23-year span.

"You don't have to be around athletics very much in order to see its benefits," said Taylor.

Taylor's administrative experience began in 1973 as the Director of Equal Opportunity in Sports, progressing to present day as Director of Athletics, a position she has held since 1987.

Keeping track of the spectrum of national organizations Ms. Taylor has been an integral and highly influential part of is a task left for the overly ambitious. Presently, she is the President of the United States Field Hockey Association (USFHA), a position she will hold through the 2008 Olympics in Beijing, China. She has served terms as president of the National Association of Collegiate Women Athletic Administrators, the Eastern College Athletic Conference and the College Field Hockey Coaches Association. In addition, she has served on numerous committees in the NCAA and U.S. Olympic Committee.

"Other than my own coaching career, one of the accomplishments since 1987 that I am most proud of is moving the programs to at least one full-time coach -- persons dedicated completely to the attention of their sport and their student-athletes. When I started there were four or five head coaches full time. Now no one has a dual assignment."

Additional accomplishments that Taylor views as particularly memorable include: winning back-to-back Dixon trophies; putting the transportation policy (all teams travel in buses) into action; and improving the scholarship support for our student-athletes.

"You don't have to be around athletics very much in order to see its benefits," said Taylor. "From any perspective, whether it be a mother or father who sees a child develop, a faculty member who sees how it helps the student grow, or when we recognize that students graduate from college learning at least as much or more that they'll use in life from athletics as they have from academics. Life lessons learned from sport, good or bad, will serve them throughout their lives."

"For myself, over my entire career, seeing those opportunities develop for women has been especially gratifying -- it's nice to see both sons and daughters have the same opportunities."



COACHING CAREER

1966-72 ..Head Field Hockey, Tennis Coach	Susquehanna University
1974-79 ..Head Lacrosse Coach	Lock Haven University
Career Record: 29-20-2 / 1 National Title / 1 PSAC Title	
1973-95 ..Head Field Hockey Coach	Lock Haven University
Career Record: 333-96-27 / 6 National Titles / 7 PSAC Titles	

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Photos compliments of LHU Sports Information, Bob McCool, Eric Smith, Lacy Johnson, Aaron Russell, Danielle Barney, and Colleen Hacker.

▶▶▶ Softball Takes Lead In CHAMPS Challenge



The Haven Softball team is now in the lead heading into the final stretch, sporting a total of 621 points in the CHAMPS Challenge competition. The Lady Eagles have visited elementary schools to take part in Dr. Seuss Reading Day and Valentine's Day projects, as well as visiting the Susque-View retirement home and supporting a local needy family in the Adopt-A-Family project at Christmas. As a team, they have brought in a speaker on alcohol abuse, taken a self-defense class, and participated in National Girls and Women in Sport Day.

The Women's Basketball team moved into second place with 585 points, putting up points for participation in the Power Hours event, supporting an extended member of the Lady Eagle family by going to watch a play she performed in, and completing several community service projects.

<http://www.lhup.edu/deptofathletics/champslifskills.htm>



CHAMPS Challenge Current Top Five

1. Softball621
2. Women's Basketball ..585
3. M&W Track and Field ..537
4. Lacrosse535
5. Volleyball.....515

Winter 2004-05 Honors & Awards

Men's Basketball (4-23, 2-10 PSAC West)

All-PSAC West Second Team - Joe Walker
PSAC West Player of the Week (2/28) - Joe Walker

Women's Basketball (4-23, 2-10 PSAC West)

PSAC West Player of the Week (12/13) - Melissa Picarsic

Women's Swimming (4-2, 3-2 PSAC)

9th at PSAC Championships
8th on Division II All-Academic Team List
PSAC Swimmer of the Week (1/19) - Isabel Carneiro

Men's & Women's Indoor Track and Field

Women - PSAC Championship Runner-Up
Men - PSAC Championship Runner-Up

NCAA Championships Participants

Men's Distance Medley Relay
Ryan Blood - Chris Cowan - Paul Hallman
Tim Hite - Cory Spidell

PSAC Indoor Champions

Keith Veldhuis- Pentathlon
Fieldon Daubert- Weight Throw
Aaron Benson- 5000 meters
Jim Dempsey- High Jump

All-PSAC Women

Holly Bofinger - Maggie Borden - Kathleen Davey
Nicole Kulp - Ashley Hartman - Sara McCleary
Bri Palazzi - Nichol Rhian - Kirsten Schuyler

All-PSAC Men

Aaron Benson - Ryan Blood - William Buckenmeyer
Shawn Clancy - Chris Cowan - Fieldon Daubert
Jim Dempsey - Paul Hallman - Tim Hite
Sean Hvizdzak - Cory J. Spidell - Keith Veldhuis

PSAC Track Athlete of the Week

Ryan Blood (1/25) - Ashley Hartman (1/25)
Chris Cowan (2/2)

PSAC Field Athlete of the Week

Jim Dempsey (2/2)

Wrestling (6-8, 3-3 EWL)

T-52nd at NCAA Division I National Championships
2nd at EWL Championships
4th at PSAC Championships

EWL Coach of the Year - Rocky Bonomo

NCAA National Qualifiers

Morgan Horner - Joshua A. Medina - Obe Blanc
Carlos Ponce - Matt Fittery - Seth Martin

EWL Champion

Joshua A. Medina - Morgan Horner

PSAC Champion

Obe Blanc - Joshua A. Medina
Hitchcock Memorial Classic Champion

Obe Blanc - Clint Shirk

EWL Wrestler of the Week (1/24) - Joshua A. Medina

PSAC Wrestler of the Week (2/16) - Seth Martin

▶▶▶ A Global Focus: International Student-Athletes at LHU

The majority of Lock Haven student-athletes hail from right here in Pennsylvania, but the Department of Athletics also includes members from 11 other states along with 14 different countries. The following student-athletes and coaches provide an international flavor to the department:

Joanna Bisphan (New Zealand - Student Coach, Women's Soccer)

Lilian Bortoto (Sao Paulo, Brazil - Volleyball)

Isabel Carneiro (Rio de Janeiro, Brazil - Swimming)

Jon Davy (Grimsby, England - Asst. Coach, Men's Soccer)

Julien Grandgirard (Vesoul, France - Men's Basketball)

Gen Kawakita (Tokyo, Japan - Asst. Coach, Volleyball)

Inga Kurgonaite (Kaunas, Lithuania - Volleyball)

Li YiZhi (Shanghai, China - Volleyball)

Paul Martin (Pickering, ONT/Canada - Track and Field)

Doug Moore (England - Head Coach, Men's Soccer)

Tatiana Patakoyova (Poprad-Matejouce, Slovak Republic - Swimming)

Brooke Rangi (Kawerau, New Zealand - Women's Soccer)

Julie Robitaille (Mississauga, ONT/Canada - Softball)

Ashley Rosindale (Bradford, England - Men's Soccer)

Michael Skeggs (Blacktown, Australia - Men's Soccer)

Gerda Smirnova (Riga, Latvia - Swimming)

Chris Spinks (Dunfermline, Scotland - Men's Soccer)

Vera Surina (Kemerevo, Russia - Indoor Track and Field)

Keith Veldhuis (Thamesford, ONT/Canada - Track and Field)

Blair Wynne (Trinidad & Tobago - Field Hockey)



Keith Veldhuis
2005 PSAC
pentathlon
champion



Li YiZhi
2004 NCAA DII
All-American



Ashley Rosindale
2004 PSAC
Rookie of the
Year

▶▶▶ LHU TRACKSTERS CAPTURE PSAC RUNNER-UP HONORS; SENDS DMR TO NATIONALS

The Bald Eagle indoor track and field team claimed four individual championships before finishing as the runner-up squad at the 2005 PSAC Indoor Track and Field Championships. Pressing on in the post-season, the distance medley relay earned itself a trip to nationals at the Reggie Lewis Center in Boston, Mass., to compete in the DMR's inaugural season as an NCAA championship event.

Over the season numerous records were set, and a total of 14 student-athletes collected All-PSAC honors from the indoor championship. Haven competitors at the top of their field included **Keith Veldhuis** (pentathlon), **Fieldon Daubert** (weight throw), **Aaron Benson** (5000m) and **Jim Dempsey** (high jump).

The nationals-bound relay had high hopes, but an unfortunate collision with another team during the handoff between the first and second legs knocked the Bald Eagles just out of contention for All-America honors into ninth place.



<<<Distance Medley Relay: Ryan Blood, Tim Hite, Paul Hallman, Cory Spidell, Chris Cowan



2005 PSAC Indoor Track and Field Championship runners-up

▶▶▶ **HAVEN SWIMMERS MAKING WAVES**

It may be small in number but the waves the Lock Haven women's swim team has been creating are anything but. Fourth-year head coach Bart Garlick's squad went 4-2 in dual meets on the season and capped off the year with a ninth-place finish at the highly-competitive PSAC championship meet including five top-10 finishes in relay events. The team composed of a junior, six sophomores, and two freshmen managed to climb up the Division II rankings to finish 13th in the Collegesswimming.com national poll.



...And They're Smart Too!

The Lady Eagle swim team was eighth among all Division II programs and headlined the list of PSAC programs on the All-Academic team list with a combined team GPA of 3.27.

WE WANT YOU!

Alums of Lock Haven University Athletics -- we would love to hear from you! Take a few minutes to fill out an Athletics Alumni Form online, and let us know what your best experiences were as LHU student-athletes!
<http://www.lhup.edu/deptofathletics>

▶▶▶ **BALD EAGLE BASKETBALL CLOSES OUT 2005 WITH RECORD AND ONE ALL-PSAC NOD**

The Lock Haven men's basketball team closed out the season at 4-23 overall, including the biggest victory of the season, a 69-63 win over #21-ranked Edinboro in front of a raucous Thomas Fieldhouse crowd. During the course of the season, senior shooting guard **Eddie Christiano** broke the Haven's record for consecutive games played, appearing in 107 straight contests since his freshman year. Another senior, local favorite **Joe Walker**, brought home All-PSAC West honors after leading the Bald Eagles with 13.6 points and 8.0 boards per contest.



STAT LEADERS

- Points Per Game - Joe Walker (Lock Haven, Pa.) - 13.6ppg
- 3-Pt Field Goals - Eddie Christiano (Coal Township, Pa.) - 64
- Free Throw Percentage - Eddie Christiano - 84.2%
- Rebounds - Joe Walker - 217 (8.0 rpg)
- Assists - Joe Walker - 92
- Blocks - Quentin Terry (York, Pa.) - 32
- Steals - Quentin Terry - 42

..... W W W . L H U P . E D U / S P O R T S

LHU SCC BOOKSTORE

LHU SCC Bookstore
Parsons Union Building
1-800-872-5634



Get your LHU Athletics gear and help support your favorite team! A proud supporter of LHU Athletics, the SCC Bookstore will donate a portion of every sale of athletics gear to that program.

Store Hours: 8 a.m. - 4 p.m., Monday through Friday and some Saturdays



Representing Lock Haven University at the 2005 NCAA Convention, as seen here at the NACWAA reception, were Danielle Barney, Asst. Director of Athletics; Dr. Keith Miller, President; Sharon E. Taylor, Director of Athletics and Peter Campbell, Associate Director of Athletics, along with Marilyn Moore, the Director of Athletics at SUNY Geneseo. (photo courtesy of NACWAA)



The women's soccer, softball and lacrosse teams hosted a successful Casino Night in February, providing a fun evening for several hundred patrons while raising scholarship dollars for all three programs.

SAAC Raises Over \$1,000 For Make-A-Wish Foundation



The Lock Haven Student-Athlete Advisory Committee (SAAC) raised a total of \$1,121 for the Make-A-Wish Foundation through a Penny Drive conducted during the entire month of February. Teams competed against each other to raise the most, with the men's and women's track and field teams each topping the list.

▶▶▶ LADY EAGLE TRACK AND FIELD RECLAIMS ONE OF TOP SPOTS IN PSAC

The disappointment felt by the Lady Eagle indoor track and field team following last season's seventh-place finish at the PSAC Championships was replaced by optimism and excitement during 2005 as the Haven wrapped up conference meet action with a runner-up finish. A total of 24 student-athletes qualified in 40 different events for the PSAC meet. Nine Lady Eagles recorded top-three place finishes for All-PSAC honors, including a runner-up performance in the high jump by **Sara McClary**. Among the other key performances of the weekend, freshman **Nicole Kulp** registered an NCAA Indoor Championships provisionally qualifying mark in the triple jump while taking third overall.



2005 PSAC Indoor Track and Field Championship runners-up

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LHU Basketball, Wrestling Make Online Broadcast Debut



LHU student announcers Brian Cox and Kevin Carver.

Several 2005 LHU wrestling and basketball contests were broadcast online as part of a pilot project of the Office of Learning Technology and

Distance Education to demonstrate the capabilities of the Mediasite for capturing and streaming video presentations. Go to <http://wren.lhup.edu/Mediasite/viewer> to watch the archived events!

▶▶▶ HAVEN HOOPS AND THE NCAA'S J.J. JUMPER ENTERTAIN LOCAL YOUTH



The LHU Department of Athletics welcomed members of its Eagle Kids Club and The Second Mile program to a basketball doubleheader in February, entertaining the crowd with a combination of NCAA Division II basketball, the antics of NCAA basketball mascot J.J. Jumper, and Eagle Kids Club and J.J. Jumper prize giveaways. Following both contests, the Haven cagers teamed up with J.J. Jumper to sign autographs and give away more prizes.



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▶▶▶ Compliance Corner

According to the NCAA, the conduct of LHU's intercollegiate athletic program shall include being held accountable for the acts of all individuals that have been identified as "boosters". You are considered a Lock Haven booster if you:

- Make or have ever made a donation to the Lock Haven University Foundation, the Department of Athletics, or to any of the men's or women's athletics programs;
- Are, or have ever been, a member of any athletics department booster group;
- Are, or have ever been, involved in promoting Lock Haven's athletic programs in any way;
- Are, or have ever been, a member of the University's coaching staff.

Extra benefits to student-athletes or their family members from boosters are specifically prohibited. For example, PROHIBITED EXTRA BENEFITS (not allowed by NCAA rules) mean that a booster MAY NOT:

1. Give student-athlete cash or loans in any amount
2. Give student-athletes gifts or free services (e.g. laundry, haircuts, dry cleaning) of any kind
3. Provide special discounts for goods or services ...

For more examples of prohibited extra benefits and information on the rules and regulations concerning boosters, view online at:

<http://www.lhup.edu/deptofathletics>

Once A Booster... Always A Booster

Once an individual is identified as a "booster" or "representative of athletics interests", that identity is retained forever, even if the person no longer supports the athletics program.

Rules to Remember

1. Only coaches can be involved in the recruiting process. Alums may be called by a prospect to discuss the University generally, but they may not talk about the athletics department and should refer those questions to athletics staff members.
2. An impermissible contact, even if unintentional, could subject LHU to penalties imposed by the NCAA. Prospects could lose eligibility for competition at LHU because of a recruiting violation by a booster.
3. If student-athletes accept any benefit based on their athletic ability, those athletes will lose all eligibility for intercollegiate athletic participation.
4. It is University policy that an athletics administrator will be on the Board of Directors of each sport booster club as a resource on rules compliance.



Klacik Era Begins at LHU

Bringing with him 17 years of Division I and I-AA coaching experience, **John Klacik** was named LHU head football coach in early March. He served most recently as offensive coordinator and offensive line coach at Youngstown State University. Klacik, a 1988 LHU alum, has spent all but one season of his coaching career at YSU, and was a part of three NCAA I-AA National Championship teams.



LADY EAGLE HOOPS RANK IN TEAM BLOCKS

For first-year head coach Val Curtis' 2005 Lady Eagle Basketball team, rejection was actually a good thing. A very young Haven squad battled through injury and small numbers to reject 87 opponent shots, the second best blocking total in LHU history (the top coming in 1996-97 with 97 blocks). That total also placed the Haven fifth among all PSAC teams in the category in 2005.



Over the course of a rocky 4-23 season, it was sophomore **Allison Hall** who paced LHU in scoring with 11.5 points a game. Another sophomore, **Ginger Williams**, pulled down 6.3 boards a contest to lead LHU in that category. In addition to the team blocking accomplishment, junior **Kristy Shadduck's** 27 blocks notched her a spot in single-season history, tied at the top with Becky Peter's 27 swatted shots in the 1996-97 campaign.

STAT LEADERS

- Points Per Game - Allison Hall (Hollidaysburg, Pa.) - 11.5 ppg
- 3-Pt Field Goals - Liz Gabrielle (State College, Pa.) - 23
- Free Throw Percentage - Missy Blazina (Lock Haven, Pa.) - 78.3%
- Rebounds - Ginger Williams (Pasadena, Md.) - 169 (6.3 rpg)
- Assists - Liz Gabrielle - 131
- Blocks - Kristy Shadduck (Dimmock, Pa.) - 27
- Steals - Liz Gabrielle - 61

HAVEN ATHLETICS OUT & ABOUT



Track and field's Jim Dempsey participating in Read Across America

Several LHU teams made the rounds at the local schools during Valentine's Day and Dr. Seuss Week. The softball team made Valentine's Day cards and celebrated the day with a group of area youngsters while also returning to the school to read books for Dr. Seuss Day. Track and field, women's basketball, volleyball and all the athletics administrators joined in the trend and went out to the local schools for Read Across America Day.



LHU Softball at Mill Hall Elementary on Valentine's Day

LHU Athletics Summer Camps & Clinics

Camps descriptions can be located online at www.lhup.edu/camps.htm

- Athletic Training**
(June 19-23)
- Boy's Basketball**
High School/Junior High Team Camp (July 5-9)
Individual (July 10-14)
- Girl's Basketball**
Team Tournament (June 17-19)
- Field Hockey**
Field Hockey I (July 24-28)
Field Hockey II (July 31-Aug. 4)
- Football**
Team Passing Camp (July 9-10)
- Lacrosse**
(July 10-14)
- Outdoor Leadership Camp**
(June 19-23)
- Boy's Soccer**
Individual Elite Camp (June 26-30)
Team Pre-Season Camp (July 17-21)
Specialized Striker & Goalkeepers (Aug. 4-7)
- Girl's Soccer**
College Prospect Camp (June 23-26)
Team/Individual Camp (July 24-28)
Pre-Season Camp (Aug. 4-7)
- Girl's Softball**
(July 10-14)
- Girl's Volleyball**
Setters Camp (July 28-31)
Hitters Overnight Camp (July 30-31)
All-Skills Camp (July 31-Aug. 3)
Team Camp (Aug. 4-7)
- Wrestling**
Technique Camp (July 10-14)
Intensive Camp (July 10-14)
Elementary-Rec Camp (July 10-13)
Elementary Competition Camp (July 14-16)
Elementary Tournament (July 16)
Senior High Group Camp (July 17-21; 24-28)
Junior High Group Camp (July 17-21; 24-28)
Elite 60 Camp (July 10-21)

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FUNDRAISING EFFORTS

LHU Track and Field High School Meets

LHU High School Classic...April 22
LHU Bald Eagle InviteApril 30

Contact LHU Assistant Coach Aaron Russell (LHU '96) at (570) 893-2261 or arussell@lhup.edu for details or to sign up your team!

LHU Field Hockey Indoor and Outdoor Tournaments

Contact LHU Head Coach Pat Rudy (LHU '77) at (570) 893-2722 or prudy@lhup.edu for details or to sign up your team!

Summer Celebration Golf Scramble

Organized and run by the LHU Women's Soccer program

Friday, May 13, 2005

Belles Springs Golf Course, Mackeyville, Pa.

Contact LHU Coach Heather Kendra at (570) 893-2459 or hkendra@lhup.edu

On the Horizon...

- ◆ Men's Basketball Golf Outing (Summer)
- ◆ Men's Basketball Charity Auction (Spring)
Contact John Wilson at (570) 893-2097.
- ◆ LHU Athletics Tuition Raffle (Summer)
Contact Peter Campbell at (570) 893-2114

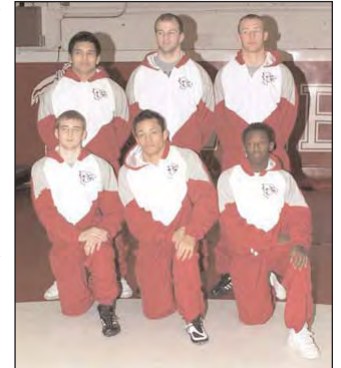
▶▶▶ HAVEN GRAPPLERS SECOND AT EWL'S; TAKE SIX TO ST. LOUIS



Rocky Bonomo
EWL Coach
of the Year

Third-year head coach Rocky Bonomo's young 2005 Bald Eagles (6-8, 3-3 EWL) took to the mats with the same enthusiasm as in years past, capping off the campaign with a runner-up finish at the Eastern Wrestling League Championships and a six-strong contingent representing the Haven at the national championship in St. Louis, Mo. The dual meet season opened with a dominating 41-3 victory over Millersville University and wound down with a 21-19 win over #22-ranked West Virginia University and a 37-7 romp over Clarion University. The Haven battled back from a fourth-place finish at the PSAC championships to pocket the squad's highest place finish at the EWL tournament since 2001 by taking runner-up honors. LHU claimed two EWL champions in Joshua Medina at 149 lbs. and Morgan Horner at 197 lbs., and had three others record third-place finishes. A wild-card bid on top of the five automatic qualifiers gave the Bald Eagles six tickets to the national tournament where they would finish in a tie for 52nd place. Wrapping up post-season honors, head coach Rocky Bonomo was awarded EWL Coach of the Year honors by his peers.

>>> NCAA Championship competitors (top; l-r) Carlos Ponce, Morgan Horner, Seth Martin; (bottom; l-r) Matt Fittery, Joshua Medina, Obe Blanc.



STAT LEADERS

Wins - Joshua Medina (Las Vegas, NV), Seth Martin (Selinsgrove, Pa.) - 29

Major Decisions - Joshua Medina - 11

Pins - Seth Martin - 6

Fastest Pin - Mike Metzger (Reading, Pa.) - 0.25

..... W W W.LHUP.EDU/SPORTS

CHOICES and SAAC Host POWER HOURS Event



(top right) Each student who attended POWER HOURS signed a card acknowledging the importance of making healthy decisions regarding alcohol consumption.;

(top) Associate Director of Athletics Peter Campbell poses with the wall display of all the participants.

The LHU SAAC worked in conjunction with the LHU Department of Athletics' Healthy CHOICES for Life alcohol education program to host POWER HOURS, an alcohol awareness event geared at providing a fun time with music, games, food, and prizes. Proceeds from the night went to assist the family of an LHU student-athlete that is currently dealing with the sudden loss of a loved one.

The members of SAAC planned and ran the event, which included a professional D.J., a wildly popular Fear Factor contest, a Madden tournament, water pong, poker and Twister. Participants received free t-shirts, food and non-alcoholic drinks all night long. A costume contest featured, among others, a swim team dressed in Hawaiian garb, an 80's version of the lacrosse team, the 'Beach Bums' of the football team, and the winners of the costume theme contest from the baseball team, who came in country-western style.



LHU students prepare themselves for the second round of Fear Factor

Healthy CHOICES for Life, a program funded by a grant from the NCAA, involves LHU student-athletes in educating other students in the university and surrounding communities on making low-risk decisions regarding the consumption of alcohol.



Alcohol Education Program



What Does Nanofabrication Have To Do With LHU Athletics?



The NCAA's latest public relations campaign reminds the public that the overwhelming majority of student-athletes will never earn a dime as a professional athlete.

LHU student-athletes have gone on to accomplish great things in their careers, and Haven thrower **Fieldon Daubert** has plans to continue that tradition. Daubert, a junior on the track and field team, has been accepted as a participant in this summer's Nanofabrication Manufacturing Technology semester at Penn State University.



An emerging field, nanofabrication is the process of matching and assembling at the atomic level. It is used to create materials, devices and systems with new and unique properties.

Daubert, an Engineering major, was the 2005 PSAC Indoor Weight Throw champion. He is a current member of the Student-Athlete Advisory Committee.

LHU tour of Nanofabrication facility photo courtesy of LHU Public Relations.

COMMUNITY SERVICE WATCH



^^ National Girls and Women in Sport Day

- Assisted with Take a Kid to the Game Day/J.J. Jumper
- Flood clean-up
- Organized and ran National Girls and Women in Sport Day
- Communities That Care presentations
- Visit Heartland Retirement Home/Christmas caroling
- Tsunami relief efforts (with American Red Cross)
- Run-A-Thon for The Second Mile
- Lacrosse Easter Egg Hunt
- AYSO Refereeing
- Held soccer clinic in Renovo
- Coached and Ran Clinics at YMCA
- Christmas Adopt-A-Family
- Assisted Susquehanna Pacers' Ram Run
- Visited Susque-View Retirement Home
- Teamed up with Sigma Pi fraternity to hold Spaghetti Dinner for South Africa Aid Project

- 2005 LHU Football Free Youth Football Camp
- Visited Mill Hall Elementary for Valentine's Day
- Dr. Seuss Day reading project
- Assisted Communities that Care with "Healthy Kids Day"
- Assisted with Homecoming Kids' Fun Run
- Worked with disabled students in the LHU swimming pool
- Sneaker Sale/Donation to Women's Shelter & Big Brothers, Big Sisters
- Assisted with Second Mile Egg Hunt
- Read Across America
- Relay for Life
- Assisted with local road race



^^ Lacrosse's Easter T-shirt Decorating, Photos with the Easter Bunny, and Easter Egg Hunt

Lock Haven University student-athletes are not only recognized in the intercollegiate athletics community, but have also stepped up to make a difference in the local community. Listed above are some of the projects that LHU student-athletes have undertaken during the 2004-2005 academic year.



W W W . L H U P . E D U / S P O R T S

▶▶▶ Alum Makes \$55,000 Gift to Haven Gridders

(story by Eric Smith, LHU Public Relations; Full story on <http://www.lhup.edu/pr/releases/>)

Milton "Stan" Allen, a 1986 All-PSAC First Team player, pledged \$55,000 -- \$11,000 a year over 5 years -- to solely be used for scholarships. The scholarship money will go to top level athletes, skilled in football, who exhibit exemplary social skills and maintain a 2.5 grade point average or above.

Allen is an area manager for Ferguson Enterprises, a national wholesale company that distributes a variety of construction goods, and is in charge of around \$700 million in annual sales out of California, Oregon and Washington.

"If everybody's waiting for it to turn around instead of helping it turn around, then we'll never get there," Allen said about the University football program. "It's human nature for folks to be jumping on the bandwagon. I don't want to be on the bandwagon. I want to be the guy pulling the wagon."

Allen once stood on the gridiron alongside new head football coach John Klacik and made his mark on LHU football as a standout receiver with 1,976 career yards.

Behind the Scenes



Hard-working folks for LHU Athletics behind the scenes include members of the University's Public Relations staff. **Al Weston** (top left) came to the Haven from Kent State University. Weston is in his first year as Sports Information Director and is charged with public relations duties for all Haven athletics teams including statistics, brochures, game-day programs and website maintenance. **Bob McCool** (top right) serves the University as Records and Database Manager for the LHU Foundation, but this long-time Haven sports enthusiast can be seen at events with a camera in his hands as one of LHU's sports photographers. **Robin Conklin** (bottom right) is the Public Relations Assistant but helps out

as the Swimming and Outdoor Track and Field contact. Her daughter Katie also assists the Sports Information Office at football and basketball games. **Eric Smith** (bottom left), is the Public Relations Assistant but this former record-setting pole vaulter also works as a sports photographer for the Bald and Lady Eagles.

Student-Athlete Advisory Committee

The purpose of the LHU Student-Athlete Advisory Committee (SAAC) is to bring team leaders together to promote communication between the athletic administration and student-athletes, as well as foster a stronger tie among all student-athletes. The LHU SAAC also gets involved with the community, finding time in their already packed schedules to raise over \$2,000 for various charities including the Adopt-A-Family program, the Penny Drive for Make-A-Wish, and the Power Hours event.

>>>LHU SAAC President
Billy Buckenmeyer (Cross Country/
Track & Field), Vice President
Diana Strizki (Lacrosse), Secretary
Ken Janiszewski (Baseball).

