

Lock Haven University Field Hockey

Week Five Game Notes

Game #8 at Bucknell University -- Graham Field -- Sept. 21, 2005 @ 7 p.m.

Game #9 vs. St. Francis University (Pa.) -- Charlotte Smith Field -- Sept. 25, 2005 @ 1 p.m.

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LADY EAGLE FIELD HOCKEY QUICK FACTS

Location: Lock Haven, Pa.
Enrollment: 5,129
Founded: 1870
Nickname: Lady Eagles
Colors: Crimson, White
Affiliation: NCAA Division I
Conference: Northeast Conference
Home Field: Charlotte Smith Field
 (artificial turf)
President: Dr. Keith T. Miller
Director of Athletics: Sharon E. Taylor
Associate Athletic Director: Peter Campbell
Assistant Athletic Director: Danielle Barney
Athletic Department Phone: 570-893-2102
Head Trainer: Eric Lippincott
Equipment Managers: Kim Lindsey & Ralph Kalbach
Head Coach: Pat Rudy
Alma Mater: Lock Haven State College '77
Rudy's Record/Years at LHU: 168-37-0 (9)
Rudy's Career Record/Years: 395-110-15 (27)
Office Phone: 570-893-2722
Email: prudy@lhup.edu
Assistant Coaches: Shanna Vitale, Lacey Pustizzi,
 Ryan Sherburne
2004 Record: 19-1, 8-0 NEC/Reg. Season Champions
Starters Returning/Lost: 7/4
Letterwinners Returning/Lost: 11/4



Lock Haven
4-3, 0-0 NEC

V.



Bucknell
3-4, 0-0 Patriot



St. Francis
0-5, 0-1 NEC

V.



Lock Haven
4-3, 0-0 NEC



Head coach **Pat Rudy** has been nothing short of dominant in her career at Lock Haven University. In her decade of excellence at LHU, she has put together an impressive 168-37 mark.

The transition to Division I competition last season was seamless. Her squad boasted a 19-1 overall record and an unblemished 8-0

Northeast Conference (NEC) mark, picking up the regular-season conference title. Rudy earned NEC Coach of the Year.

Rudy is a 1977 graduate of Lock Haven State College who played for Taylor during her days as a Lady Eagle. Between 1973-76, Rudy scored 65 goals and is still fourth on the LHU all-time scoring list. The Haven went a combined 48-11-4 during her days as a player. Rudy has posted a 164-34 record in her nine seasons at the helm of the Haven.

Rudy received her bachelor of science degree in health and physical education from Lock Haven State College in 1977. She then went on to earn her master's degree in physical education from Illinois State University in 1981 and has completed work toward her educational doctorate at Temple University.

Team Comparison

Stat	LHU	Bucknell	St. Francis
Record	4-3	3-4	0-5
Goals Scored	12	17	3
Goals/Game	1.7	2.4	0.6
Goals Against	9	18	29
GAA	1.3	2.6	5.8
Assists	8	15	2

Lock Haven Probable Starters

GK #0 Becca Yerkes, So. 1.27 gaa, 32 sv
 D #9 Rebecca L. Steffen, Sr. 7 gs
 D #8 Courtney Hughes, Sr. 1 g, 3 dsv
 D #16 Jill Wessner, Jr. 5 gs
 D #4 Abigail Cerrone, So. 6 gs, 3 s
 MF #5 Nicole Dearden, Jr. 5 gs, 1 sh
 MF #25 Sarah Huber, Jr. 3 g, 3 a
 MF #11 Blair L. Wynne, So. 3 g, 1 a
 F #6 Nikki Sweger, Sr. 2 g, 2 a
 F #23 Mandy Daschbach, Jr. 3 g, 1 a

The Games

The Lock Haven University field hockey team (4-3) has one more non-conference game before opening up defense of their regular-season Northeast Conference (NEC) title. Wednesday, Sept. 21, LHU travels to neighboring Bucknell University (3-4) for a 7 p.m. start before facing off with St. Francis University (Pa.) (0-5) on their home turf, Sunday, Sept. 25 at 1 p.m.

Scouting Bucknell

After starting the season 0-3, the Bison have won three out of their last four contests, including a 3-2 vistory over Georgetown in their last outing. Forwards Alex Kyzmir and Kelly O'Brien each scored one goal with one assist in the win. Kyzmir leads the Bison in goals scored and assists with five and points with 15. Liz Jordan owns a 3-4 record between the pipes, making 62 saves with a 2.68 goals against average.

Series History vs. the Bison

Lock Haven holds a impressive 27-4-3 advantage in the series against Bucknell, dating back to a 3-1 LHU victory in 1954. Last season the Lady Eagles came out on top with a 3-0 win.

Scouting the Red Flash

St. Francis started the season on a five-game losing streak after dropping their NEC opener against Sacred Heart 7-0. They are led by a pair of senior forwards, Samantha Nonweiler and Erin Davis. Both Flash forwards have scored one goal and one assist during their 0-5 start. The goalie tandem of junior Kristen Onto and freshman Erin Reifsteck have combined to give up 26 goals.

Series History vs. St. Francis

LHU has won the only meeting between these two schools, coming in last year's 19-1 campaign. Lock Haven won the contest 2-0 on goals from returning players Nikki Sweger and Samantha Stoyer.

**Lock Haven University Field Hockey
Schedule/Results**

4-3/0-0 NEC

Aug. 28	VERMONT	W, 3-0
Aug. 31	LEHIGH	W, 3-1
Sept. 2	at Penn St.	L, 1-4
Sept. 9	at Towson	L, 0-1
Sept. 11	LA SALLE	W, 2-0
Sept. 17	at Albany	L, 1-2, OT
Sept. 18	at Colgate ...	W, 2-1, OT
Sept. 21	at Bucknell	7 p.m.
Sept. 25	ST. FRANCIS (PA.)*	1 p.m.
Sept. 30	at Sacred Heart*	4 p.m.
Oct. 7	at Rider*	4 p.m.
Oct. 9	at Monmouth*	1 p.m.
Oct. 12	at Robert Morris*	3 p.m.
Oct. 14	SIENA*	5 p.m.
Oct. 16	QUINNIPIAC*	1 p.m.
Oct. 21	FAIRFIELD*	4 p.m.
Oct. 23	vs. Ohio State	noon
 at Penn State	
Oct. 26	LAFAYETTE*	7 p.m.
Oct. 30-31 .	at Davidson Tourney	
Oct. 30	vs. Davidson	1 p.m.
Oct. 31	at Longwood	1 p.m.

Bold Caps indicate home contest
* indicated NEC contest

Last Time Out for LHU

For the second-straight game the Lock Haven University field hockey team (4-3) went to overtime, this time getting a victory 2-1 over Colgate University (5-2) Sept. 18.

While sophomore **Blair L. Wynne (Arima, Trinidad & Tobago/Sangre Grande)** wasn't a playing member of the team last season—she was awaiting NCAA clearance—

Bucknell Probable Starters

GK	#33 Liz Jordan, Sr.	2.68 gaa, 62 sv
D	#5 Chyncia Smith, So.	4 gs, 4 sh
D	#8 Anne Lutz, Jr.	2 g, 3 a
D	#18 Heather Rogers, Jr.	4 gs, 1 dsv
D	#25 Amanda, Faust, Fr.	2 g, 2 a
MF	#3 Carli Cataldo, Sr.	6 gs, 1 sh
MF	#16 Callista Costopoulos, Jr.	1 g, 7 gs
MF	#19 Steph Graf, Fr.	5 gs, 3 sh
F	#1 Kelly O'Brien, Sr.	4 g, 2 a
F	#11 Trina Boyer, Fr.	2 a
F	#20 Alex Kyzmir, Jr.	5 g, 5 a

St. Francis (Pa.) Probable Starters

GK	#89 Erin Reifsteck, Fr.	7.68 gaa, 10 sv
D	#9 Leigh-Ann Conroy, So.	5 gs, 1 dsv
D	#14 Erin Weaver, Fr.	2 gs
D	#24 Katie Grogan, Jr.	3 gs
MF	#3 Belen Albanes, Fr.	5 gs, 1 sh
MF	#11 Annie Paccione, So.	1 g, 3 sh
MF	#21 Sara Wheeler, Fr.	5 gs, 1 sh
F	#2 Samantha Nonweiler, Sr.	1 g, 1 a
F	#6 Erin Davis, Sr.	1 g, 1 a
F	#10 Kristi-Anne Chin, Fr.	5 gs, 1 sh
F	#16 Monica Nicoles, Sr.	3 gs, 5 sh

LHU vs. Bucknell ... Last Time Out: Sept. 14, 2004

LOCK HAVEN, Pa. -- The Lock Haven University field hockey team (5-0) rode a second half outburst to a 3-0 victory today over the Bucknell University Bison (2-4) at Charlotte Smith Field.

Both teams were noticeably tentative in the early going, each squad managing just three shots in the scoreless first half, the first shot coming nearly 15 minutes into the contest. The Lady Eagles turned on the pressure in the second stanza, scoring all three goals in the contest and out shooting the Bison 17-1.

"I told them at halftime that we needed to increase the defensive pressure," head coach **Pat Rudy** said. "We didn't let them breathe in the second half. Pressuring the ball and cutting off passing lanes created opportunities for offense."

Senior **Kellie Kulina** got the scoring started with her team-best fourth goal of the year on a breakaway pass from sophomore **Mandy Dashbach (Telford, Pa./Christopher Dock)**.

Sophomores **Nicole Dearden (East Greenville, Pa./Quakertown Community)** and **Sarah Huber (Plymouth Meeting, Pa./Christopher Dock)** added their first and second goals, respectively, off shot rebounds.

	1	2	F
Buck	0	0	0
LHU	0	3	3

Goals: LHU- Kellie Kulina (40:14), Nicole Dearden (47:47), Sarah Huber (58:58)

the talented midfielder hit for both goals to avenge the team's lone loss in 2004, a 1-0 decision at home to the Raiders.

Wynne got the scoring started 14:32 into the day's action, scoring on a designed penalty corner with assists from **Sarah Huber (Plymouth Meeting, Pa./Christopher Dock)** and **Renee Kemmerer (Nineveh, N.Y./Afton)**. Colgate's Kaley Zaharris knotted the game in the second half, forcing overtime.

Wynne hit for the game-winner in the 75th minute for the 2-1 victory, handing the Raiders their first loss on their home turf this season.

LHU goalkeeper **Becca Yerkes (West Grove, Pa./Avon Grove)** had nine saves in ten tries to improve to 4-3, while her counterpart, Jacque DeMarco also made nine stops in the loss.

The win marks the first victory for the Lady Eagles on the road this season. Wynne has scored the last three goals for LHU.

LHU vs. St. Francis... Last Time Out: Sept. 29, 2004

LORETTO, Pa. -- With the outcome in doubt longer than they had hoped, the Lock Haven University field hockey team (11-1, 2-0 NEC) broke a scoreless tie over 56 minutes into today's match with St. Francis University (0-9, 0-1 NEC) eventually winning by a 2-0 tally. LHU peppered St. Francis with 31 shots, out-shooting SFU by 29.

Junior **Nikki Sweger (Dauphin/Central Dauphin East)** broke the scoreless tie with her ninth goal of the season, off a pass from **Kellie Kulina**. It was a record goal for both members, as Sweger now has 40 career goals, moving ahead of assistant coach **Shanna Vitale** for eighth in school history and Kulina's assist makes her the all-time assist leader in LHU field hockey with 36.

Samantha Stoyer (Lititz/Manheim Township) tacked on a penalty-corner goal with less than eight minutes left to give the Lady Eagles the 2-0 finish. Goalkeeper **Melissa Stubblefield** made two saves to improve to 11-1, Kristin Onto made nine stops in 11 to get the loss.

	1	2	F
LHU	0	2	2
La Salle	0	0	0

Goals: LHU- Nikki Sweger (56:05), Samantha Stoyer (67:11)

NEC Regular Season Title Defense

Lock Haven strolled through the Northeast Conference in their first year in the league with an 8-0 record. Unable to participate in post-season play until the 2006 season, Rudy's bunch is set to defend their regular season title with their next eight games being NEC matchups.

Up Next

The Lady Eagles will travel to Sacred Heart University for their second NEC match of the 2005 season. The Friday, Sept. 30 game is slated to start at 1 p.m.

Do You Care?
Blair L. Wynne's recent
scoring outburst were
her first three goals in
a Lady Eagle uniform.

Lock Haven University of Pennsylvania 2005 Field Hockey Roster

No.	Name	Pos.	Cl.	Ht.	Hometown/High School
0	Becca Yerkes	GK	R-So.	5-7	West Grove, Pa./Avon Grove
00	Ali Harris	GK	R-Fr.	5-6	Endicott, N.Y./Maine Endwell
1	Cheryl Edwards	GK	Fr.	5-3	Shoreham, N.Y./Shoreham Wading River
2	Samantha Stoyer	F	So.	5-5	Lititz, Pa./Manheim Township
4	Abigail Cerrone	MF/B	So.	5-0	Wappingers Falls, N.Y./Ketchum
5	Nicole Dearden	B/MF	Jr.	5-2	East Greenville, Pa./Quakertown Comm.
6	Nikki Sweger	F	Sr.	5-3	Dauphin, Pa./Central Dauphin East
8	Courtney Hughes	B	Sr.	6-1	Schwenksville, Pa./Souderton
9	Rebecca L. Steffen	B	Sr.	5-5	Hawley, Pa./Wallenpaupack Area
10	Mandy Alderfer	F	Jr.	5-4	Harleysville, Pa./Souderson
11	Blair L. Wynne	MF	So.	5-8	Arima, Trinidad & Tobago/Sangre Grande
12	Megan Bullock	MF/B	So.	5-3	Meshoppen, Pa./Elk Lake
15	Kristen Kasper	F	Fr.	5-3	Mohnton, Pa./Governor Mifflin
16	Jill Wessner	B	Jr.	5-1	Kutztown, Pa./Kutztown
*17/14	Renee Kemmerer	MF	So.	5-3	Nineveh, N.Y./Afton
20	Steph Auker	F	Fr.	5-3	Selinsgrove, Pa./Selinsgrove
22	Jennifer Churetta	MF	Sr.	5-6	Northampton, Pa./Northampton Area
24	Jill Houtz	F	Fr.	5-6	Myerstown, Pa./Eastern Lebanon County
25	Sarah Huber	F	Jr.	5-6	Plymouth Meeting, Pa./Christopher Dock
29	Allison Brooks	MF	Fr.	5-3	Pottstown, Pa./Owen J. Roberts
33	Mandy Daschbach	F	Jr.	5-3	Telford, Pa./Christopher Dock
*34/44	Alyssa True	MF	So.	5-7	Maytown, Pa./Donegal

Head Coach: Pat Rudy (10th Season: Lock Haven '77)
Assistant Coach: Shanna Vitale (Lock Haven '02)
Graduate Assistant Coach: Lacey Pustizzi (Hartwick '02)
Student Assistant Coach: Ryan Sherburne

***Home/Away**

pro - NUN - see - A - shun GUYED

Becca Yerkes	YER-keys	Abigail Cerrone	SUR-own
Nikki Sweger	SWEE-ger	Renee Kemmerer	KEM-er-er
Mandy Daschbach	DAZJ-bah	Blair L. Wynne	WIN

2005 Lock Haven Field Hockey
 Lock Haven Combined Team Statistics (as of Sep 19, 2005)
 All games

RECORD: OVERALL HOME AWAY NEUTRAL
 ALL GAMES..... (4- 3- 0) (3- 0- 0) (1- 3- 0) (0- 0- 0)
 CONFERENCE..... (0- 0- 0) (0- 0- 0) (0- 0- 0) (0- 0- 0)
 NON-CONFERENCE..... (4- 3- 0) (3- 0- 0) (1- 3- 0) (0- 0- 0)

DATE	OPPONENT	W/L	SCORE	ATT	## PLAYER	GP	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PS-AT	DS
Aug 28	VERMONT	W	3-0	130	25 HUBER, Sarah	7	3	3	9	15	.200	10	.667	0	0-0	0
Aug 31	LEHIGH UNIVERSITY	W	3-1	89	23 DASCHBACH, Mandy	7	3	1	7	21	.143	10	.476	2	0-0	0
Sep 02	at PENN STATE	L	1-4	357	11 WYNNE, Blair	7	3	1	7	12	.250	9	.750	1	0-0	0
Sep 09	at Towson	L	0-1	145	6 SWEGER, Nikki	7	2	2	6	24	.083	13	.542	1	0-0	0
Sep 11	LA SALLE UNIVERSITY	W	2-0	182	8 HUGHES, Courtney	7	1	0	2	16	.062	9	.562	0	0-0	3
Sep 17	at UALBANY	LOT	1-2	-	14 KEMMERER, Renee	7	0	1	1	5	.000	2	.400	0	0-0	0
Sep 18	at Colgate	W	OT 2-1	185	10 ALDERFER, Mandy	7	0	0	0	5	.000	2	.400	0	0-0	0
					4 CERRONE, Abigail	7	0	0	0	3	.000	0	.000	0	0-0	0
TEAM STATISTICS		LHU-FH	OPP	12 BULLOCK, Megan	6	0	0	0	2	.000	0	.000	0	0-0	0	0
				15 KASPER, Kristen	5	0	0	0	1	.000	0	.000	0	0-0	0	0
SHOT STATISTICS.....				5 DEARDEN, Nicole	6	0	0	0	1	.000	0	.000	0	0-0	0	0
Goals-Shot attempts....	12-106		9-67	2 STOYER, Samantha	7	0	0	0	1	.000	1	1.000	0	0-0	0	0
Goals scored average...	1.69		1.27	22 CHURETTA, Jennifer	4	0	0	0	0	.000	0	.000	0	0-0	0	0
Shot pct.....	.113		.134	16 WESSNER, Jill	5	0	0	0	0	.000	0	.000	0	0-0	0	0
Shots on goal-Attempts.	56-106		33-67	9 STEFFEN, Rebecca	7	0	0	0	0	.000	0	.000	0	0-0	0	0
SOG pct.....	.528		.493	Total.....	7	12	8	32	106	.113	56	.528	4	0-0	3	3
Shots/Game.....	15.1		9.6	Opponents.....	7	9	8	26	67	.134	33	.493	3	0-0	0	0
Assists.....	8		8													
PENALTY CORNERS.....	33		52													
PENALTY STROKES.....	0-0		0-0													
PENALTIES.....				## GOALTENDERS	GP	Minutes	GA	Avg	Sv	Pct	W	L	T	Sho		
Green cards.....	1		0	0 YERKES, Becca	7	497:55	9	1.27	32	.780	4	3	0	2		
Yellow cards.....	1		0	Total.....	7	497:55	9	1.27	33	.786	4	3	0	2		
Red cards.....	0		0	Opponents.....	7	497:55	12	1.69	50	.806	3	4	0	1		
ATTENDANCE.....																
Total.....	401		687													
Dates/Avg Per Date....	3/134		4/172													
Neutral Site #/Avg....	0/0															

GOALS BY PERIOD	1st	2nd	OT	Total
Lock Haven.....	4	7	1	12
Opponents.....	5	3	1	9
SHOTS BY PERIOD				
Lock Haven.....	51	53	2	106
Opponents.....	37	28	2	67
SAVES BY PERIOD				
Lock Haven.....	14	18	1	33
Opponents.....	25	24	1	50
PENALTY CORNERS				
Lock Haven.....	14	18	1	33
Opponents.....	31	19	2	52

Game #1

Lock Haven 3, Vermont 0

(Aug 28, 2005 at Lock Haven, Pa.)

Score by Games	1	2	Score
Vermont.....	0	0	- 0
Lock Haven.....	1	2	- 3

GOAL	Time	Team	##	Goal Scorer	Assists
1.	5:50	LHU-FH	23	DASCHBACH, Mandy (1)	
2.	39:47	LHU-FH	25	HUBER, Sarah (1)	11 WYNNE, Blair Penalty corner
3.	51:43	LHU-FH	8	HUGHES, Courtney (1)	25 HUBER, Sarah Penalty corner

Game #2

Lock Haven 3, Lehigh University 1

(Aug 31, 2005 at Lock Haven, Pa.)

Score by Games	1	2	Score
Lehigh University...	1	0	- 1
Lock Haven.....	0	3	- 3

GOAL	Time	Team	##	Goal Scorer	Assists
1.	7:58	LEHIGH	16	Kuenne, Mary Beth (2)	24 Iannarone, Marissa/ 22 Smith, Kelsey Penalty corner
2.	35:22	LHU-FH	6	SWEGER, Nikki (1)	23 DASCHBACH, Mandy
3.	56:19	LHU-FH	23	DASCHBACH, Mandy (2)	
4.	58:06	LHU-FH	25	HUBER, Sarah (2)	6 SWEGER, Nikki

Game #3

PENN STATE 4, Lock Haven 1

(Sep 02, 2005 at University Park, PA)

Score by Games	1	2	Score
Lock Haven.....	0	1	- 1
PENN STATE.....	2	2	- 4

GOAL	Time	Team	##	Goal Scorer	Assists
1.	17:47	PSU	4	BANTA, Shaun (1)	7 MASER, Carey Penalty corner
2.	33:58	PSU	6	LEGEL, Annelise (2)	3 HOSTETLER, Bekah
3.	38:10	LHU-FH	33	DASCHBACH, Mandy (1)	
4.	57:47	PSU	3	HOSTETLER, Bekah (3)	
5.	59:46	PSU	25	BERRENA, Natalie	

Game #4

Towson 1, Lock Haven 0

(Sep 09, 2005 at Towson, Maryland)

Score by Games	1	2	Score
Lock Haven.....	0	0	- 0
Towson.....	1	0	- 1

GOAL	Time	Team	##	Goal Scorer	Assists
1.	16:51	TOWSON	11	Richards, Kelli (2)	12 Swartz, Emily

Game #5

Lock Haven 2, La Salle University 0

(Sep 11, 2005 at Lock Haven, Pa.)

Score by Games	1	2	Score
La Salle University.	0	0	- 0
Lock Haven.....	2	0	- 2

GOAL	Time	Team	##	Goal Scorer	Assists
1.	10:09	LHU-FH	6	SWEGGER, Nikki (2)	25 HUBER, Sarah
2.	15:42	LHU-FH	25	HUBER, Sarah (3)	

Game #6

UALBANY 2, Lock Haven 1

(Sep 17, 2005 at Saratoga Springs, NY)

Score by Games	1	2	OT	Score
Lock Haven.....	0	1	0	- 1
UALBANY.....	1	0	1	- 2

GOAL	Time	Team	##	Goal Scorer	Assists
1.	33:24	UALBANY	23	Bryson, Tina (3)	14 Westdorp, Arlette
2.	54:09	LHU-FH	11	WYNNE, Blair (1)	6 SWEGGER, Nikki
3.	72:32	UALBANY	14	Westdorp, Arlette (2)	8 Weaver, Kasey/13 Walter,

VanessaPenalty corner

Game #7

Lock Haven 2, Colgate 1

(Sep 18, 2005 at Hamilton, N.Y.)

Score by Games	1	2	OT	Score
Lock Haven.....	1	0	1	- 2
Colgate.....	0	1	0	- 1

GOAL	Time	Team	##	Goal Scorer	Assists
1.	14:32	LHU-FH	11	WYNNE, Blair	14 KEMMERER, Renee/25 HUBER, Sarah
2.	41:12	CU	11	Zaharris, Kaley	
3.	75:23	LHU-FH	11	WYNNE, Blair	