

## Typical Sequencing of Courses

\*\*Applies to students entering LHU Fall 2005\*\*

### Fall – Freshman Year

BIOL106 Principles of Biology 1 (3)  
HLTH151 Human Anatomy (3)  
HLTH110 Orientation to A.T. (1)  
HLTH105 Introduction to Health (3)  
MATH112/113 Mathematics (3)  
(113 required for PHYS130)  
Clinical – Sport observations

### Spring – Freshman Year

BIOL107 Principles of Biology 2 (3)  
HLTH251 Human Physiology (3)  
HLTH106 AT Techniques (2)  
Clinical – Two week sport observations

### Fall – Sophomore Year

HLTH450 Care and Prevention of Athletic  
Injuries (3)  
HLTH305 Biomechanics (3)  
PHYS130 Physics I (4)  
Clinical – Four week sport rotations

### Spring – Sophomore Year

HLTH265 Eval 1 (3)  
HLTH462 Physical Modalities in  
Sports Medicine (4)  
HLTH322 Functional Anatomy 1 (3)  
HLTH353 Physiology of Exercise (3)  
HLTH453 A.T. Clinical Experience I (1)  
PHYS131 Physics II (4)

### Fall – Junior Year

HLTH342 Functional Anatomy 2 (3)  
HLTH365 Eval 2 (4)  
HLTH463 Therapeutic Exercise and  
Rehabilitation (4)  
HLTH454 A.T. Clinical Experience 2 (1)  
CHEM120 Principles of Chemistry I (4)

### Spring – Junior Year

HLTH260 General Medical Conditions  
in Athletic Training (3)  
HLTH304 A & O 1 (3)  
HLTH455 A.T. Clinical Experience 3 (1)  
CHEM121 Principles of Chemistry II (4)  
CHEM111 Chemistry of Nutrition OR  
RECR205 Nutrition for Wellness

### Fall – Senior Year

HLTH404 A & O 2 (3)  
HLTH456 A.T. Clinical Experience 4 (1)

### Spring – Senior Year

HLTH415 Intro to Pharmacology (3)  
HLTH 457 A.T. Clinical Experience 5 (1)

\*\* Opportunities exist to take summer courses to decrease academic load during the fall/spring semesters.