

6 LOCK HAVEN UNIVERSITY LACROSSE

April 26 -- vs. #7 Bloomsburg

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Lock Haven Lacrosse Quick Facts

Name of SchoolLock Haven University
 City/State/ZipLock Haven, PA 17745
 Founded1870
 Enrollment5,129
 NicknameLady Eagles
 School ColorsCrimson and White
 Home FieldCharlotte Smith Field
 AffiliationNCAA Division II
 Conference Pennsylvania State Athletic Conference
 PresidentDr. Keith T. Miller
 Alma MaterUniversity of Arizona
 Athletics DirectorSharon E. Taylor
 Alma MaterLock Haven
 First Year of Lacrosse.1969
 All-Time Record187-210-3
 Last PSAC Title1985
 NCAA/AIAW Tournament Appearances2 (1980)
 Overall Record in 200514-3
 PSAC Mark9-3
 Head Coach.Kristen Selvage
 Alma Mater..Lock Haven 98
 Record at School/Year.37-29/four
 Career Record/Yearssame
 Assistant Coaches.Kenneth Baldino (Muhlenberg 02)



Kristen Selvage enters her fourth season as the Lock Haven University head women's lacrosse coach. Geissler led the 2004 Lady Eagles to an 8-9 overall mark and a 7-5 finish in the Pennsylvania State Athletic Conference (PSAC). Over the past three seasons, Selvage built a 23-26 record. Last year she earned her second PSAC Coach of the Year honor while guiding the Haven to their first playoff game since 1991.

Her 2003 squad was 8-8 overall, the first Lady Eagle lacrosse season at or above .500 since the 1996 campaign, and was the first time a Haven squad posted at least eight wins since 1991.

She was a standout goalkeeper for Lock Haven from 1994-97, earning status as an All-American and All-PSAC selection in her junior and senior seasons. In 46 games, she posted 255 saves and 20 shutouts. Her career goals-against-average of 0.90 ranks in a tie for fifth place among all Lady Eagle keepers.

Geissler played on The Haven's 1994 and 1995 NCAA Division II National Championship squads, and was also part of three Pennsylvania State Athletic Conference post-season tournament championships from 1994-96. She also experienced success as a member of the Lady Eagle lacrosse team, garnering Second Team All-America and Second Team All-PSAC honors as an attacker in 1998.

Following her graduation from Lock Haven in 1998, Geissler served stints as head field hockey coach at SUNY New Paltz and Elmira College. While at Elmira, she also took on head lacrosse duties, and prepared both squads for the move from club to varsity level.



V.



Lock Haven
14-3, 9-3 PSAC

Bloomsburg
11-5, 9-3 PSAC

Bald Eagle Potential Starters

#	Name	Pos.	Yr.	Stats
23	Diana Strizki	A	Sr.	54 g, 27 a
34	Lindsay Rentel	A	So.	44 g, 15 a
12	Caitlyn Watts	A	Fr.	16 g, 10 a
6	Katie Kenney	MF	So.	1g
19	Shannon Houck	MF	So.	17 g, 7 a
3	Jenna Richter	MF	So.	33 g, 32 a
15	Amanda Alderfer	MF	So.	31 g, 3 a
22	Caitlin LeBonte	MF	Fr.	10 g, 13 a
9	Stephanie Wood	MF	So.	1 a
11	Kim Hedden	D	Sr.	
45	Laura Baranski	D	Sr.	
99	Kimberly Allan	R-Fr.	GK	101 sv., 9.04 gaa

Huskie Potential Starters

#	Name	Pos.	Yr.	Stats
15	Cali Toms	A	Fr.	35 g, 9 a
22	Ashley Childs	A	Jr.	13 g, 10 a
1	Danielle Yeager	MF	Sr.	45 g, 22 a
10	Sheila Zilinski	MF	Sr.	50 g, 12 a
9	Megan Taylor	MF	So.	19 g, 14 a
12	Meghann McDugall	MF	Sr.	10 g, 6 a
2	Karla Honeywell	MF	Jr.	4 g, 1 a
33	Angela Picciotti	D	Fr.	6 g, 1a
11	Brittany Wilkins	D	So.	5 g
16	Pam Cianni	D	Sr.	1 g, 2 a
18	Alexandra Totino	D	So.	
25	Bridget Maenner	GK	Fr.	101 sv., 9.58 gaa

The Game

The No. 6 Lock Haven University women's lacrosse team will square off with a familiar face when they host No. 7 Bloomsburg University in the Pennsylvania State Athletic Conference Semi-Finals.

The two teams split their pair of regular season meetings with both teams winning at home.

Bloomsburg took game one with a 12-8 victory.

In the second meeting, the Lady Eagles picked up a monumental win. They topped the Huskies 17-5 and it marked the Haven's 11th win on the year, the most ever in school history.

Bloom leads the all-time series 18-8.

Last Time Out for LHU

The Lady Eagles dropped their regular season finale to No. 2 West Chester University 22-8.

Lock Haven jumped out to an early 2-0 lead scoring twice in the first two minutes.

Sophomore **Mandy Alderfer** put the Haven on the board less than one minute in and freshman **Caitlyn Watts** found the back of the net 30 seconds later.

LHU trailed 8-4 at halftime as West Chester pulled away during the second stanza.

Senior **Diana Strizki**, sophomore **Jenna Richter** and Alderfer all finished with two goals apiece.

Sophomore **Lindsay Rentel** also scored for the Lady Eagles.

Freshman **Kimberly Allan** and sophomore **Christie Dunning** both saw action in net making seven and one save respectively.

Last Time Out for Bloomsburg

No. 7 Bloomsburg topped Millersville University 12-8 in their season finale.

Sophomore Alison McFartridge led the Bloomsburg attack with a three goal performance.

Senior Danielle Yeager, sophomore Megan Taylor, and freshman Cali Toms all tallied two goals apiece in the win.

Freshman Bridget Maenner recored seven saves in goal for the Huskies.

Strizki In the Record Books

Senior **Diana Strizki** has etched her name among the best players in Lock Haven history.

Strizki has re-written the record books this season.

She now holds the records for career assists, career goals and career points.

Her second of six goals in a lopsided 18-4 victory over East Stroudsburg University on April 2 put her first all-time in career goals. She now has 193 and counting.

Against ESU on April 21, she needed only one assist to become the all-time career assist leader with 80. She passed **Megan Dwyer**

PSAC Standings

Team	PSAC	Total
West Chester	12-0	14-1
Lock Haven	9-3	14-3
Bloomsburg	9-3	11-5
East Stroudsburg	5-7	7-8
Millersville	5-7	5-9
IUP	1-11	2-14
Shippensburg	1-11	1-15

LHU Lacrosse Schedule/Results

Date	Opponent	Result
3/10	.v. Merrimack	.W, 12-11
	.Hilton Head, S.C.	
3/12	.at #6 Limestone	.W, 12-7
3/16	.at Millersville*	.W, 17-16 (ot)
3/19	.SHIPPENSBURG*	.W, 18-6
3/22	.at #9 Bloomsburg*	.L, 8-12
3/26	.at #5 Gannon	.W, 13-10
3/29	.MERCYHURST	.W, 11-8
3/30	.at IUP*	.W, 17-8
4/2	.EAST STROUDSBURG*	.W, 18-4
4/4	.at #4 West Chester*	.L, 5-14
4/7	.#10 MILLERSVILLE*	.W, 7-5
4/9	.at Shippensburg*	.W, 16-7
4/13	.#7 BLOOMSBURG*	.W, 17-5
4/16	.at #8 Philadelphia	.W, 8-7 (ot)
4/18	.IUP*	.W, 16-7
4/21	.at East Stroudsburg*	.W, 13-9
4/23	.#2 WEST CHESTER*	.L, 8-22
4/26	.#7 BLOOMSBURG UNIVERSITY	.4 p.m.
	.PSAC Tournament Semifinal	

*indicates PSAC contest

BOLD CAPS indicate home game

(2000-03) who held the previous record.

Strizki leads the Lady Eagles this season with 81 points and has 273 career points, the most ever in Lock Haven history.

Selvage Moves Into Third All-Time

Lock Haven head coach **Kristen Selvage** moved into third place all-time for career wins.

In just her fourth season at the helm of the Lady Eagles program the '98 Haven graduate has compiled a 37-29 record.

She moved ahead of **Sharon Taylor** with her seventh win this year and 30th career win on March 30 after the Lady Eagles defeated IUP 17-8.

History In the Making

This season marks the winningest in Lock Haven women's lacrosse history.

It was against Bloomsburg on April 13, when the Lady Eagles picked up their 11th win of the season, which is the most wins ever recorded by a Lady Eagles team during one season.

The Haven finished the regular season 14-3.

News and Notes

Sophomore **Lindsay Rentel** has the longest Lady Eagle goal scoring streak. After being held scoreless in the first game of the year, she has found the back of net in every contest since. She is second on the team with 44 goals.

Senior **Diana Strizki** has scored three or more goals in 12 games this year. She leads the team with 54 goals on the season.

Sophomore **Jenna Richter** holds the record for the single season assists. She dished out 40 in her freshman season (2004). She has assisted on 32 goals this year, which places her third all-time on the career assist list with 72, just eight behind Strizki (80).

2005 Lady Eagle Lacrosse

#	Name	Pos.	Yr.	Ht.	Hometown/Previous School
1	Samantha Stoyer	MF	Fr.	5-7	Lancaster, Pa./Manheim Township
2	Krystal Ostrofsky	DEF	So.	5-3	Munson, Pa./Phillipsburg-Osceola Mills
3	Jenna Richter	MF	So.	5-8	Long Valley, N.J./West Morris
4	Lindsey McGuire	ATT	So.	5-0	Lanoka Harbor, N.J./West Morris
6	Katie Kenney	MF	So.	5-6	Fairport, N.Y./Fairport
8	Catherine Amatrudo	ATT	Fr.	5-3	North Branford, Conn./North Branford
9	Stephanie Wood	MF	So.	5-3	Long Valley, N.J./West Morris
11	Kim Hedden	DEF	Sr.	5-7	Long Valley, N.J./West Morris
12	Caitlyn Watts	ATT	Fr.	5-4	Willow Grove, Pa./Archbishop Wood
15	Mandy Alderfer	MF	So.	5-5	Harleysville, Pa./Souderton
19	Christina Fried	DEF	Fr.	5-8	Pine Brook, N.J./Monteville
20	Rachael Williams	MF	Fr.	5-3	Gettysburg, Pa./Catoctin
21	Shannon Houck	MF	So.	5-5	Gilbertsville, Pa./Boyertown
22	Caitlin LaBonte	MF	Fr.	5-5	Vestal, N.Y./Vestal
23	Diana Strizki	ATT	Sr.	5-2	Flemington, N.J./Hunterdon Central
29	Heather Eggleston	MF	Fr.	5-6	Lancaster, Pa./Manheim Township
33	Kimberly Penuel	ATT	So.	5-6	Collegeville, Pa./Perkiomen Valley
34	Lindsay Rentel	ATT	So.	5-9	Medford Lakes, N.J./Shawnee
45	Laura Baranski	DEF	Sr.	5-6	Collingswood, N.J./Collingswood
78	Christie Dunning	GK	So.	5-3	Ivyland, Pa./Central Bucks East
99	Kimberly Allan	GK	Fr.	5-6	Pottstown, Pa./Pottstown

Head Coach: Kristen Selvage (fourth season)

Graduate Assistant Coach: Ken Baldino

