

Stephanie Kudrick



Top Events / Times

100 Breaststroke – 1:08.19

200 Breaststroke – 2:33.10

Full Name: Stephanie Ann Kudrick

Birthday: June 18, 1986

R-Junior from Coudersport, Pennsylvania

Height: 5' 7"

Chose LHU because of the great Health and Physical Education program.

Stephanie is a member of the LHUAPHERD and PAPERD organizations.

Career Description:

JUNIOR ... redshirted the 2006-2007 season ... was named to the deans list.

SOPHOMORE ... competed at Westminster College.

FRESHMAN ... competed at Lycoming College...set school records in the 100 breaststroke, and 200 medley relay.

HIGH SCHOOL ... graduated from Coudersport High School where she swam unattached and was coached by her father Donald Kudrick... set school records in the 100 breaststroke, 50 freestyle, 100 freestyle and 200 IM...was a 3 time district qualifier...3 time PIAA state meet qualifier finishing in the top 8 in the 100 breaststroke...was also a member of the Cross Country, Track teams and Cheerleading squad...also represented the Bradford YMCA coached by Nick Wice...placed second at the PA YMCA state championships...qualified for YMCA long course national championships...2003 State Games of America National Champion in the 50, 100 and 200 breaststroke.

Personal Background:

Daughter of Donald and Kimberly Kudrick...has four brothers, Donny (22) a graduate of SUNY Farmindale, Daniel (15), Dustin (8), and David (8)...majoring in Health and Physical Education...has one dog, Bailley...in 2003 was appointed by the PA state legislation for her perseverance in sport, community service and academics.

Personality:

Dream Job is to be a Sports Psychologist.

3 words that Stephanie uses to describe herself are (1) dedicated (2) good work ethic (3) perfectionist

Hobby outside of swimming is scrapbooking and making crafts.

Lucky number is 7.

Favorite...

Part about swimming is the challenge.

Holiday is Christmas.

Food is her Grandma Foltz's Homemade Ham Dinner.

Ice Cream Flavor is Cold Stone Cheesecake w/ graham cracker crust and strawberries.

TV Show is America's Next Top Model and American Idol.

Movie is The Notebook.

Actor/Actress is Denzel Washington.

Book is The Notebook.

Magazine is People.

Zoo Animal is the Zebra.

Cartoon Character is Scooby Doo.

Color is Pink.