

# Lock Haven University

## Official Release

FOR IMMEDIATE RELEASE:

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### LHU 6<sup>th</sup> Annual Turkey Trot will benefit the Brian Keefer Medical Fund

On Sunday, November 20, Lock Haven University will sponsor its 6th Annual Turkey Trot 5K Run/Walk. Proceeds will go to Brian Keefer Medical Fund. The race begins at 10:00 a.m. at Huber Jack Stadium, with registration starting at 9:00 a.m.

The Brian Keefer Medical Fund was established to assist the Keefer family. Brian Keefer, a Lock Haven University student, was injured in a

gymnastics accident in the summer of 2008 that left him paralyzed from the neck down. Brian, his family and medical support staff have worked extremely hard over the last few years and, as a result, Brian has achieved incredible progress. Unfortunately, medical expenses are overwhelming and a long road still awaits him and his family.



The 5K Run/Walk draws about 150-175 participants each year. The course begins at the track with a beautiful view of the campus and river, then continues across campus to the dike and back. This year's event includes great prizes for top and age group finishers such as items from the State College Spikes, Williamsport Cross Cutters, Weis, Sheetz, Dominos and apparel from many Lock Haven University athletic teams. The first 100 people to register will receive a free event t-shirt. Snacks and refreshments will be provided after the event.

For the first time this year, the event will also include free kids races. These will be held during the run/walk at the stadium. Kids prizes will also be given out.

Pre-registration for the 5K Run/Walk is \$15. Registration on the day of the event is \$20.

The Turkey Trot 5K Run/Walk is sponsored by students in the Lock Haven University Sport Administration major of the Sport Studies Department.

For further information, contact Patricia Lally, 570-484-2824 or [plally@lhup.edu](mailto:plally@lhup.edu)

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