Minor in Sport and Exercise Psychology (18 credits)

Required Core Courses (6 credits)
SPRT208: Introduction to Sport and Exercise Psychology
SPRT318: Advanced Theory and Application of Sport and Exercise Psychology

Support Courses (12 credits)
SPRT305: Psychology of Coaching
SPRT323: Sport and Society*
ATTR332: Psychological Aspects of Injury and Illness*
HLTH305: Introduction to Biomechanics*
HLTH353: Physiology of Exercise*
PSYC202: Research Methods in Psychology (3)**
PSYC235: Interpersonal and Leadership Skills
PSYC250: Social Psychology*
PSYC308: Psychology of Personality*
PSYC313: Industrial and Organizational Psychology*

*These courses have pre-requisites.
** Strongly recommended for students who do not complete a research methods class as part of their major requirements.

- Students may petition the minor coordinator for approval of a maximum of 3 credits in lieu of those listed above. The petition must be approved prior to completion of the 3 credits.