

Kelly Grieneisen



Top Events / Times

200 Freestyle – 1:59.27

500 Freestyle – 5:26.84

100 Freestyle – 55.71

Full Name: Kelly Marie Grieneisen

Birthday: July 7, 1986

SENIOR from Plum, Pennsylvania

Height: 5' 9"

Chose LHU because of the small town, swim team and her sister & best friend enrolled a year before her.

Current School Record Holder

400 Freestyle Relay

800 Freestyle Relay

Current LHU Pool Record Holder

800 Freestyle Relay

Currently Hold Spots on the LHU All-Time Top 5 Performance List

200 Freestyle (3rd)

Career Description:

JUNIOR ... PSAC qualifier...point scoring performances at PSAC's were 200 freestyle relay (8th), 400 medley relay (11th), 200 medley relay (8th), 800 freestyle relay (9th), 400 freestyle relay (7th)...top 3 individual performances on the season were 200 freestyle (3rd) vs. Limestone, 200 freestyle (2nd) vs. East Stroudsburg, 200 freestyle (2nd), 100 freestyle (2nd) @ Mansfield, 500 freestyle (3rd) @ Golden Bear Invitational, 200 freestyle (1st), 100 freestyle (2nd) vs. Juniata, 200 freestyle (1st) @ University of North Florida, 100 freestyle (3rd) @ California, 200 backstroke (3rd) vs. IUP, 200 freestyle (1st), 500 freestyle (1st) vs. Millersville.

SOPHOMORE ... PSAC qualifier...point scoring performances at PSAC's were 200 freestyle relay (7th), 200 freestyle (15th), 800 freestyle relay (7th), 400 freestyle relay (7th)...top 3 individual performances on the season were 200 freestyle (3rd) @ East Stroudsburg, 100 freestyle (2nd) vs. Mansfield, 50 freestyle (2nd), 100 freestyle (2nd) @ PSU-Altoona, 200 freestyle (2nd) @ Golden Bear Invitational, 200 freestyle (2nd) vs. Juniata, 200 freestyle (3rd) vs. California, 200 freestyle (1st), 100 freestyle (2nd) vs. Millersville.

FRESHMAN ... PSAC qualifier...point scoring performances at PSAC's were the 200 freestyle (9th), 400 freestyle relay (8th), 400 medley relay (10th) and 800 freestyle relay (10th)...further records/results are unavailable.

HIGH SCHOOL ... graduated from Plum Senior High School where she was coached by Rob Farinelli...team captain as a senior...a 4 time WPIAL qualifier...was also a member of the Cross Country and Track teams...also represented the Allegheny Valley YMCA coached by Rob Farinelli.

Personal Background:

Daughter of Paul and Linda Grieneisen...has one sister, Katie (22) a former Lady Eagle Swimmer...majoring in Sports Administration...has three cats, Tasha, Maggie, Chelsea, three dogs, DeDee, Xena, Cloie, one hamster, Macie...chose LHU over Slippery Rock.

Personality:

Dream Job is to be a College Athletic Director.

3 words that Kelly uses to describe herself are (1) Laid Back (2) Friendly (3) Morning Person

Hobby outside of swimming is Shopping and Sleeping.

Lucky number is 7.

Favorite...

Part about swimming is not sweating and going on training trips.

Holiday is the Fourth of July.

Food is Burritos.

Ice Cream Flavor is Ben & Jerry's American Pie.

TV Show is Reba.

Movie is Wedding Crashers.

Actor/Actress is Sandra Bullock & Vince Vaughn.

Book is Swimming for Dummies.

Magazine is Cosmo.

Zoo Animal is the Koala Bear.

Cartoon Character is Tommy Pickles.

Color is Turquoise.