

The Occasional Word

Director's Corner

September 2003

By Jim Knauer

It's great to be back! It's particularly exciting because of the inspired work of Kathy Richards as acting director. She brought a fresh perspective to the program with her unique enthusiasm, commitment and care. She handled unexpected challenges, like the hiring of a new secretary, with aplomb. Far from marking time, under her creative leadership the program continued to grow and evolve. In particular, her nurturing of student leadership left the program stronger than ever. Her six months in Honors leaves us all in her debt. Thank you, Kathy.

I also want to recognize the out-

standing contributions of people who ended their service to Honors while I was away.

Sharon Heverly, the first and long-serving Honors secretary, moved to a full-time position in the Computing Center. Sharon mothered hundreds of Honors students, creating a real family atmosphere in the program, and she played a key role in the establishment of an Honors office system. Student associate directors Melissa Davis and Kim Reese moved on to graduate school and full-time teaching.

They were only the second holders of their

positions and were instrumental in our successful expansion of Honors first-year enrollment to 90 students.



Welcomes are in order for our secretary, Joanie Williamson, and three student associate directors, Mary Lyter, Alisha

Rasp and George Zimmerman. These are actually personal appreciations from me to them since they all assumed their responsibilities last Spring, working with Kathy. Joanie has already mastered a particularly challenging job and begun implementing improvements; building on the foundation Sharon created, and profiting from

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Mary's Wisdom

By Mary Lyter

I've been thinking this to myself, *September already!*, as I watch the leaves trade their summer greens for shades

of autumn.

September brings to mind many things. There are the things we take for granted in Pennsylvania, like the changing of the leaves and

the V's of geese pointing towards warmer climates. For students and parents everywhere, it brings to mind the beginning of school.

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Honors
Program

Director's Corner

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Sharon's excellent training, Joanie is placing her impressive personal stamp on the Honors office.

Student associate directors usually have a relatively short term of service before moving on. In only their second or third semester in office, they begin training their successors. We like to say that leaders should strive to enhance the program during their tenure and to prepare their successors to start from that higher level and move on. Melissa and Kim certainly lived up to those expectations, and Mary, Alisha and George have already moved us beyond where we were a year ago. Their success, in turn, is made possible by the creative and committed efforts of dozens of student leaders, project team members and office workers doing the work of our learning community.

Finally, I want to say a word to our new students about the promise of Honors. Last year we graduated our largest Honors class ever. Their accomplishments are our promise to you. They have gone off to first jobs in their chosen fields, to graduate and professional schools (including Harvard Law School), and they have won national scholarships in the process. Take a minute to review our student and alumni spotlights on the web to see what can lie in store for you.

How did these students accomplish what they did? They became intensely involved in the Honors Program and assumed a variety of leadership responsibilities – positions in which they grew rapidly in competence and confi-



dence. These positions helped them become who they are today. They studied abroad and secured internships. They did not shrink from even the most intimidating options, but seized them. I challenge each entering student to do the same. Study abroad. Line up an internship. Throw yourself into Honors activities and make this program your own. Commit yourself to the success of our Honors learning community and that entire community becomes a support for

your future success. Of course the greatest "perk" of Honors, as Mary Lyter remarked recently, is simply being a part of the excitement. As I said, it's great to be back!

Mary's Wisdom

(Continued from page 1)

Even in high school I treasured September as a month that was cooler than the summer but warm enough still that I could ride my motorcycle. This past week my husband came up for his weekly visit and the warm weather permitted us to take a nice bike ride (with the choice of wearing helmets, freedom of choice has returned to PA!).

As we were riding around Lock Haven, I couldn't help but laugh at my excitement. I've been riding motorcycles since I was very young but the thrill has yet to fade. The sights and the sounds - each ride is an adventure in itself.

This semester promises to be a busy one for me, as I've en-

rolled in 21 credits with the hopes of graduating early — all this before a strike seemed imminent. Although my work load is exhausting, I wake up early each morning to do the required reading for my classes.

One would think that after a week or two, the reading would grow old.

Quite the opposite is true. Each morning I am more excited at the opportunity to learn than I was the day before, excited to link a new understanding with something I had learned in the past.

Each person has a differ-

ent experience at college. When I've gone, I will miss my time here, but I'm certain the excitement of learning something new will follow me far into my adult years, in much the same way the excitement of motorcycle riding has followed me from infancy.

If I could wish one thing for each of you, it would be to experience that same thrill

I get — whether I'm twisting the throttle or opening a new book. Best wishes for a wonderful semester!

"Each morning I am more excited at the opportunity to learn than I was the day before..."

LHU/BU London Program

By Denise Hershey

This summer I was involved with the LHU/BU London Program, and it was the most amazing experience of my life. It sounds trite to say it changed my life, but it really did. I had never traveled abroad, and there were about 20 students (3 from Lock Haven and 17 from Bloomsburg) and 3 professors who went on the trip. We spent five weeks living in London, taking classes on Tuesday, Wednesday, and Thursday, with Friday through Monday off. We were free to travel and sight-see as we pleased. I went to Wales and Scotland, while some members of the group flew to Amsterdam, Ireland, Italy, and Swit-

zerland for extended weekends. The cost of intercontinental flights is very low and many student discounts are offered. The classes offered included a Shakespeare course, a Theatre course, and a Philosophy course. Our flats were located right by Kensington Gardens and Hyde Park, in the Bayswater section of London. We saw about 12 plays, including two at Shakespeare's Globe and two in Stratford-upon-Avon. We also had the experience of seeing many contemporary plays and encountering famous people like Matthew Perry and Keanu Reeves. London is an exciting city, and it is very simple to



use the Underground subway system. Most of the students opted for month-long "tube" passes and were free to travel almost anywhere in London. I really can't stop raving about this trip. It isn't just for Theatre or English majors. It is for anyone with an interest in plays, England, traveling, etc. I would highly recommend it to any student. LHU also has an international grant of \$500 for students in the program. If you think you might be interested, feel free to contact me with any questions at dhershey@lhup.edu.

Expect the Unexpected

By Rachel LaVoie

Arriving in Brooklyn was an experience in itself. My mom was afraid to stay on the interstate because she thought we would end up in Battery Tunnel, so we quickly veered off of that highway into the streets of this massive city. Traffic was insane and cars were constantly beeping at us. Fortunately, the pedestrians were very helpful, giving my parents and I directions to Long Island University in Brooklyn. It took about an hour and a half to drive across the city because of numerous stop lights and getting lost a few times. Naturally, I felt relieved when we arrived. The dorm I am living in has 16 floors and it is the only dorm on campus. The rooms are huge and since I am in a suite with three other girls, we were all grateful for the extra space.

Shortly after I arrived, I discovered that the L.I.U. faculty members are on strike. It is not known when the strike will occur, as the reasons behind it are related to health care coverage and allocations of current funding. They have been picketing every morning since the day after we moved into the dorms.

Fortunately, these first two weeks were designed to have Honors Semester students embark on specific city explorations of Manhattan and Brooklyn. This gives our group some leeway in regards to the strike, which we hope ends before the two weeks are finished. Every morning we are given instructions and divided into groups to explore different aspects of

these immense cities. The subways and bus systems confused us at first, but when we figured out which lines would lead us to our

destinations, it became very useful.

My group went to the Upper West Side on the first day, where we toured many mu-

seums that had sites dedicated to 9/11. The next day was spent in DUMBO, which stands for Down Under Manhattan Bridge Overpass. The parks and waterfront were absolutely beautiful, even though it was raining for the first two days. The walks through the cities are incredible when you observe the variety and intricacy of the architecture and urban planning that took place to build it.

"The next day was spent in DUMBO... The parks and waterfront were absolutely beautiful."

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Expect the Unexpected

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The whole semester is titled “Building and Rebuilding the City,” so we are reading many books that are about the tragedy of 9/11. Ground Zero was heartbreaking. Seeing a massive hole in the ground with construction crews everywhere trying to reconstruct is not something I could take a picture of. Although



many people were taking pictures, I will never forget the sadness and emptiness that is felt when viewing the site of the former World Trade Center and the list of heroes that sacrificed their lives for everyone else during the attack. Interacting with 27 Honors students from all over the country has been enriching to discover how

each area of the country reacted to the events of 9/11 and how it affected them at their visit to Ground Zero. What I have learned the most so far is to expect the unexpected, because when life changes, you need to be able to adjust to new circumstances.

More Than an Empty Wallet

By Adam Styborski

What would you do if you won an absurd amount of money, say hundreds of billions of dollars? Ignoring where you got it and why, what would you do with it? How would you change your life? What dreams would you change and what goals would you make?

I was pondering the question when I realized that I couldn't truly come up with an answer. Certainly, I'd buy things. I'd most likely pick any college I wanted to go to. Or, would I even stay in college? *Would I stay in college if I didn't have to earn money to survive?*

I realized that I never looked to what my salary would be for my career upon completing my degree. I had a ballpark figure of course, but that was just referencing research into my career from a few years back. The fact is that *I don't care* what I'll be making out in the real world.

“The fact is that I don't care what I'll be making out in the real world.”

So, you might conclude that I don't care about what I'm doing in college. Or perhaps my parents are forcing me to “get a degree so I can succeed,” or possibly even that I am here “for the fun” that goes along with a college atmosphere.

The truth is quite the opposite; I care deeply for what I'm doing here, not just for my major, but also for the diverse array of interests that I pursue, a strong community that promotes deliberative learning and generalized success in life over and above academic performance, as well as for a circle of friends and associates that broaden my horizons daily and have given me the chance to be-

come the very best that I can be.

So to answer my own question, “Would I stay in college if I didn't have to earn money to survive?”, I would answer a resounding yes. I'm here to learn more than simply what I want to do; I'm here to learn things that I cannot learn anywhere else at any other time. This foundation of strong support and defining values is building my pathway to happiness, something that no amount of money could purchase.

And isn't happiness what we *all* want in the end?

From the Mouths of Babes

By Megan Gephart

Recently my niece, who is only 14 months old, taught me a lesson on how we ought to perceive and treat others. We have all encountered the innocence of youth; I am always amazed at how willing youngsters are to accept everyone, as long as they'll play peek-a-boo with them or make silly faces. I'm not quite sure what age it is that we lose this aptitude, and I sure wish we never did, but we all seem to. It would be interesting to do a study to find out the approximate age that most children begin to assimilate the prejudiced values of our society, because, after all, it is our culture that teaches us to judge people by appearance, socioeconomic status, ethnicity, race, etc. But, I digress... Anna, my niece, who in my opinion is the most intelligent, perceptive, understanding one-year-old in the world, constantly reminds me how we all ought to react to others. Just a few weeks ago, while my family and my sister-in-law's grandmother were sitting in the living room playing

with her, she proved her perceptiveness and kindness once again. While most of us were playing with Anna and talking amongst ourselves, we never really noticed that my sister-in-law, Misty's, grandma, was sitting off to the side, somewhat isolated and struggling to hear our conversations. Anna, however, suddenly got up, gave each of us a hug, and walked over to "G-G," which is what she calls her great-grandmother, crawled up beside her on the couch and began talking to her in her rambling, sometimes incomprehensible language. She once again amazed me last week with her ability to know when people need the most love and attention when my brother took her to see my grandfather, who has been very ill lately due to his kidney stone problems, and she climbed

up on his lap, cuddled him, smiled and said, "Hi Pappy." This was, of course, better than any medicine he could receive from a doctor. It's occurrences like these that happen constantly around her, and I'm sure around other young children, and I

"It would be interesting to do a study to find out the approximate age that most children begin to assimilate the prejudiced values of our society..."

only wish that we could hold onto this innate acceptance of people. So the next time I'm watching Anna smile and talk to people of all ages and races at the park or a restaurant, I'm going to try to emulate her openness to people. In

most instances, it is children imitating adults, but in this case, we could all stand to be a little more like a child.

A Little Taste of Poetry

By Adam Styborksi

Streambed Laurel

A petal floats down to the bottom
Weighted down by the travels
soaked
The pretty colors dance and fragment
Pragmatically in the steep sloped
sun
The rounded edges gently turn
The petal from to, to fro
And eyes shimmer in its descent

Acknowledging but unbelieving
It tumbles down, from former stand
And sees its fate unfold
When gliding high, and skating
beauty
There will always be a fall



Need an Internship? Want to Stay Local?

By Denise Hershey

InternsPlus is a Commonwealth of Pennsylvania initiative that promotes regional internships, practicums, service learning, volunteerism, and other learning experiences for college



and university students living in or near one of 11 central Pennsylvania counties. For information, go to: www.internsplus.com. This is a brand new site, and opportunities are added daily, so check back often. For more internship

information, go to:

<http://www.lhup.edu/career/InternshipsSeasonalJobs.htm>.

Alisha's Advice

By Alisha Rasp

I came to Lock Haven University for the wrong reasons. I spent the first year of my college experience looking toward the wrong future, focusing on a boyfriend that didn't last and a major that I chose just to have one. I didn't care about the opportunities that the university, or the Honors Program, had to offer. I just wanted to get my degree, find a job, get married and live happily ever after. Talk about living in a land of make-believe. So far, nothing has worked out like it was supposed to, and I couldn't be more thankful.

Since my freshman year, when my fairy tale illusions were shattered, I have learned a lot about life in general, and myself in particular. It's hard for me to believe that I was ever on that perfectly planned little path I thought led to happiness. It would have been a sad, sad day in 20 years when I woke up and realized how much of life had passed me by while I sat by the side of the opportunity expressway and watched all the other passengers travel to places that I could have easily gone. To look back at all of the opportunity that had been on my

doorstep while I chose not to open the door would have been the ultimate regret.

This summer, when I traveled to Ecuador with the Summer Honors Program, I realized more than ever how glad I was that life can't really be controlled. As I traveled nearly the entire country of Ecuador with 28 other students, I had an in-your-face kind of realization. I realized that I could never be completely happy settling down in one place and forgetting about the rest of the world. I want to go places, to see the world and to learn as I go. And I want to start now.

I can't honestly say that I am taking, or that I am going to take, every opportunity available to me right now, because there is only so much time and money, but I can say that I no longer focus on the future as much as I try to figure out what I can do right now. I am planning to go to Spain this summer to study Spanish, and I hope

to complete a semester abroad, possibly in Australia, before I graduate.

As of now, I don't really have any post-graduation plans, but I am not concerned. I am confident that the knowledge and skills that I gain from my college experience will make me successful.

College is no longer about the degree or the job for me; it's about learning and growing so that I am not limited when I leave here. More than anything else, when I leave Lock Haven University, I want to look back with satisfaction at the things that I did, not with regret at the things I didn't do.

My advice to you is to do the same. Make your college experience memorable. Figure out what makes you happy, and then go for it. Don't let anything — relationships, fears, money or anything else — stand in your way. You only get to live life once and it's up to you to make the most of it.

"It would have been a sad, sad day in 20 years when I woke up and realized how much of life had passed me by..."

A Little More Poetry

By Ryan Landino

Attempted Revival

Like a silent thorn my spirit sleeps
It's sweating through the dull it
reaps
Like a quiet storm a league away,
My heart is searching for a way
To keep me rolling on and on
And make it to another dawn.
So under tomorrow's rising sun,
My eyelids rising one by one,
It's in the haze I'll slowly wake;
A living revival I must make.
I beckon now a last amen
to deliver a purpose to me again.

Redemption

A hollow wind blows through my
mind--
My sleepless nights have not been
kind.
And while I watch the dark and rain
I hear your taunts that speak my
name.
They call to me and guide me here
To a raucous clamor of restless
fear.

My spinning head begins to melt,
To all the emotions I have felt.
But I am here and you are not.
My gain the truth that you forgot
And like a light, I find my pride,
Beyond the deep-pain, purified.
Strong in mind, restored in soul
I've found, for me, the past you
stole.

It's because of *you* that I'm the one
Who claims the day I'll overcome.



By Danielle Reichenbach

The Spirit of the Wind Incarnate

She stands stock still among the
swirling sands
Statuesque- as the dunes appear
to roll like waves,
An illusion created by the Moon's

enchanted light.

As the winds pick up the folds of
her robes and rolls them through
its fingers,
She lifts her horned, animal-
masked face to the Moon.
A spirit of the wind and the night,
she calls up to her Mistress.

Reveling in the wild, yet calming
fluctuations of the wind,
Bathing in the lonely, eternal peace
of her Mistress's night,
She will raise her arms toward the
sky in a sign of offering
Until her Mistress fades with the
coming of her brother the Sun-

When she will fade into the colors
of the wind;
Roam restlessly over the arid,
Spanish orange sands of the
scorching desert's day
Until her Mistress reigns once
again-
Then in her ancient, elaborate
robes, she is the spirit of the wind
incarnate

Freshmen Should Go to Career Services

By Denise Hershey

Career Services is just a job-placement office for seniors, right? Wrong. The Career Services office has so much to offer students in all stages of their academic careers. In fact, the Career Services office *isn't* a job-placement office at all. At the Career Services Center, we can help you research a possible major, including possible jobs, internships available, community service projects, hands-on experience, information concerning job fairs, and even opportunities to speak with

professionals working in your field of interest. Upper level students can come to us for help with developing a resume, searching for graduate programs, or searching for jobs. You can start a credential file, an easy way for employers to access your information through our office. Career Services provides resources and services to help students explore, select and pursue meaningful careers that are

consistent with their interests, values and skills.

Too often, LHU students are not even aware that the Career Services Office exists, and tragically, many even graduate without ever coming to see what is available to aid them in career planning. So, don't feel like it's too soon to come see us. Our office is located in Akeley Hall, Room

114 and our webpage can be found at

<http://www.lhup.edu/career/index.html>

"Career Services provides resources and services to help students explore..."

Curious George

By George Zimmerman

Hello everyone! We are a couple of weeks into the semester and things are just starting to get rolling. The freshmen are starting to learn about the program and the campus. The upperclassmen are getting back into the swing of things; that first big test or paper looms on the horizon (although some of us have already had it).

The upcoming weeks will be very busy within the program.



The first admissions open house is on September 27th. Members of the admissions team will be present in order to help prospective students get a clearer picture of the program.

The second Public Issue Forum is coming up; it is on October 6th. We will be discussing America's Role in the World. The PIF team did a wonderful job organizing the first forum and I'm sure they are busy setting up for this one.

The first piece of the

sophomore experience was the first Public Issues Forum. The sophomore experience continued with Moderator training on September 15th. The Career Services meeting is on September 25th; the next meeting for sophomores is the PIF on October 6th.

These are just some of the events going on over the next few weeks. I would need a space much larger than this to list everything. That's all until next month's edition. I'll talk to you then!

Basics of Imaginative Writing Submission

The exercise was that you are a SUPER-HERO fighting against the forces of darkness. Describe MELODRAMATICALLY in a paragraph what you would be like as a superhero and what amazing powers you would have. What other superheroes are your allies? Which SUPERVILLIAN is your archnemesi? If your said archnemesi is trying to take over the world, how would he/she do it? How would you stop him/her? (Power to you if you can use something from a utility belt).

By Chris Anderson

I would be the WORLD'S ULTIMATE SUPERHERO. My name you ask!!! I am, ***places hands on my hips and proudly looks into the air***, "THE MODERATELY FAST AND REASONABLY TALL MAN". I can run a 7 minute mile with my somewhat muscular legs LIKE NONE OTHER! Looking over tall bushes is no problem for me; I laugh at the thought of a bush hindering my vision, "HA HA HA." Along with my sidekicks, kind of cute if you look at her from certain angles, okay...so she isn't that good looking at all, but she MAKES UP FOR IT IN PERSONALITY GIRL, and my trusty super-dog, PLAY DEAD FRED. I protect the world from evil doers. Listen closely you puny human who has no super powers; we protect this

world of yours from the diabolical madman, the ever so evil, the sadistic, inhumane I KILL ANTS WITH A MAGNIFYING GLASS MAN. This insane madman, who is trapped in a body of a 5 year old boy, destroys our world one ant at a time. AGGGGGH! If he keeps up this horrible pace, he will soon rid the world of ants, therefore making a surplus of ant repellent. By OVERFLOODING the market with unused ant repellent, the

price will DROP BY THE CENTS! Many will lose their jobs, companies will be crumbled, affecting the global market, and thus causing our whole economy to crash! We must stop him AT ALL COSTS! I must run moderately fast to the nearest store and buy ant food, and I must do it MODERATELY FAST! Once I have the ant food in my possession it will all be up to kind of good looking, okay I admit she is extremely ugly, but what she doesn't make up in looks she MAKES UP FOR IT IN PERSONALITY GIRL! She takes the ant food, and ignoring the warning of spreading too much ant food in one

area, she GENEROUSLY spreads it in one spot! "WHERE IS PLAY DEAD FRED?????" I use my reasonable height to look somewhat high for him. "There he is," ***points to the next yard that is blocked off by tall bushes***. "Come play dead Fred, COME!" "You need to lay down in the ant food and play

dead, play dead Fred; this will attract the ants." ***Play dead Fred plays dead and the ants flock to him***. To protect the ant population, we gather some of the ants into a fragile

glass jar, why fragile... BECAUSE IT'S THE ONLY ONE WE HAVE!" Will this be enough to save the world from I KILL ANTS WITH A MAGNIFYING GLASS MAN? Is there something more than companionship between somewhat attractive (okay so she needs to wear a bag over her head to go out in public) but what she lacks in looks she MAKES UP FOR IT IN PERSONALITY GIRL, and I? Is play dead Fred really dead? Find out next moderately fast time, but not too fast, we don't want to rush things now, same reasonably tall channel, okay not too tall because I get nose bleeds if I go too high.

"This insane madman, who is trapped in a body of a 5 year old boy..."

From the Secretary's Desk

Hello and welcome, or welcome back, to Lock Haven University!!

I sat down to try to write my OW article, and I think I must have tried 10 times!! My creative writing skills went right out the window with summer. BUT, here I go...

I hope everyone had a nice relaxing summer vacation. The three Student Associate Directors and I had a very busy summer preparing for the fall semester. We had a lot of quality time spent together and got to know each other very well. I'm not sure if that is a good thing or not, but we had fun! Anyone who has had the pleasure

of working with one or all three of these students (Mary Lyter, Alisha Rasp and George Zimmerman) from Honors would know exactly what I'm talking about. These students go above and beyond the call of duty. They are always there to help and to lend a helping hand no matter what size of project. They are ALL very exceptional, special people and I would like to say "Thank You". I enjoy EVERY minute spent with these students and look forward to spending more time with them.



The start of the new semester seems to be going well! I look forward to meeting each and every one of you. Please feel free to stop by the office in the Honors House and introduce yourself if we have not met yet!

Until next time...Have a great semester!

Joanie Williamson

What did you do over the summer?

By Dennis Yoon

"It seemed like time sped up once we arrived at the airport at Guayaquil, and sped up even more when the plane touched ground in Newark," said my friend, Scott, in a reply to my e-mail. It seems true, because it has been about 3 months since we, the participants of the summer Honors Program, came back to the U.S. from Ecuador. I do remember that I woke up with a strange feeling the very next morning when I got back from Ecuador. The feeling, something is missing, is hard to describe with my not good enough English. Probably it is better to refer to what my friend, Jon, said, "It's hard to be around people every waking minute for three weeks and then not see them again for three months." Also, there were surprises and shocks when I realized the bills I had to pay. A LOT!!! Back to the real world!!! SAD!

I am not hesitating to say

that I had the time of my life this summer, as many other friends did, thanks to the University Honors Program. I met the coolest friends (some people may think they are geeks) through the trip.

The beautiful nature and kindly people made my heart melt. The poverty there made me think and

appreciate what I have. I had so many unbelievable experiences there, but it's hard to keep track of them all, especially when I wasn't keeping my journal. Anyway, there couldn't be a long enough night to tell you everything about Ecuador. I don't even know where I should start.

I loved it; I loved everything. If the chance is given to us, Alisha and I, we'd love to show you the pictures we had taken and tell you everything.

Now I am reading my e-

mails again from my friends who I met through the trip and listening to music, which reminds me of everyone.

There are a couple more things. About several days after I came back to Lock Haven, I was sent to the ER in Lock Haven Hospital because of dehydration. I assume that it was due to my stomach, which

couldn't handle the rich, greasy, hormone-enhanced vittles at Bentley. I also learned to swim in the pool at the hotel near the beach, but ironically, I was almost drowned in the river in Lock Haven after I came back from Ecuador.

"The feeling, something is missing, is hard to describe with my not good enough English."

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The Occasional
Word

*"If you don't like something, change it. If you can't
change it, change your attitude. Don't complain."*

— Maya Angelou

"Only the wisest and stupidest of men never change."

— Confucius

"You must be the change you wish to see in the world."

— Mahatma Gandhi

*"It is not necessary to change. Survival is not manda-
tory."*

— W. Edwards Deming

*"Without change, something sleeps inside us, and sel-
dom awakens. The sleeper must awaken it."*

— Frank Herbert

*"If we don't change, we don't grow. If we don't grow, we
aren't really living."*

— Gail Sheehy

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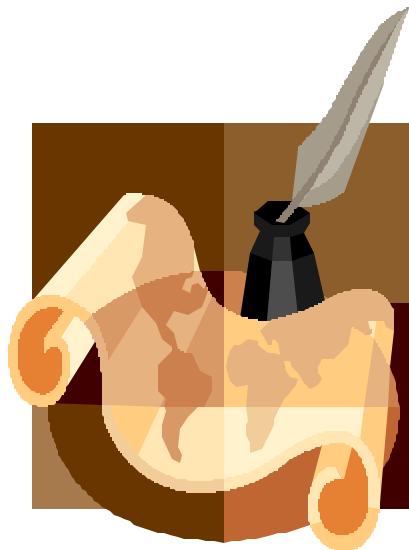
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