

**LOCK HAVEN UNIVERSITY TRACK AND FIELD
MEN'S OUTDOOR TOP 5 PERFORMANCE LIST
5/28/2008**

100 Meters

1	Willie Rivera	10.74	81
2	Matt Stinson	10.76	02
3	Greg Mock	10.78	08
4	Jonathan Chichilitti	10.79	00
5	James Gamble	10.80	82

110 High Hurdles

1	Carl Fisher	14.46	90
2	Paul Martin	14.52 w.a.	08
		14.58	08
3	Dennis Fisher	14.78	88
4	Todd Hyman	14.95	85
5	Matt Stinson	14.97	02

200 Meters

1	Anesu Mushonga	21.62	03
2	Joe Webster	21.63	03
3	Willie Rivera	21.84	81
4	Jonathan Chichilitti	21.97	00
5	Greg Mock	22.10	07

400 Meters

1	Steve Reeser	47.21	88
2	Joe Webster	47.62	03
3	Chris Edelman	48.18	08
4	Matt Sauls	48.38	01
5	Anesu Mushonga	48.47	03

400 Intermediate Hurdles

1	Paul Martin	51.42	08
2	Carl Fisher	51.51	90
3	Todd Hyman	52.63	85
4	Mike Brito	52.97	04
5	Jacob Merrill	53.22	04

800 Meters

1	Matthew Sauls	1:49.95	99
2	Steve Reeser	1:52.75	89
3	Cory Spidell	1:52.90	07
4	Rob Mortensen	1:53.11	00
5	Bob Walker	1:53.70	81

1500 Meters

1	Ryan Blood	3:47.20	08
2	Cory Spidell	3:50.57	07
3	Rob Mortensen	3:51.38	00
4	Brandon Pomerantz	3:52.63	07
5	Chris Cowan	3:52.83	04

Mile/1600 Meters

1	Mike Gaige	4:12.24	73
2	Steve Podjagny	4:14.24	72

3200 Meter Relay

1	Lightfoot, Mortensen, Gomes, Sauls	7:38.01	99
2	Comstock, Gomes, Eagler, Mortensen	7:47.74	00
3	Lightfoot, Eagler, Gomes, Sauls	7:48.37	01
4	McConnell, Pomerantz, Shoop, Spidell	7:51.38	07
5	Lightfoot, Gomes, Eagler, Mortensen	7:52.28	00

6000 Meter Relay

1	Mortensen, Comstock, Moyer, Gomes	16:16.97	99
2	Stoltzfus, Brenner, Faulkner, Susten	17:09.43	94
3	Brenner, Sherwood, Susten, Steward	17:23.20	95
4	Russell, McMichael, Brenner, Stoltzfus	17:37.24	93

Distance Medley Relay

1	Gomes, Lightfoot, Sauls, Comstock	10:04.09	99
2	Spidell, Edelman, McConnell, Pomerantz	10:06.70	07
3	Gomes, Lightfoot, Sauls, Mortensen	10:08.80	99
4	Gomes, Chichilitti, Eagler, Mortensen	10:17.85	0
5	Loht, Newsom, Fiorillo, Settle	10:19.34	77

Sprint Medley Relay

1	Fisher, Sowers, Reeser, Wheeler	3:30.00	90
2	Mike Smith, Chichilitti, Webster, Sauls	3:31.89	01
3	Lockley, Mock, McConnell, Spidell	3:32.00	07
4	Reitz, L. Lewis, Hess, Freed	3:32.68	96
5	G. Fisher, Mills, Chichilitti, Mortensen	3:34.75	99

Shuttle Hurdles

1	Smith, Jorgensen, Lockwood, Walters	1:04.60	77
2	Woodard, Jorgensen, Baxter, Mullen	1:05.70	78

Shot Put

3	Bill English	4:18.94	67
4	Brandon Pomerantz	4:20.35	08
5	Ryan Comstock	4:20.37	98

3000 meters

1	Ryan Blood	8:25.31	08
2	Chris Cowan	8:37.32	02
3	Brandon Pomerantz	8:41.95	07
4	Rob Mortensen	8:46.74	00
5	Tim Getz	8:48.33	08

3000 Meter Steeplechase

1	Chris Robson	9:03.28	07
2	Steve Moyer	9:06.08	00
3	Mark Amway	9:13.96	83
4	Bill Buckenmeyer	9:18.27	06
5	Nick Hilton	9:28.7h	08

5000 Meters

1	Ryan Blood	14:02.49	08
2	Chris Cowan	14:26.08	05
3	Chris Robson	14:39.84	07
4	Aaron Benson	14:41.34	05
5	Mark Amway	14:47.00	82

10000 Meters

1	Ryan Blood	29:45.09	08
2	Chris Cowan	30:00.03	05
3	Rick Blood	30:28.74	81
4	Aaron Benson	30:31.74	05
5	Greg Davis	31:35.49	05

400 Meter Relay

1	Webster, Stinson Veldhuis, Mushonga	41.15	03
2	Webster, M. Smith Mills, Chichilitti	41.39	00
3	Webster, Stinson Higgs, Chichilitti	41.47	01
4	Brito, Veldhuis Hite, Mushonga	41.74	04
5	Lockley, Martin Wilkinson, Mock	41.96	07

800 Meter Relay

1	Seese, G. Fisher, Umbenhouer, Chichilitti	1:30.60	99
2	Narcisse, Wynings, Walker, Chichilitti	1:31.18	98
3	Weaver, S. Kravitz, Thurman, Ivie	1:32.90	93

1600 Meter Relay

1	Webster, Veldhuis Stinson, Mushonga	3:12.35	03
2	Webster, Mushonga Stinson, Veldhuis	3:12.51	03

1	Tom Burns	50' 7"	76
2	Fieldon Daubert	50' 3"	03
3	Robert Wright	49' 8"	71
4	Steve Taylor	49' 4-3/4"	99
5	Michael Bergey	48' 8"	99

Discus

1	Tom Carey	175' 4"	01
2	Michael Bergey	158' 0"	99
3	Mike Mitchell	157' 7"	70
4	Logan Wolfe	157' 4"	08
5	Ryan Yurchick	151' 2"	07

Javelin

1	Nick Slotterback	220' 5"	03
2	Jason DeVallance	219' 4"	94
3	Fieldon Daubert	207' 2"	03
4	Mike McRae	198' 11-1/2"	89
5	Aaron Weaver	196' 5"	07

Long Jump

1	Ben Omiegbe	24' 5"	77
2	Gary Fisher	23' 11-1/4 (w.a.)	02
3	Carl Fisher	23' 9"	88
4	Matt Stinson	23' 7-1/2"	03
5	Jeff Mills	23' 4-3/4"	00

Triple Jump

1	Byron Monts	48' 10-1/2"	77
2	Carl Fisher	47' 6-1/2"	90
3	Brian Lennex	46' 8"	03
4	Jeff Mills	46' 3-3/4"	00
5	Jacob Merrill	46' 2-3/4"	01

High Jump

1	Jim Dempsey	7' 0-1/2"	07
2	Stan Burke	6' 11"	78
3	Jeff Mills	6' 10-1/4"	00
4	Aaron Wynings	6' 9"	95
	Glen Allison	6' 9"	94

Pole Vault

1	Andy Pollison	15' 9"	04
2	Glen Allison	15' 1"	94
3	Eric Robinson	15' 0-3/4"	00
4	Matt Brousse	15' 0"	01
5	Willie Rivera	14' 9"	79

Hammer

1	Fieldon Daubert	164' 3"	04
2	Randy Sylvia	163' 8"	07
3	Julius Magrino	155' 5"	04
4	Logan Wolfe	149' 10"	08
5	Ed Kaminski	143' 8-1/2"	04

Decathlon

1	Matt Stinson	7002	02
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3	Martin, McConnell Wilkinson, Edelman	3:13.43	08
4	Lightfoot, Mills, Chichilitti, Sauls	3:15.18	99
5	Adams, Gamble, Ligons, Walker	3:15.84	80

2	Keith Veldhuis	6653	03
3	Jeremy Bradley	6193	01
4	Shawn Clancy	6116	06
5	Steve Funk	6026	85