

**Lock Haven University of PA**  
**Athletic Training Education Program**  
**ACADEMIC AND TECHNICAL STANDARDS FOR ADMISSION**  
**(Students applying to the ATEP winter 2007/2008)**

The Athletic Training Education Program at Lock Haven University of Pennsylvania is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The academic and technical standards set forth by the Athletic Training Education Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]).

All applicants must satisfy the following requirements before being admitted to the Athletic Training Education Program. In the event a student is unable to fulfill these academic and technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the athletic training Board of Certification (BOC) exam.



## ***Pre-Admission Academic and Performance Standards***

This section describes the methods that are used to select students for entry into the Athletic Training Education Program. It is important for the potential candidate to be aware of the criteria that are used in this process, so that they can best position themselves for entrance into the program.

### *The Athletic Training Education Program Selection Committee*

The ATEP Selection Committee is composed of the ATEP faculty, the Chairperson of the Department of Health Science, and volunteers from the faculty of the Department. The Athletic Training Education Program Director serves as the Selection Committee Chairperson.

### *The Application Process*

Athletic training students may apply for entrance to the program no earlier than the fall semester of their sophomore year. At the start of the fall semester, a meeting with all students interested in applying to the program will be held to discuss the requirements for eligibility, provide a timeline of application events, and to answer questions about the selection process.

In order to be a candidate for entrance to the Athletic Training Education Program the student must meet all of the requirements listed below by the end of the fall semester in which they are applying:

- An overall QPA of 2.50
- A QPA of 2.50 in the athletic training core courses
- A grade of "C" or better in the athletic training core courses
- Completion of a minimum of one semester of Level II clinical experience in Lock Haven University's Athletic Training Education Program
- Completion of the athletic training core courses, including:
  - HLTH110: Orientation to Athletic Training
  - HLTH106: Athletic Training Techniques
  - HLTH128: Anatomy & Physiology 1
  - HLTH129: Anatomy & Physiology 1 Lab
  - HLTH130: Anatomy & Physiology 2
  - HLTH131: Anatomy & Physiology 2 Lab
  - HLTH305: Introduction to Biomechanics
  - HLTH202: Care and Prevention of Athletic Injuries

Students must complete or be in the process of completing all of the above courses with a grade of "C" or better to be an application candidate. No exceptions will be made.

Potential candidates will be expected to make official application to the program through the completion of the ATEP application form. The application includes two letters of recommendation and transcripts from all colleges and universities attended outside of Lock Haven University. Lock Haven University transcripts will be obtained by the Program Director. Students must also complete an essay as part of the application process. Completed applications must be returned to the program director's office by the date designated on the application. Upon



receipt of the official application, each candidate will be scheduled for an interview, the written entrance examination, and the oral/practical entrance examination. The interviews will be scheduled for the end of the fall semester. Both the written and oral/practical entrance examinations will be held over the Winter Break.

Upon completion of the entrance examinations the Selection Committee will meet to discuss the candidates and make selection decisions. Specifics regarding the selection policy can be found in the "Selection of Athletic Training Students Policy". Students will be notified by mail of the Selection Committee's decision related to their application prior to the start of the spring semester.

Students not offered admission to the ATEP are encouraged to meet with the Program Director to discuss the Selection Committee's decision and to discuss the options open to the student. Students are able to reapply the following fall semester, if interested.

### *Student Grievances*

After a meeting with the Program Director, students may make a formal appeal to the Selection Committee for reconsideration. Appeals to the Selection Committee must be made in writing to the Committee Chairperson no later than seven days after the notification letter is received. In the written appeal, students may request a meeting with the Selection Committee to discuss their appeal. Review of appeals will be made by the Selection Committee. The final decision of the Selection Committee will be sent to the student within seven days of receipt of the appeal letter or the appeal meeting with the Selection Committee.



## ***Academic Standards for Students Enrolled in the ATEP***

Once students are accepted into the ATEP they begin taking courses that instruct and evaluate athletic training competencies and proficiencies. It is imperative that student demonstrate a minimal level of academic achievement in these courses so they will be competent in their professional practice.

### ***Minimum Standards to remain in the ATEP***

Students enrolled in the ATEP are expected to maintain a high level of academic performance in program and non-program courses. A minimum cumulative quality point average of 2.5 must be maintained while enrolled in the program and a letter grade of a 'C' or better must be achieved in all program courses. Failure to meet these requirements will result in immediate program dismissal. The following courses are defined as program courses:

#### **Athletic Training Program Courses**

(failure to earn a "C" or better results in immediate dismissal from the ATEP)

HLTH260 General Medical Conditions in Athletic Training  
HLTH265 Evaluation Techniques in Athletic Training I  
HLTH304 Organization and Administration of Athletic Training I  
HLTH322 Functional Anatomy I  
HLTH342 Functional Anatomy II  
HLTH365 Evaluation Techniques in Athletic Training II  
HLTH404 Organization and Administration of Athletic Training II  
HLTH453 Athletic Training Clinical Experience I  
HLTH454 Athletic Training Clinical Experience II  
HLTH455 Athletic Training Clinical Experience III  
HLTH456 Athletic Training Clinical Experience IV  
HLTH457 Athletic Training Clinical Experience V  
HLTH462 Physical Modalities in Sports Medicine  
HLTH463 Therapeutic Exercise and Rehabilitation

In addition, students must earn a grade of "C" or better in all courses in which athletic training competencies are taught. These courses include the above list and the following courses:

#### **Athletic Training Competency Bearing Courses**

(a "C" or better must be achieved prior to graduation)

HLTH105 Introduction to Health  
HLTH106 Athletic Training Techniques  
HLTH110 Orientation to Athletic Training  
HLTH128 Anatomy & Physiology 1  
HLTH129 Anatomy & Physiology 1 Lab  
HLTH130 Anatomy & Physiology 2  
HLTH131 Anatomy & Physiology 2 Lab  
HLTH202 Care and Prevention of Athletic Injuries  
HLTH305 Biomechanics  
HLTH353 Physiology of Exercise  
HLTH415 Introduction to Pharmacology  
RECR303 Sports Nutrition



## ***Technical Standards***

Candidates for selection to the Athletic Training Education Program must demonstrate:

- the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds.
- the ability to establish rapport with patients and communicate judgments and treatment information effectively.
- the ability to understand and speak the English language at a level consistent with competent professional practice.
- the ability to record the physical examination results and a treatment plan clearly and accurately; the capacity to maintain composure and continue to function well during periods of high stress.
- the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
- flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.

If an applicant with a disability is seeking admission to the Athletic Training Program and believes that he/she is able to satisfy the (academic and) technical standards with or without an accommodation, the applicant should contact the Disability Services Director. The Disability Services Director will evaluate an applicant who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable law. The University will also determine whether it agrees that an applicant can meet the academic and technical standards with a reasonable accommodation. This includes a review of whether the accommodation(s) requested is/are reasonable, taking into account whether the accommodation would jeopardize clinician/patient safety or would require the University to fundamentally alter the nature of the Athletic Training Program in order to allow the applicant to participate in the educational program. In addition, the University will determine whether the requested accommodation(s) will create(s) any undue financial or administrative burden on the University.

I certify that I have read and understand the academic and technical standards listed above, and I believe to the best of my knowledge that I meet each of these standards with or without accommodation. I understand that if I am unable to meet these standards I will not be admitted to the program.

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Signature

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Date



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