

Lock Haven University Field Hockey Individual Post Season

Last updated (6/17/08)

1974

Ronnie Lawson:

United States Team, competed in World
Cup in Edinburgh, Scotland

1977

Wendy Keller:

Alternate on U.S. Team

Kim Pallastrone:

Alternate on U.S. Team

1978

Kim Pallastrone:

U.S. Team

1979

Karen Weaver:

Mitchell & Ness All-American
Honorable Mention

1980

Kim Pallastrone:

U.S. Team

1981

Jill Ridley:

Mitchell & Ness All-American
Honorable Mention,

All-Pennsylvania Conference

Kelly Canavan:

All-Pennsylvania Conference

Roxie Gustitus:

All-Pennsylvania Conference

Sandy Miller:

All-Pennsylvania Conference

Sandy Sheesley:

All-Pennsylvania Conference

1982

Ann Grimm:

Mitchell & Ness First Team

All-American (only Division II Player
on team), College Field Hockey Coaches

Association(CFHCA) All-American,
All-Conference

Sherry Derr:

CFHCA All-American, All-Conference

Sandy Miller:

CFHCA All-American, All-Conference

Kate Murphy:

CFHCA All-American, All-Conference

Bonnie Lassen:

All-Conference

1983

Ann Grimm:
Mitchell & Ness First Team All-American
(only Division II Player on team),
Broderick Award Nominee,
CFHCA All-American, All-Conference
Tracy Coates:
CFHCA All-American, All-Conference
Sherry Derr:
CFHCA All-American, All-Conference
Kate Murphy:
CFHCA All-American, All-Conference
Ginny Neiss:
CFHCA All-American, All-Conference
Patti Gillespie:
All-Conference
Bonnie Lassen:
All-Conference

1984

Sherry Derr:
Mitchell & Ness All-American,
CFHCA All-American, All-Mid/Atlantic Region
Ginny Neiss:
Mitchell & Ness
All-American, CFHCA All-American,
All-Mid-Atlantic Region

1985

Wendy Heiges:
All-Mid-East, All-Conference, Division I Recognition
Bev Young:
All-Mid-East, All-Conference,
Division I Recognition
Lori Sanella:
All-Mid-East Honorable Mention
Heidi Firth:
All-Conference, Division I Recognition

1986

Ginny Neiss:
All-Mid-East, All-Conference,
Division I Recognition
Lori Sanella:
All-Mid-East, All-Conference,
Division I Recognition
Diane Lokey:
All-Conference, Division I Recognition

1987

Heidi Firth:
All-Mid-East, All-Conference
Division I Recognition
Tami Flowers:
All-Mid-East, All-Conference,
Division I Recognition
Kim Hasson:
All-Conference, Division I Recognition

1988

Dawn Zipay:

CFHCA Division I National Academic
Team, All-Conference Division I Recognition
Jill LaPoint:

All-Conference, Division I Recognition
Missy Carman:

All-Conference, Division I Recognition

1989

Missy Carman:

CFHCA First Team All-American,
First Team All-Region, NCAA All-Tournament Team, All-
Conference, CFHCA National
Academic Team

Dawn Zipay Therrell:

CFHCA National Academic Team, NCAA All-Tournament Team,
Second Team All-Region, All-Conference

Tara Egolf:

CFHCA All-American Honorable Mention, First Team All-Region,
NCAA All-Tournament Team, All-Conference

Diane Yonker:

CFHCA All-American Honorable Mention, First Team All-Region,
All-Conference

Dot Schmidt:

Second Team All-Region, All-Conference

Gia Sgrignoli:

Second Team All-Region, NCAA All-
Tournament Team, All-Conference

Kelly Charles:

All-Conference Honorable Mention

1990

Laurie Kerr:

CFHCA Second-Team All-American,
First Team All-Region,
First Team All-Conference

Robyn Rinkowski:

First Team All-Region,
First Team All-Conference

Teresa Cisney:

First Team All-Region,
First Team All-Conference

Gia Sgrignoli:

Second Team All-Region,
First Team All-Conference

Brooke Altland:

All-Conference Honorable Mention

Beth Stitzel:

NCAA Division III Final Four All-
Tournament Team

1991

Robyn Rinkowski:

CFHCA First Team All-American,
First Team All-Region,
First Team All-Conference

Brooke Altland:

CFHCA Second Team All-American,
First Team All-Region,
First Team All-Conference

Teresa Cisney:
CFHCA Third Team All-American,
First Team All-Region,
First Team All-Conference

Beth Stitzel:
CFHCA Second Team All-Region,
All-Conference Honorable Mention

Amy Dante:
First Team All-Conference

Alison Brita:
First Team All-Conference

1992

Kris Balthaser:
National Academic All-American

Alison Brita:
CFHCA First Team All-American,
First Team All-PSAC

Amy Dante:
CFHCA Second Team All-American,
First Team All-PSAC

Colette Gasparini:
CFHCA First Team All-American,
First Team All-PSAC

Stacy Heiserman:
CFHCA Second Team All-American,
First Team All-PSAC

Carri Hogg:
Division II National Championship
All-Tournament Team

Beth Stitzel:
First Team All-PSAC, Member CFHCA
Division II Senior All-Star Team

Stephanie Teleky:
CFHCA First Team All-American,
First Team All-PSAC, Division II
National Championship All-Tournament Team

Tracy Trapp:
CFHCA First Team All-American,
First Team All-PSAC, Member CFHCA
Division II Senior All-Star Team

Tracy Wilcox:
Division II National Championship
All-Tournament Team

1993

Colette Gasparini:
CFHCA First Team All-American,
First Team All-PSAC

Stephanie Teleky:
CFHCA First Team All-American,
First Team All-PSAC

Alison Brita:
CFHCA First Team All-American,
CFHCA Senior All-Star Member

Melanie Helm:
CFHCA Second Team All-American

Kristin Muracco:

CFHCA Second Team All-American,
First Team All-PSAC

Carri Hogg:

CFHCA Second Team All-American

Kristen Balthaser:

CFHCA Second Team All-American,
Academic All-American, CFHCA Senior
All-Star Member

Leslie Knopp:

CFHCA Second Team All-American

1994

Colette Gasparini:

Honda/Broderick Cup Nominee,
First Team CFHCA All-American,
PSAC Player of the Year, First Team All-PSAC

Stephanie Teleky:

First Team CFHCA All-American,
First Team All-PSAC

Melanie Helm:

First Team CFHCA All-American,
First Team All-PSAC

Caroline Gillich:

First Team CFHCA All-American,
First Team All-PSAC

Lisa Kopp:

Second Team CFHCA All-American,
First Team All-PSAC

Carri Hogg:

Second Team CFHCA All-American

Kris Muracco:

Second Team CFHCA All-American,
Second Team All-PSAC

1995

Melanie Helm:

First Team All-American, PSAC Player of the Year, First Team All-
PSAC, NCAA All-
Tournament Team

Caroline Gillich:

First Team All-American, Honda/Broderick Cup
Nominee, First Team All-PSAC,
National Academic Squad

Carri Hogg:

First Team All-American, First Team All-PSAC

Dawn Smith:

First Team All-American, First Team All-PSAC, National Academic
Squad

Tracy Wilcox:

Second Team All-American, Second Team All-PSAC, National
Academic Squad,
PSAC Championship MVP

Cheri Drysdale:

Second Team All-PSAC,
National Academic Squad

Diane Drumheller:

Second Team All-PSAC,
NCAA All-Tournament Team

Debbie Wilkins:
National Academic Squad,
NCAA All-Tournament Team
Sonia Seibel:
National Academic Squad

1996

Melanie Helm:
First Team All-American, PSAC Player of the Year, First Team All-
PSAC, NCAA All-Tournament Team

Stacy Karloski:
First Team All-American,
Second Team All-PSAC

Dawn Smith:
First Team All-American

Diane Drumheller:
Second Team All-American,
Second Team All-PSAC

Cheri Drysdale: Second Team All-American, First Team All-PSAC,
Competed on USA
Junior World Cup Team

Kristen Geissler:
Second Team All-American,
Second Team All-PSAC

Sharon Kreider:
First Team All-PSAC,
NCAA All-Tournament Team

Cori Anderson:
Second Team All-PSAC

1997

Diane Drumheller:
First Team All-American, First Team All-PSAC

Kristen Geissler:
Second Team All-American,
Second Team All-PSAC

Heidi Sanders:
First Team All-PSAC

Cori Anderson:
Second Team All-PSAC

Pam Gauss:
Second Team All-PSAC

1998

Cori Anderson:
Second Team All-American,
First Team All-PSAC

Tara Beach:
Second Team All-American,
First Team All-PSAC

Cheri Drysdale:
First Team All-American, Second Team
All-PSAC, PSAC Championship MVP,
NCAA All-Tournament Team, NFHCA
Division II North/South Senior All-Star, National Academic Squad

Becky Hinton:
Second Team All-American,
Second Team All-PSAC

Carrie Shea:

National Academic Squad

Ann Smith:

NFHCA Division II North/South Senior All-Star

Shana Vitale:

First Team All-American, First Team All-PSAC,
NCAA All-Tournament

1999

Cori Anderson:

First Team All-American, First Team All-PSAC; NFHCA Senior All-Star

Tara Beach:

Second Team All-American,

First Team All-PSAC

Becky Hinton:

First Team All-American, First Team All-PSAC; NFHCA Senior All-Star

Deb Lutz:

First Team All-PSAC

2000

Shana Vitale:

First Team All-American, First Team All-PSAC, PSAC Athlete of the Year, NCAA Division II All-Tournament Team, NFHCA Division II North/South Senior All-Star; NCAA Division II Honda Award nominee for field hockey

Shannon Spease:

First Team All-American, First Team All-PSAC, PSAC Championships MVP, NCAA Division II All-Tournament Team

Tara Beach:

First Team All-American, First Team All-PSAC

Erika Grap:

First Team All-American, Second Team All-PSAC, NCAA Division II All-Tournament Team

Jen DeNault:

Second Team All-American, Second Team All-PSAC, NCAA Division II All-Tournament Team, PSAC Rookie of the Year

Michelle Hickey:

NFHCA Senior All-Star

Angelique Conklin:

NFHCA Academic All-American

Amy Hale:

NFHCA Academic All-American

Ododo Omo Osagie:

NFHCA Academic All-American

Carrie Witherel:

NFHCA Academic All-American

Marci Yousaitis:

NFHCA Academic All-American

2001

Shannon Spease:

NCAA Division II First Team All-American, ECAC Player of the Year, ECAC All-Star, PSAC Athlete of the Year, PSAC Championship MVP, First Team All-PSAC, North/South Senior All-Star.

Erika Grap:

NCAA Division II First Team All-American, Second Team All-PSAC.

Val George:

First Team All-PSAC, North/South Senior All Star.
Janelle Ebaugh:
NCAA Division II Second Team All-American, First Team All-PSAC.
Jen DeNault:
NCAA Division II First Team All-American, First Team All-PSAC,
ECAC All Star.
Kellie Kulina:
Second Team All-PSAC
Tara Beach:
NCAA Division II First Team All-American, North/South Senior All-
Star.
Marcy Frymoyer:
North/South Senior All Star.
Amy Hale:
NFHCA Academic All-American.
Lauren Kelchner:
NFHCA Academic All-American.
Sara Segerlin:
NFHCA Academic All-American.
Kathryn Stewart:
NFHCA Academic All-American.
Carrie Witherel:
NFHCA Academic All-American.
Nikki Sweger:
All-NEC Team
Alyssa True:
NFHCA National Academic Squad
Erin Weibley:
NFHCA National Academic Squad, NEC Honor Roll
Jill Wessner:
NFHCA National Academic Squad, NEC Honor Roll
Rebecca Yerkes:
NFHCA National Academic Squad, NEC Honor Roll
2002
Jennifer Churetta:
NFHCA Academic All-American.
Jen DeNault:
First Team All-American, First Team All-PSAC, NCAA All-
Tournament Team, ECAC All-Star.
Janelle Ebaugh:
First Team All-American, First Team All-PSAC, NCAA All-
Tournament Team, ECAC All-Star.
Erika Grap:
First Team All-American, First Team All-PSAC, NCAA All-
Tournament Team, NFHCA Division II North/South Senior All-Star,
ECAC All-Star.
Amy Hale:
First Team All-PSAC, NFHCA Division II North/South Senior All-
Star, NFHCA Academic All-American.
Courtney Hughes:
Second Team All-PSAC.
Lauren Kelchner: NFHCA Academic All-American
Kellie Kulina:
Second Team All-PSAC.
Sara Segerlin: NFHCA Academic All-American.
Katie Stewart: NFHCA Academic All-American.

Melissa Stubblefield:
Second Team All-PSAC.
Mandy Sullivan: NFHCA Academic
All-American.
Nikki Sweger:
Second Team All-American, PSAC Rookie of the Year, Second
Team All-PSAC.
Erin Weibley: NFHCA Academic All-American
Carrie Witherel:
NFHCA Division II North/South Senior All-Star, NFHCA Academic
All-American.

2003

Mandy Alderfer:
PSAC Rookie of the Year, Second Team All-PSAC, NFHCA
National Academic Squad
Tabitha Benjamin:
NFHCA National Academic Squad
Jennifer Churetta:
NFHCA National Academic Squad
Jen DeNault:
NCAA Division II Player of the Year, First Team All-American,
PSAC Player of the Year, First Team All-PSAC, NFHCA Senior All-
Star
Sarah Huber:
NFHCA National Academic Squad
Courtney Hughes:
Second Team All-American, First Team All-PSAC
Kellie Kulina:
Second Team All-American, Second Team All-PSAC
Sara Segerlin:
Second Team All-PSAC, NFHCA Senior All-Star, NFHCA National
Academic Squad
Katie Stewart:
NFHCA National Academic Squad
Melissa Stubblefield:
First Team All-PSAC
Mandy Sullivan:
NFHCA National Academic Squad
Nikki Sweger:
First Team All-American, First Team All-PSAC
Erin Weibley:
NFHCA National Academic Squad
Jill Wessner:
NFHCA National Academic Squad
Rebecca Yerkes:
NFHCA National Academic Squad

2004

Amanda Alderfer:
NFHCA National Academic Squad, NEC Honor Roll
Jennifer Churetta:
NFHCA National Academic Squad, NEC Honor Roll
Nicole Dearden:
NEC Honor Roll
Alexandra Harris:
NFHCA National Academic Squad
Sarah Huber:

NFHCA National Academic Squad, NEC Honor Roll
Courtney Hughes:
All-NEC Team
Kellie Kulina:
All-NEC Team
Pat Rudy:
NEC Coach of the Year
Rebecca Steffen:
NEC Defensive Player of the Year, Third Team All-American by
WomensFieldHockey.com
Katie Stewart:
NFHCA National Academic Squad, NEC Scholar-Athlete, All-NEC
Team

2005

Amanda Alderfer:
NEC Honors
Alexandra Harris:
NEC Honors
Alyssa Tru:
NEC Honors
Blair Wynne:
WomensFieldHockey.com Third Team All-American, NFHCA All-Mideast Region First Team, All-
NEC Team, NEC Player of the Year
Becca Yerkes:
NEC Honors
Courtney Hughes:
NFHCA Second-Team All-Mideast Region, NFHCA Senior All-Star Game, All-NEC Team, NEC
Defensive Player of the Year, NEC Honors
Jennifer Churetta:
NEC Honors
Jill Wessner:
NEC Honors
Nikki Sweger:
All-NEC Team
Rebecca Steffen:
All-NEC Team
Samantha Stoyer:
NEC Honors
Sarah Huber:
NEC Honors

2006

Megan Albert:
NFHCA Division I Academic Squad
Mandy Daschbach:
All-NEC Second Team
Alexandra Harris:
NFHCA Division I Academic Squad
Jill Houtz:
NFHCA Division I Academic Squad
Sarah Huber:
All-NEC First Team, NFHCA All-Mideast Region Second Team, NFHCA Division I Academic
Squad
Mary Keister:
NFHCA Division I Academic Squad
Renee Kemmerer:
All-NEC Second Team

Samantha Stoyer:

NFHCA Division I Academic Squad

Jill Wessner:

All-NEC First Team, NEC Scholar-Athlete, NFHCA Division I Academic Squad

Blair Wynne:

All-NEC First Team, NFHCA All-Mideast Region First Team

Rebecca Yerkes:

NFHCA Division I Academic Squad

2007

Women'sFieldhockey.com All-American Third Team

Blair Wynne

Longstretch/National Field Hockey Coaches Association Division I All-American Second Team

Blair Wynne

Longstretch/National Field Hockey Coaches Association Division I All-Mideast Region Team

Blair Wynne- First Team

Alana Lewis- Second Team

NEC Player of the Year

Blair Wynne

NEC Offensive Player of the Year

Blair Wynne

NEC Tournament MVP

Blair Wynne

NEC Defensive Player of the Year

Alana Lewis

NEC First Team

Suzann Hobart

Renee Kemmerer

Alana Lewis

Sam Stoyer

Blair Wynne

NEC Second Team

Abigail Cerrone

NEC Rookie of the Year

Amy Hordendorf

NEC Rookie of the Week

Amy Hordendorf (8/27), (10/19)

Tonia Marie James (9/18), (9/25)

NEC Player of the Week

Blair Wynne (8/27), (10/1)

Suzann Hobart (9/10), (9/18)

Renee Kemmerer (9/25)

Amy Hordendorf (10/15)

NEC Fall Academic Honor Roll

Megan Albert

Ali Harris

Suzann Hobart

Amy Hordendorf

Jill Houtz

Casey Hughes

Tonia Marie James

Tabitha Jay

Mary Keister

Sam Stoyer

2008

Longstreth/National Field Hockey Coaches Association (NFHCA) Division I Second Team All-American

Blair Wynne

Women'sFieldHockey.com Jack & Jill All-American Second Team

Blair Wynne

Longstreth/National Field Hockey Coaches Association (NFHCA) Division I All-Mideast Region

Amy Hordendorf

Alana Lewis

Blair Wynne

NEC Player of the Year

Blair Wynne

NEC Offensive Player of the Year

Blair Wynne

NEC Defensive Player of the Year

Alana Lewis

NEC First Team

Suzann Hobart

Amy Hordendorf

Alana Lewis

Blair Wynne

NEC Player of the Week

Suzann Hobart (10/20)

Amy Hordendorf (9/3, 9/22, 10/27)

Blair Wynne (9/8, 9/15)

Women'sFieldHockey.com Jack & Jill Division I Player of the Week honor roll

Amy Hordendorf (9/24)

Havensports.com Athlete of the Week

Amy Hordendorf (9/23)

Suzann Hobart (10/14)

NEC Scholar Athlete

Blair Wynne

NEC Honor Roll

Leslie Ahern

Megan Albert

Carly Fry

Suzann Hobart

Amy Hordendorf

Jill Houtz

Casey Hughes

Tonia Marie James

Heather McHugh

Talitha Jay

Mary Keister