

Haven Swim School

Spring 2007

Tuesday & Thursday Evenings

March 27 – April 26

5:00-5:30 pm -or- 5:40-6:10pm

Beginner through advanced/competitive swimming lessons for children & adults.

The Lock Haven University Women's Swimming program is gearing up for our spring 2007 edition of the Haven Swim School. We will be offering **10 swimming lessons lasting 30 minutes each.**

Swimmers of all ages and abilities are welcome.

The cost of these lessons is only \$50. Please make checks payable to **LHUF Swimming**. All proceeds go directly to benefit the Lock Haven University Women's Swimming Program. Once you have registered refunds are NOT possible.

Parents are permitted to watch lessons from the balcony. Please, no parents on the pool deck. Each day there will be 2 sessions, 5:00-5:30pm & 5:40-6:10pm. Every effort will be made to ensure you receive your first choice, but please know that you may not get your first choice. We will be doing our best to keep the instructor/student ratio low...to ensure a spot, please get your registration in early!

Adult and private swim lessons are available by appointment...please email me for more information.

If you have any questions, or concerns please email or call Head Coach Andy Waeger (no phone registrations will be accepted) AWAEGER@LHUP.EDU – (office) 570-484-2820

Swimming Levels

- (1) Non-Swimmer
- (2) Beginner (puts face in water, can swim ten feet or so, may not be comfortable in the water)
- (3) Intermediate (can swim 15 - 25 yards with face in water, or underwater, and is comfortable in the water)
- (4) Advanced (can swim at least 50 yards and is very comfortable in the water)
- (5) Stroke Technique (a competitive swimmer looking to improve all 4 competitive swimming strokes)

****please return this form & payment to Andy Waeger, Haven Swim School, Thomas Field House, Lock Haven PA 17745****

Parent(s) Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone (_____) _____ Evening Phone (_____) _____

Email Address (please print clearly): _____

We will confirm receipt of you registration via email as soon as it is received!

Name (& nickname)	Gender	Age	Level	Time	Cost
EX: Susie Swimmer	F	8	2	5:40pm	\$50

1. _____

2. _____

3. _____

4. _____

*Additional Contribution for the Lady Eagle Swimming Program: _____

(any additional contribution is tax deductible)

Total Enclosed: _____

LIABILTY RELEASE FORM (required in order to participate)

I, the undersigned, individually and as a parent/guardian of _____ (swimmer<s>) a minor, ask that she/he be admitted to participate in swim lessons sponsored by Lock Haven University Foundation. I do hereby agree to release, discharge and hold harmless Lock Haven University, Lock Haven University Foundation, their owners, agents and employees of and from all causes, liabilities, damages, claims or demands whatsoever on account of any injury of accident involving the said minor arising out of the minor's attendance at the swim lesson or in the course of competition and/or activities held in connection with the program. I also give permission for my child's photograph to appear in promotional material regarding future camps or clinics.

Parent/Guardian Signature: _____ Date: _____