

Lock Haven University Field Hockey

Week One Game Notes

Game #1 vs. University of Vermont -- Charlotte Smith Field -- Aug. 28, 2005 @ 1 p.m.

Game #2 vs. Lehigh University -- Charlotte Smith Field -- Aug. 31, 2005 @ 7 p.m.

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LADY EAGLE FIELD HOCKEY QUICK FACTS

Location: Lock Haven, Pa.
Enrollment: 5,129
Founded: 1870
Nickname: Lady Eagles
Colors: Crimson, White
Affiliation: NCAA Division I
Conference: Northeast Conference
Home Field: Charlotte Smith Field
 (artificial turf)
President: Dr. Keith T. Miller
Director of Athletics: Sharon E. Taylor
Associate Athletic Director: Peter Campbell
Assistant Athletic Director: Danielle Barney
Athletic Department Phone: 570-893-2102
Head Trainer: Eric Lippincott
Equipment Managers: Kim Lindsey & Ralph Kalbach
Head Coach: Pat Rudy
Alma Mater: Lock Haven State College '77
Rudy's Record/Years at LHU: 164-34-0 (9)
Rudy's Career Record/Years: 391-107-15 (27)
Office Phone: 570-893-2722
Email: prudy@lhup.edu
2004 Record: 19-1, 8-0 NEC/Reg. Season Champions
Starters Returning/Lost: 7/4
Letterwinners Returning/Lost: 11/4



Game One



V.



Game Two



V.

Team Comparison 2004 Stats

Stat	LHU	Vermont	Lehigh
'04 Record	19-1	3-15	9-10
Goals Scored	61	18	49
Goals/Game	3.1	1.0	2.6
Goals Against	15	67	45
GAA	0.75	3.7	2.4
Assists	42	17	38



Head coach **Pat Rudy** has been nothing short of dominant in her career at Lock Haven University. In her decade of excellence at LHU, she has put together an impressive 164-34 mark.

The transition to Division I competition last season was seamless. Her squad boasted a 19-1 overall record and an unblemished 8-0

Northeast Conference (NEC) mark, picking up the regular-season conference title. Rudy earned NEC Coach of the Year. As just the third head coach in the long and illustrious history of LHU field hockey, following the legendary names of Charlotte Smith and Sharon Taylor.

Rudy is a 1977 graduate of Lock Haven State College who played for Taylor during her days as a Lady Eagle. Between 1973-76, Rudy scored 65 goals and is still fourth on the LHU all-time scoring list. The Haven went a combined 48-11-4 during her days as a player. Rudy has posted a 164-34 record in her nine seasons at the helm of the Haven.

Rudy received her bachelor of science degree in health and physical education from Lock Haven State College in 1977. She then went on to earn her master's degree in physical education from Illinois State University in 1981 and has completed work toward her educational doctorate at Temple University.

Lock Haven Probable Starters

GK - Becca Yerkes, So..... 0.00 gaa, 0 sv
D - Rebecca Steffen, Sr. 3g, 2a
D - Courtney Hughes, Sr. 4g, 5a
D - Jill Wessner, So. 0g, 0a
D - Abigail Cerrone, So. 0g, 0a
MF - Blair Wynne, So. DNP
MF - Sarah Huber 6g, 4a
MF - Renee Kemmerer 4g, 2a
F - Nikki Sweger 12g, 10a
F - Mandy Daschbach 5g, 2a

The Game

The Lock Haven University field hockey team will open their second season in Division I competition Sunday, Aug. 28 at 1 p.m. as they play host to the University of Vermont. The Lady Eagles will continue their week by hosting Leigh University on Wednesday, Aug. 31 at 7 p.m. at Charlotte Smith Field.

Outlook

As one of the top programs in the NCAA, Lock Haven University field hockey has a storied history, including seven national championships. The Lady Eagles, in year two of the NCAA mandated grace period for new Division I members, gear up to defend their Northeast Conference (NEC) Regular-Season Title.

To fill the holes left by the loss of four senior starters, the Lady Eagles will need to “blend their strengths and weaknesses into a cohesive unit,” said defending NEC Coach of the Year **Pat Rudy**.

Goalkeepers

The goalkeeper opening will prove to be the biggest challenge for Rudy, as she has three players vying for the spot with a combined 21 minutes played. Sophomore **Becca Yerkes** played in one game last season, a shutout 21 minutes. **Ali Harris** redshirted last season, but made significant progress in the spring season, and **Cheryl Edwards** joins the fray as a talented freshman, fresh off an all-division season at Shoreham Wading River High School in New York.

“The loss of (four-year starter **Melissa Stubblefield**) is our most important gap to fill,” Rudy said. “That’s why we’re excited by the addition of goalkeeping specialist **Lacey Pustizzi** as a graduate assistant coach. Having one coach focus on this area will help our youngsters develop.”

Defense

Also helping the goalkeepers will be a stingy, experienced defensive four that will allow very few shots to reach the inexperienced net-minder.

NEC Defensive Player of the Year and Third Team WomensFieldHockey.com All-American **Rebecca Steffen** returns for her senior season, joining classmate **Courtney Hughes**, a four-year starter and defensive leader. Junior **Jill Wessner** will start once again at left back, as on the right side, senior **Abigail Cerrone**, the “strongest spring” of any Lady Eagle player.

Junior **Nicole Dearden** and sophomore **Christa Swiegart** will continue to battle the starters for playing time at back.

Midfield

Sophomore **Blair Wynn** will finally see some field action after a year off for NCAA guidelines, and Rudy couldn’t be happier.

Lock Haven University Field Hockey Schedule/Results

0-0/0-0 NEC

Aug. 28	VERMONT	1 p.m.
Aug. 31	LEHIGH	7 p.m.
Sept. 2	at Penn St.	7 p.m.
Sept. 9	at Towson	6 p.m.
Sept. 11	LA SALLE	noon
Sept. 17	at Albany	1 p.m.
Sept. 18	at Colgate	1 p.m.
Sept. 21	at Bucknell	7 p.m.
Sept. 25	ST. FRANCIS (PA.)*	1 p.m.
Sept. 30	at Sacred Heart*	4 p.m.
Oct. 7	at Rider*	4 p.m.
Oct. 9	at Monmouth*	1 p.m.
Oct. 12	at Robert Morris*	3 p.m.
Oct. 14	SIENA*	5 p.m.
Oct. 16	QUINNIPIAC*	1 p.m.
Oct. 21	FAIRFIELD*	4 p.m.
Oct. 23	vs. Ohio State	noon
.....	at Penn State
Oct. 26	LAFAYETTE*	7 p.m.
Oct. 30-31 ..	at Davidson Tourney
Oct. 30	vs. Davidson	1 p.m.
Oct. 31	at Longwood.....	1 p.m.

Bold Caps indicate home contest
* indicated NEC contest

“Blair gives us a dominant midfielder, I think one of the best in all of Division I,” she said. “Her intensity and skill are impressive, and I’m excited to see how her talent meshes with our team.”

The team’s flexibility allows the Lady Eagles to go with a more offensive attack or defensive mid-line to better match up with the opponent.

Dearden could also see time here, as she and sophomore **Megan Bullock** were strong as midfielders in the spring. Junior **Sarah Huber** and sophomore **Renee Kemmerer** also return as potent scoring photos.

Forwards

The team’s leading scorer in 2004, senior **Nikki Sweger** returns to helm the front scorers, a group of speedy strikers that could do some damage. Slotted for the start at the other forward is junior **Mandy Daschbach**.

Up Next

The Lady Eagles will travel to Penn State University Friday, Sept. 2 at 6 p.m.

Lock Haven University of Pennsylvania 2005 Field Hockey Roster

No.	Name	Pos.	Cl.	Ht.	Hometown/High School
0	Becca Yerkes	GK	R-So.	5-7	West Grove, Pa./Avon Grove
00	Ali Harris	GK	R-Fr.	5-6	Endicott, N.Y./Maine Endwell
1	Cheryl Edwards	GK	Fr.	5-3	Shoreham, N.Y./Shoreham Wading River
2	Samantha Stoyer	F	So.	5-5	Lititz, Pa./Manheim Township
4	Abigail Cerrone	MF/B	So.	5-0	Wappingers Falls, N.Y./Ketchum
5	Nicole Dearden	B/MF	Jr.	5-2	East Greenville, Pa./Quakertown Comm.
6	Nikki Sweger	F	Sr.	5-3	Dauphin, Pa./Central Dauphin East
7	Christa Sweigart	B	So.	5-3	Gap, Pa./Pequea Valley
8	Courtney Hughes	B	Sr.	6-1	Schwenksville, Pa./Souderton
9	Rebecca L. Steffen	B	Sr.	5-5	Hawley, Pa./Wallenpaupack Area
10	Mandy Alderfer	F	Jr.	5-4	Harleysville, Pa./Souderson
11	Blair Wynn	MF	So.	5-8	Arima, Trinidad & Tobago/Sangre Grande
12	Megan Bullock	MF/B	So.	5-3	Meshoppen, Pa./Elk Lake
13	Sarah M. Windfelder	MF	Fr.	5-3	Bensalem, Pa./Bensalem
15	Kristen Kasper	F	Fr.	5-3	Mohnton, Pa./Governor Mifflin
16	Jill Wessner	B	Jr.	5-1	Kutztown, Pa./Kutztown
*17/14	Renee Kemmerer	MF	So.	5-3	Nineveh, N.Y./Afton
20	Steph Auker	F	Fr.	5-3	Selinsgrove, Pa./Selinsgrove
22	Jennifer Churetta	MF	Sr.	5-6	Northampton, Pa./Northampton Area
24	Jill Houtz	F	Fr.	5-6	Myerstown, Pa./Eastern Lebanon County
25	Sarah Huber	F	Jr.	5-6	Plymouth Meeting, Pa./Christopher Dock
28	Krystal A. Cruz	F	Fr.	5-4	Hawley, Pa./Wallenpaupack
29	Allison Brooks	MF	Fr.	5-3	Pottstown, Pa./Owen J. Roberts
33	Mandy Daschbach	F	Jr.	5-3	Telford, Pa./Christopher Dock
*34/44	Alyssa True	MF	So.	5-7	Maytown, Pa./Donegal

Head Coach: Pat Rudy (Tenth Season: Lock Haven '77)
Assistant Coach: Shanna Vitale (Lock Haven '02)
Graduate Assistant Coach: Lacey Pustizzi

***Home/Away**