Welcome to the Haven

- We want you to:
  - Connect with people at LHU,
  - Commit to doing your best, and
  - Complete your classes, program, and graduate!
- An important place to find anything is on the LHU homepage
  - [Lock Haven University](Lock_Haven_University)

Differences between high school and college

- You have more unstructured time and the freedom to decide how you want to fill it.
- You are responsible for your own learning, which means that you have to ask for help and go to your instructors if you are not performing well.
- Your parents are not involved and can’t speak to your professors about you unless you give your consent.

More differences

- You need to deal with roommate and other relationship issues. If you need help you can talk to your Resident Assistant or other residence life staff.
- You are responsible for getting to classes, being prepared for classes, and turning in your work.
- Most people don’t know you so you are free to be the person you want to be.
Expectations for Classroom Behavior

- Faculty expect students to:
  - Be on time
  - Come prepared
  - Pay attention to what is happening in the class—don’t sleep, don’t have side conversations
  - Cell phones and other electronic devices are not a distraction to learning—don’t take phone calls, text, or go on Facebook or Snapchat while in class
  - Respect each other
  - Listen to diverse opinions
  - Think critically
  - Participate

Family Educational Rights and Privacy Act (FERPA)

- Federal law that protects the privacy of student education records
- Students have the right to inspect and review the student’s education records maintained by the school.
- Generally, schools must have written permission from the student in order to release any information from a student’s education record.
- This means that if a parent wants specific information relating to financial aid or grades, the student must sign the appropriate release of information.

Academic advisor

- All of you will be assigned an advisor in your major.
- Get to know your advisor and let him/her get to know you.
- Meet with your advisor during the 1st week and at least once during the semester.
- Go to him/her if you have questions, need help, or are not doing well in a class.

Freshmen schedules

- 1st semester of your 1st year, the schedule is developed for you
- Many of you will be enrolled in a First Year Seminar – 119
- Once your schedule is prepared, changes can be made to your schedule by your advisor or the department chair only
- It is important that you attend the academic session on Sunday, August 23.
You can access your schedule on MyHaven.

There is information in your packet about how to access MyHaven.

Time management is critical to success.

Study 2 - 3 hours for each hour in class.

- Homework, review, answering questions, tutoring, group sessions, etc.

### Sample Fall Schedule

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Type</th>
<th>Instructor</th>
<th>Time</th>
<th>Location</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL101</td>
<td>Basic Biology</td>
<td>3.00</td>
<td>LT</td>
<td>De Silva, Nishantha</td>
<td>W 3:30PM - 4:50PM, TR 11:00 - 11:50 AM</td>
<td>ECSC 239</td>
<td>08/24/20 - 12/11/20</td>
</tr>
<tr>
<td>ECEO101</td>
<td>First Year Seminar for Education Students</td>
<td>1.00</td>
<td>CD</td>
<td>Marofe, Elizabeth E.</td>
<td>M 12:20 - 1:10 PM</td>
<td>ROBE 408</td>
<td>08/24/20 - 12/11/20</td>
</tr>
<tr>
<td>ENGL101</td>
<td>Composition</td>
<td>3.00</td>
<td>LT</td>
<td>Myers, Robert M.</td>
<td>MWF 9:05 - 9:55 AM</td>
<td>ROBE 407</td>
<td>08/24/20 - 12/11/20</td>
</tr>
<tr>
<td>PSYC111</td>
<td>Psychology of Early Childhood</td>
<td>3.00</td>
<td>LT</td>
<td>Talbot, Andrew</td>
<td>TR 3:40 - 4:55 PM</td>
<td>ROBE 407</td>
<td>08/24/20 - 12/11/20</td>
</tr>
<tr>
<td>SOCI110</td>
<td>Introduction to Sociology</td>
<td>3.00</td>
<td>LT</td>
<td>Baylor, Timothy J.</td>
<td>W 10:10 - 11:00 AM</td>
<td>ROBE 115</td>
<td>08/24/20 - 12/11/20</td>
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### Sample Weekly Schedule

<table>
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<th>Time</th>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Composition: ROBE 407</td>
<td>Composition: ROBE 407</td>
<td>Composition: ROBE 407</td>
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<tr>
<td>9:05</td>
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<tr>
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<td>Basic Biology</td>
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<tr>
<td>11:00</td>
<td>First Year Seminar</td>
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<td>12:20</td>
<td>ECAM J201</td>
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<tr>
<td>1:25</td>
<td>ECSC 239</td>
<td>ECSC 239</td>
<td>ECSC 239</td>
<td>ECSC 239</td>
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<tr>
<td>2:30</td>
<td>ECSC 239</td>
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<tr>
<td>3:00</td>
<td>Psychology of Early Childhood</td>
<td>Psychology of Early Childhood</td>
<td>Psychology of Early Childhood</td>
<td>Psychology of Early Childhood</td>
<td></td>
</tr>
<tr>
<td>4:40</td>
<td>What are you going to do with ALTHIS FREE TIME?</td>
<td>What are you going to do with ALTHIS FREE TIME?</td>
<td>What are you going to do with ALTHIS FREE TIME?</td>
<td>What are you going to do with ALTHIS FREE TIME?</td>
<td></td>
</tr>
</tbody>
</table>

### Freshman Common Reading

- All freshman will be reading: Garbology: Our Dirty Love Affair with Trash by Edward Humes
- Book will be discussed in a number of classes and there will be campus activities associated with it
- Available TODAY @ LHU Bookstore – Normally $10 - $5 voucher in your packet
- TIP: Read this before you return to campus in August
Class attendance
- The university attendance policy explains excused and unexcused absences.
- Excused absences must be verified and include things like participation in athletic events and situations beyond your control. All other absences are unexcused.
- You need to go to class or you will probably fail the class.

Course syllabus
- Read it.
- Get organized by recording the due dates of assignments and test dates in your planner—yes, you should get a planner!
- Pay close attention to it and be sure to follow it.
- You may have to use D2L (Desire to Learn) for parts of your classes. Make sure you know.

Books for classes
- You can find the textbooks needed by using the “student schedule” feature or using the bookstore’s website: http://bookstore.lhup.edu/
- Be aware of the return policies of the place where you purchase your books. YOUR SCHEDULE MAY CHANGE!
- You should rent or purchase the required books for all of your classes.

General education
- Provides the foundation for your major courses and careers.
- These courses are required for your degree.
- Bachelor of Arts students have different requirements for foreign languages and interdisciplinary seminars.
Degree requirements

- Every student must complete at least 120 credits to graduate.
- You should try to pass at least 15 credits per semester. For most majors, this will allow you to complete your degree in 4 years—keep in mind changing your major may expand your timeline.
- Financial aid is dependent upon the number of credits you pass and whether you are making adequate yearly progress.

Study abroad

- There are 21 different countries you can go to for semester-long programs.
- There are also opportunities for short-term, faculty-led programs
- Requirements:
  - Minimum 2.5 GPA
  - At least Sophomore standing
  - Good academic and residential life standing

Global Honors Program

- Students accepted into the program take some courses together and then choose to augment other courses.
- Along with classes, students participate in activities and group meetings where they work on their leadership skills and have fun.
- http://www.lhup.edu/students/global_honors/

Math placement test

- The math placement test must be completed. This allows us to schedule you in the courses that you are ready for or are needed for your major.
- Your LHU email must be set up
- Complete the test at the time that you log in. You can find the test on myhaven at: https://myhaven.lhup.edu/ICS/
- Any questions or problems email: placement@lhup.edu
Technology
- The LHU IT department is available to help with your laptop, tablet or smart phone device
- Every residence hall has someone who can help with basic IT issues
- IT is available in Robinson 508
  - 570-484-2643
- Professors will have different policies about the use of laptops/tablets in their classes.

If you are not doing well in a class
- Talk to your professor about what you can do differently.
- Study, read, and be prepared for class.
- Use the Writing, Math, or Tutoring Centers.
- Talk to your advisor.
- Get a tutor.
- Be persistent and don’t give up.

If you are struggling with personal issues
- Use your support systems—parents, friends, RA and residence hall staff, advisor, HOPE Center
- Contact the Counseling Center to make an appointment with a counselor.
- Disability Services is available if you qualified for these services in high school.
- Let people know and reach out!! All of this help is FREE!!!!

Some advice from the 2014 LHU graduating class
- Go to class.
- Study and work hard.
- Don’t let partying interfere with your class work.
- Meet new people.
- Participate in class discussions.
- Ask for help if you need it.
- Don’t be intimidated by professors or your advisor.
TIPS FOR SUCCESS

- Time Management! It really IS the answer to success.
  - Plan 2-3 hours of study for each hour in class.
  - Your job as a student – 50-60 hours per week.
  - Read all assignments ahead of time.
- Recognize when you need help and ask for it
  - Instructor, Tutoring, Math and Writing Centers.
- Form study groups with other students.
- Go to class! Go to class! Go to class!
- What happens if you are sick?
  - Contact your instructors as soon as possible – don’t wait until after you miss class – especially if there is an exam/quiz scheduled, or you have an assignment due.

Contact information

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