

Lock Haven University
Department of Health Science
Bachelor of Science in Health Science / Athletic Training
****For Students entering LHU Fall 2006 and After****

HUMANITIES 18 s.h.

Art/Music/Theater (6 s.h.)	S.H.
Literature (3 s.h.)	S.H.
Philosophy (3 s.h.)	S.H.
Composition (3 s.h.)	S.H.
Speech (3 s.h.)	S.H.

SOCIAL BEHAVIORAL SCIENCES 12 s.h.

World History (3 s.h.)	S.H.
Psychology (3 s.h.)	S.H.
PSYC100 Intro to Psychological Sciences	
Gov't / Economics (3 s.h.)	S.H.
Sociology / Anthropology(3 s.h.)	S.H.

NATURAL SCIENCE / MATHEMATICS 9 s.h.

Natural Science (6 s.h.)	S.H.
BIOL106 Principles of Biology I	3
BIOL107 Principles of Biology II	3
Mathematics (3 s.h.)	S.H.

WELLNESS 3 s.h.

Wellness (3 s.h.)	S.H.
HLTH105 Introduction to Health*	3

ELECTIVES 2 s.h.

Elective	S.H.

General Education Overlays

2 Courses designated Multicultural

3 Courses designated Writing Emphasis

2 Courses designated Information Literacy

2 Units of External Experience

Health Science Major Area Courses 30 s.h.

HLTH128 Anatomy & Physiology 1	3
HLTH129 Anatomy & Physiology 1 Lab	1
HLTH130 Anatomy & Physiology 2	3
HLTH131 Anatomy & Physiology 2 Lab	1
HLTH305 Biomechanics	3
HLTH353 Physiology of Exercise	3
PHYS130 Physics I	4
PHYS131 Physics II	4
CHEM120 Principles of Chemistry I	4
CHEM121 Principles of Chemistry II	4

Athletic Training Track 46 s.h.

HLTH110 Orientation to Athletic Training	1
HLTH106 Athletic Training Techniques	2
HLTH202 Care and Prevention of Athletic Injuries	3
HLTH265 Evaluation Techniques in Athletic Training 1	3
HLTH322 Functional Anatomy 1	3
HLTH462 Physical Modalities in Sports Medicine	4
HLTH453 Clinical Experience I	1
HLTH365 Evaluation Techniques in Athletic Training 2	3
HLTH342 Functional Anatomy 2	3
HLTH463 Therapeutic Exercise and Rehabilitation	4
HLTH454 Clinical Experience II	1
HLTH260 General Medical Conditions in Athletic Training	3
HLTH304 Administration and Organization in Athletic Training 1	3
HLTH455 Clinical Experience III	1
HLTH404 Administration and Organization in Athletic Training 2	3
RECR303 Sports Nutrition	3
HLTH456 Clinical Experience IV	1
HLTH415 Intro to Pharmacology	3
HLTH457 Clinical Experience V	1