

Ashley Gardner



Top Events / Times

200 Backstroke – 2:15.20
100 Backstroke – 1:02.88
400 IM – 4:58.92
200 IM – 2:19.17

Full Name: Ashley Lauryn Sutton Gardner
Birthday: May 5, 1989

FRESHMAN from Smyrna, Delaware
Height: 5' 5"

Chose LHU because of the swimming program and coach.

Ashley is a member of the FYE program at LHU.

Career Description:

HIGH SCHOOL ... graduated from Dover High School where she was coached by Glenn Gabrecik...school record holder in the 200 IM...team captain her junior and senior year was a 4 time conference qualifier with 5 runner up finishes, and back to back titles in her junior & senior year in the 100 backstroke, also won the 200 IM as a senior year...qualified 4 times for the Delaware state high school meet, placing 8th in the 100 backstroke as a Sophomore...received Honorable Mentioned All State as a sophomore...awarded MVP honors all 4 years...was also a member of the Cross Country and Track team...also represented the Central Delaware YMCA coached by her father Chris Gardner...YMCA record holder in the 400 IM & 200 backstroke...qualified for the YMCA long course national championships 3 times...a 2 time member of the Middle Atlantic winter Zone team.

Personal Background:

Daughter of Chris and Kelly Gardner...has one brother, Christopher (12)...major is history...has 3 dogs, Corona, Coors and Amstel...chose LHU over Mesa State.

Personality:

Dream Job is a Head Swimming Coach at a Division I school.

3 words that Ashley uses to describe herself are (1) Obnoxious (2) Friendly (3) Loud

Hobby outside of swimming is listening to music.

Lucky number is 5.

Favorite...

Part about swimming is swimming a good time.

Holiday is Christmas.

Food is French Fries.

Ice Cream Flavor is Mint Chocolate Chip.

TV Show is One Tree Hill.

Movie is Miracle.

Actor/Actress is Kurt Russell.

Book is Harry Potter and Awaken the Olympian Within.

Magazine is Splash, Seventeen and Cosmogirl.

Zoo Animal are Panda Bears.

Cartoon Character is Scooby Doo.

Color is Orange.