



Bald Eagle Track and Field Records

Bald Eagle Indoor Top 5 Performance List (as of 6/3/04)

55 Meters

1	Anesu Mushonga	6.41	03
2	Teon Higgs	6.59	01
3	Chelston Anderson	6.61	02
4	Andy Pollison	6.62	03
	Mike Smith	6.62	00

60 Meters

1	Anesu Mushonga	7.00	04
2	Jonathan Chichilitti	7.13	00
3	Maurice Walker	7.21	02
4	Teon Higgs	7.25	01
5	Chelston Anderson	7.27	02
	Tom Skrivanek	7.27	04
	Tim Hite	7.27	04

55 Hurdles

1	Matt Stinson	7.67	03
2	Carl Fisher	7.76	90
3	Nathan Fiala	7.93	02
4	Keith Veldhuis	7.96	04
5	Damien Smith	7.97	97
	Jeremy Bradley	7.97	02

60 Hurdles

1	Matt Stinson	8.38	03
2	Keith Veldhuis	8.65	04
3	Nathan Fiala	8.73	02
4	Mike Brito	8.80	04
5	Jeremy Bradley	8.86	02

200 Meters

1	Anesu Mushonga	21.98 (o)	03
2	Joe Webster	22.28	03
3	Keith Veldhuis	22.43 (o)	04
4	Jonathan Chichilitti	22.69	00
5	Tim Hite	22.83	04

300 Meters

1	Anesu Mushonga	36.48	04
2	Matt Stinson	37.57	00
3	Aaron Seese	37.91	00
4	Joe Austin	37.99	97
5	Jacob Merrill	38.95	04

300 meter hurdles

1	Mike Brito	38.66	04
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400 Meters

1	Joe Webster	49.05 (o)	03
2	Steve Reeser	49.35 (o)	91
3	Anesu Mushonga	49.38 (b)	04
4	Keith Veldhuis	49.76 (o)	03
5	Tim Hite	50.13 (b)	04

500 Meters

1	Matthew Sauls	1:04.77	01
2	Jacob Merrill	1:06.83	03
3	Joe Smolenski	1:07.17	03
4	Paul Hallman	1:07.36	02
5	Scott Lightfoot	1:07.50	00

800 Meters

1	Matt Sauls	1:52.64	00
2	Steve Reeser	1:54.44	91
3	Paul Hallman	1:55.32 (o)	04
4	Chris Cowan	1:55.39 (o)	04
5	James Eagler	1:56.10	00

1000 Meters

1	Michael Gomes	2:31.13	00
2	Rob Mortensen	2:33.39	99
3	Ryan Comstock	2:34.10	98
4	Paul Hallman	2:34.46	02
5	James Eagler	2:34.62	01

1500 Meters

1	Scott Stusten	4:06.65	94
2	Rick Clendaniel	4:12.54	03
3	Ben Steward	4:13.21	95
4	Ron McMichael	4:13.44	93
5	Mike Rohl	4:14.04	03

Mile Run

1	Robert Mortensen	4:07.21	00
2	Chris Cowan	4:17.59	04
3	Paul Hallman	4:18.22	02
4	Steve Podgajny	4:18.44	72
5	Michael Gomes	4:19.84	99

3000 Meters

1	Ryan Blood	8:32.50 (o)	04
2	Chris Cowan	8:34.05 (b)	04
3	Steve Moyer	8:41.43	99
4	Billy Buckenmeyer	8:41.70	04
5	Rob Mortensen	8:42.24	00

5000 Meters

1	Chris Cowan	14:40.05	04
2	Steve Moyer	14:59.31	00
3	Aaron Benson	15:05.32	04
4	Billy Buckenmeyer	15:26.79	04
5	Travis Faulkner	15:27.23	94

800 Meter Relay

1	Webster, M. Smith Stinson, Chichilitti	1:29.98	00
2	Higgs, Webster M. Smith, Chichilitti	1:31.97	01
3	Kravitz, Thurman, May, Ivie	1:34.05	93
4	Hite, Brito Flexer, Carey	1:34.25	04
5	M. Walker, Anderson Skrivanek, Mike Smith	1:34.57	02

1600 Meter Relay

1	Webster, Stinson Mushonga, Veldhuis	3:17.54	03
2	Veldhuis, Skrivanek Brito, Mushonga	3:19.40 (o)	04
3	Hite, Skrivanek Brito, Mushonga	3:21.11	04
4	Webster, Skrivanek Stinson, Mushonga	3:21.58	03
5	Webster, Stinson Veldhuis, Skrivanek	3:21.78	03

3200 Meter Relay

1	Lightfoot, Mortensen, Gomes, Sauls	7:49.52	99
2	Lightfoot, Gomes Eagler, Mortensen	7:49.97	00
3	Smolenski, Wiegner Cowan, Hallman	7:50.11	04
4	Walter, Eagler Gomes, Sauls	7:52.48	01

(3200m relay-conti.)

5	Lightfoot, Sauls, Gomes, Comstock	7:53.65	99
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Distance Medley Relay

1	Blood, Wiegner Hallman, Cowan	10:07.51	04
2	Cowan, Mushonga Hallman, Wiegner	10:08.35	04
3	Gomes, Lightfoot, Sauls, Comstock	10:13.87	99
4	Sauls, Webster Eagler, Gomes	10:16.43	00
5	Hallman, Skrivanek Smolenski, Cowan	10:20.53	03

Long Jump

1	Gary Fisher	23' 10-1/2"	02
2	Matt Stinson	23' 6-1/4"	03
3	Carl Fisher	23' 4"	90
4	Ben Ommiegbe	23' 2-1/2"	77
5	Keith Veldhuis	22' 11-1/2"	04

Triple Jump

1	Jacob Merrill	47' 11-3/4"	01
2	Carl Fisher	46' 11"	90
3	Byron Monts	46' 6-3/4"	77
4	Jeff Mills	45' 0-1/2"	99
	Jeremy Bradley	45' 0-1/2"	01

High Jump

1	Jim Dempsey	6' 10-1/4"	04
2	Aaron Wynings Glen Allison	6' 8-1/2"	97
	Glen Allison	6' 8-1/2"	94
4	Stan Burke	6' 8"	77
5	Matt Stinson	6' 7-1/2"	03

Pole Vault

1	Andy Pollison	15' 9"	03
2	Matt Brousse	14' 9"	01
3	Eric Robinson	14' 7"	00/02
4	Glen Allison	14' 6"	94
5	Mark Alles	14' 0"	79

Shot Put

1	Tom Burns	50' 7-3/4"	76
2	Bob Wright	49' 8"	71
3	Fieldon Daubert	49' 7"	04
4	Kyle Waite	48' 9"	96
5	Steve Taylor	47' 11-1/2"	99

Weight Throw

1	Julius Magrino	50' 6"	04
2	Fieldon Daubert	49' 3-1/2"	04
3	Tom Carey	48' 11"	01
4	Ed Kaminski	46' 11"	04
5	Tim Ottinger	42' 7-1/4"	01

Pentathlon

1	Matt Stinson	3885	03
2	Keith Veldhuis	3570	04
3	Jeremy Bradley	3507	01
4	Shawn Clancy	3257	04
5	Damien Smith	3231	97

Bald Eagle Outdoor Top 5 Performance List (as of 6/3/04)

100 Meters

1 Willie Rivera	10.74	81
2 Matt Stinson	10.76	02
3 Jonathan Chichilitti	10.79	00
4 James Gamble	10.80	82
5 Anesu Mushonga	10.81	03

110 High Hurdles

1 Carl Fisher	14.46	90
2 Todd Hyman	14.95	85
3 Matt Stinson	14.97	02
4 Nathan Fiala	15.10	02
5 Baron Grantham	15.24	80

200 Meters

1 Anesu Mushonga	21.62	03
2 Joe Webster	21.63	03
3 Willie Rivera	21.84	81
4 Jonathan Chichilitti	21.97	00
5 Matthew Sauls	22.24	99
Steve Kravitz	22.24	93

400 Meters

1 Steve Reeser	47.21	88
2 Joe Webster	47.62	03
3 Matt Sauls	48.38	01
4 Anesu Mushonga	48.47	03
5 Keith Veldhuis	48.78	04

400 Intermediate Hurdles

1 Carl Fisher	51.51	90
2 Todd Hyman	52.63	85
3 Mike Brito	52.97	04
4 Jacob Merrill	53.22	04
5 Eric Hess	53.83	96

800 Meters

1 Matthew Sauls	1:49.95	99
2 Steve Reeser	1:52.75	89
3 Rob Mortensen	1:53.11	00
4 Bob Walker	1:53.70	81
5 Kevin Wheeler	1:54.53	91

1500 Meters

1 Rob Mortensen	3:51.38	00
2 Chris Cowan	3:52.83	04
3 Paul Hallman	3:53.97	04
4 Ryan Blood	3:54.84	04
5 Frank Passaniti	3:55.94	83

Mile/1600 Meters

1 Mike Gaige	4:12.24	73
2 Steve Podjagny	4:14.24	72
3 Bill English	4:18.94	67
4 Ryan Comstock	4:20.37	98
5 Michael Gomes	4:25.71	98

3000 Meters

1 Chris Cowan	8:37.32	02
2 Rob Mortensen	8:46.74	00
3 Joe Wiegner	8:56.8h	02
4 Steve Moyer	9:00.34	00
5 Matt Ferchalk	9:06.4	97

3000 Meter Steeplechase

1 Steve Moyer	9:06.08	00
2 Mark Amway	9:13.96	83
3 Billy Buckenmeyer	9:32.64	04
4 Paul Hallman	9:38.58	02
5 Norman Gordon	9:38.74	72

5000 Meters

1 Chris Cowan	14:31.12	04
2 Mark Amway	14:47.00	82
3 Steve Podjagny	14:49.64	72
4 Rob Mortensen	14:52.60	00
5 Rick Blood	14:55.94	81

10000 Meters

1 Chris Cowan	30:05.76	02
2 Rick Blood	30:28.74	81
3 Travis Faulkner	31:41.58	94
4 Ryan Blood	32:05.66	04
5 Matt Ferchalk	32:28.76	96

400 Meter Relay

1 Webster, Stinson Veldhuis, Mushonga	41.15	03
2 Webster, M. Smith Mills, Chichilitti	41.39	00
3 Webster, Stinson Higgs, Chichilitti	41.47	01
4 Brito, Veldhuis Hite, Mushonga	41.74	04
5 Webster, M. Smith Higgs, Chichilitti	41.99	01

800 Meter Relay

1 Seese, G. Fisher, Umberhouer, Chichilitti	1:30.60	99
2 Narcisse, Wynings, Walker, Chichilitti	1:31.18	98
3 Weaver, S. Kravitz, Thurman, Ivie	1:32.90	93

1600 Meter Relay

1 Webster, Veldhuis Stinson, Mushonga	3:12.35	03
2 Webster, Mushonga Stinson, Veldhuis	3:12.51	03
3 Lightfoot, Mills, Chichilitti, Sauls	3:15.18	99
4 Adams, Gamble, Ligons, Walker	3:15.84	80
5 Webster, Skrivaneck Merrill, Mushonga	3:16.96	03

3200 Meter Relay

1 Lightfoot, Mortensen, Gomes, Sauls	7:38.01	99
2 Comstock, Gomes Eagler, Mortensen	7:47.74	00
3 Lightfoot, Eagler Gomes, Sauls	7:48.37	01
4 Lightfoot, Gomes Eagler, Mortensen	7:52.28	00
5 Walter, Eagler Lightfoot, Gomes	8:19.84	01

6000 Meter Relay

1 Mortensen, Comstock, Moyer, Gomes	16:16.97	99
2 Stoltzfus, Brenner, Faulkner, Susten	17:09.43	94
3 Brenner, Sherwood, Susten, Steward	17:23.20	95
4 Russell, McMichael, Brenner, Stoltzfus	17:37.24	93

Distance Medley Relay

1 Gomes, Lightfoot, Sauls, Comstock	10:04.09	99
2 Gomes, Lightfoot, Sauls, Mortensen	10:08.80	99
3 Gomes, Chichilitti Eagler, Mortensen	10:17.85	00
4 Loht, Newsom, Fiorillo, Settle	10:19.34	77
5 Comstock, Michell, Sauls, Zeh	10:23.01	98

Sprint Medley Relay

1 Fisher, Sowers, Reeser, Wheeler	3:30.00	90
2 Mike Smith, Chichilitti Webster, Sauls	3:31.89	01
3 Reitz, L. Lewis, Hess, Freed	3:32.68	96
4 G. Fisher, Mills, Chichilitti, Mortensen	3:34.75	99
5 Ivie, Kravitz, May, Susten	3:36.00	93

Shuttle Hurdles

1 Smith, Jorgensen, Lockwood, Walters	1:04.60	77
2 Woodard, Jorgensen, Baxter, Mullen	1:05.70	78

Shot Put

1 Tom Burns	50' 7"	76
2 Fieldon Daubert	50' 3"	03
3 Robert Wright	49' 8"	71
4 Steve Taylor	49' 4-3/4"	99
5 Michael Bergey	48' 8"	99

Discus

1 Tom Carey	175' 4"	01
2 Michael Bergey	158' 0"	99
3 Mike Mitchell	157' 7"	70
4 Terry Shuman	152' 10"	68
5 Tom Burns	149' 9"	77
Freddie Joye	149' 9"	99

Javelin

1 Nick Slotterback	220' 5"	03
2 Jason DeVallance	219' 4"	94
3 Fieldon Daubert	207' 2"	03
4 Mike McRae	198' 11-1/2"	89
5 Rick Perrone	194' 9"	96

Long Jump

1 Ben Omiegbe	24' 5"	77
2 Gary Fisher	23' 11-1/4 (w.a.)	
02		
3 Carl Fisher	23' 9"	88
4 Matt Stinson	23' 7-1/2"	03
5 Jeff Mills	23' 4-3/4"	00

Triple Jump

1 Byron Monts	48' 10-1/2"	77
2 Carl Fisher	47' 6-1/2"	90
3 Brian Lennox	46' 8"	03
4 Jeff Mills	46' 3-3/4"	00
5 Jacob Merrill	46' 2-3/4"	01

Bald Eagle Outdoor Top 5 Performance List *(continued)***High Jump**

1	Stan Burke	6' 11"	78
2	Jeff Mills	6' 10-1/4"	00
3	Aaron Wynings	6' 9"	95
	Glen Allison	6' 9"	94
5	Jim Dempsey	6'8-3/4"	04

Pole Vault

1	Andy Pollison	15'9"	04
2	Glen Allison	15' 1"	94
3	Eric Robinson	15' 0-3/4"	00
4	Matt Brousse	15' 0"	01
5	Willie Rivera	14' 9"	79

Hammer

1	Fieldon Daubert	164'3"	04
2	Julius Magrino	155'5"	04
3	Ed Kaminski	143'8-1/2"	04
4	Dominic McDowell	77'9"	04

Decathlon

1	Matt Stinson	7002	02
2	Keith Veldhuis	6653	03
3	Jeremy Bradley	6193	01
4	Steve Funk	6026	85
5	Tim O'Neill	5690	82

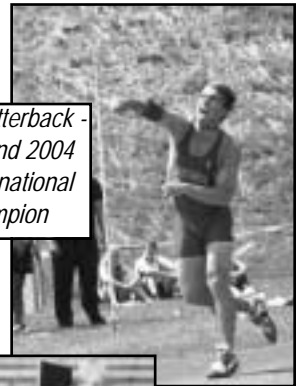
Hubert Jack Stadium Records

Event	Name	School	Time/Dist	Year
100m	Stefan Mascoll	SUNY Cortland	10.73	1997
200m	Anesu Mushonga	Lock Haven	21.88	2003
400m	Scott Eisenhart	Kutztown	47.54	2003
800m	Matt Sauls	Lock Haven	1:51.08	2001
1500m	Chris Cowan	Lock Haven	3:52.83	2004
3000m Steeple	Travis Kuhl	Edinboro	9:16.57	1997
3000m	Chris Cowan	Lock Haven	8:53.43	2003
5000m	Aaron Rowe	Edinboro	14:25.92	2003
10,000m	Mark Stallings	Millersville	31:10.91	2003
110m Hurdles	Jewdyer Osborne	Binghamton	14.60	1997
400m Hurdles	Thomas Wise	Slippery Rock	52.78	1997
400m Relay		Lock Haven	41.15	2003
1600m Relay		Kutztown	3:12.15	2003
Long Jump	Brian Good	Millersville	24'1-1/2"	2003
Triple Jump	Shaun Landis	Kutztown	49'2-1/2"	2003
High Jump	Jeff Mills	Lock Haven	6' 10-1/4"	2000
Pole Vault	Chad Eberhart	Slippery Rock	16'6 3/4"	1997
Shot Put	Glenn Thompson	Unattached	53'1 3/4"	1997
Discus	Glenn Thompson	Unattached	162'6"	1997
Javelin	Nick Slotterback	Lock Haven	220'5"	2003
Hammer	Fieldon Daubert	Lock Haven	160'4"	2004
Decathlon	Brian Spickler	Indiana	6,949 points	1997

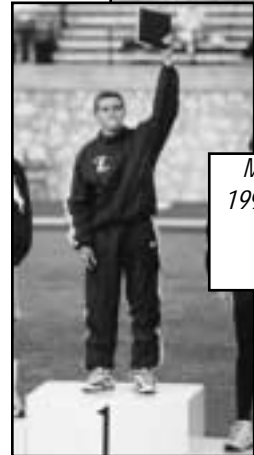
Bald Eagle Champions and All-Americans

Year	Indoor or Outdoor	Name	Event	Place
2004	NCAA II Outdoor	Nick Slotterback	Javelin	1st
2003	NCAA II Outdoor	Nick Slotterback	Javelin	1st
	NCAA II Outdoor	Joe Webster	4x400m Relay	8th
	NCAA II Outdoor	Matt Stinson	4x400m Relay	8th
	NCAA II Outdoor	Anesu Mushonga	4x400m Relay	8th
	NCAA II Outdoor	Keith Veldhuis	4x400m Relay	8th
2002	NCAA II Outdoor	Nick Slotterback	Javelin	3rd
	NCAA II Outdoor	Matt Stinson	Decathlon	7th
2000	NCAA II Outdoor	Steve Moyer	3000 meter steeplechase	7th
	NCAA II Indoor	Rob Mortensen	Mile	6th
1999	NCAA II Outdoor	Matt Sauls	800 meters	1st
	NCAA II Outdoor	Steve Moyer	3000 meter steeplechase	7th
1998	NCAA II Outdoor	Matt Sauls	800 meters	5th
1994	NCAA II Outdoor	Jason DeVallance	Javelin	3rd
1990	NCAA II Outdoor	Steve Reeser	400 meters	7th
	NCAA II Outdoor	Carl Fisher	400 Intermediate Hurdles	4th
1980	NCAA III Outdoor	Will Rivera	200 meters	6th
1978	NCAA III Outdoor	Dick Bisking	Javelin	3rd
	NCAA III Outdoor	Andy Carey	Javelin	5th
	NCAA III Outdoor	Stan Burke	High Jump	t-2nd
1977	NCAA III Outdoor	Dick Bisking	Javelin	3rd
	NCAA III Outdoor	Dick Bisking	Javelin	6th
1976	NCAA III Outdoor	Stan Burke	High Jump	2nd
1974	NCAA III Outdoor	Wayne Covington	120y High Hurdles	2nd
1972	NCAA Outdoor/College Division	Steve Podgajny	5000 meters	5th
1969	NAIA Outdoor	Alan Feerrar	Javelin	6th

Nick Slotterback -
2003 and 2004
javelin national
champion



Matt Sauls -
1999 800 meter
national
champion



RECENT LHU ALL-AMERICANS



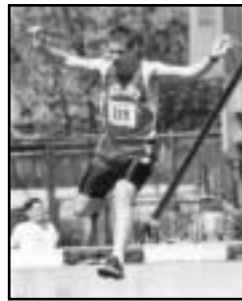
4x400m Relay
Anesu Mushonga,
Keith Veldhuis, Matt Stinson,
Joe Webster



Matt Stinson



Rob Mortensen



Steve Moyer



Jason
DeVallance



Steve Reeser



(left and middle) LHU men's track and field has won all three PSAC Indoor Championship titles, claiming the crown in 2002, 2003 and 2004; (bottom right) 1999 PSAC Outdoor Champions.



Pennsylvania State Athletic Conference Champions

*PSAC Championships Most Valuable Track Athlete

#PSAC Championships Most Valuable Field Athlete

Year	Name	Event	Year	Name	Event
2004 (O)	Chris Cowan	5000 meters, 10000 meters	1970	Bruce Parkhill	Javelin
	Nick Slotterback	Javelin			
2004(I)	Jacob Merrill	400 meter hurdles	1969	Denis Axman	2-mile
	Chris Cowan	3000 meters		Mike Mitchell	Discus
	Men's 4x800 Meter Relay			Alan Fearar	Javelin
	(Cowan, Paul Hallman, Joe Wiegner, Joe Smolenski)				
	Aaron Benson	5000 meters	1968	Terry Shuman	Discus
	Andy Pollison	Pole Vault		Alan Fearar	Javelin
	Men's 4x400 Meter Relay				
	(Mike Brito, Tom Skrivanek, Tim Hite, Anesu Mushonga)		1967	Wayne Randolph	100y
2003 (O)	Nick Slotterback	Javelin		Wayne Randolph	220y
	Andy Pollison	Pole Vault		Bill English	880y
	Keith Veldhuis	Decathlon		Bill English	Mile
	Men's 4x100 Meter relay			Terry Shuman	Discus
	(J. Webster, M. Stinson, K. Veldhuis, A. Mushonga)		1966	Gary Seibert	Javelin
2003 (I)	Joe Webster	200 meters	1965	Joe Pascale	330y Intermediate Hurdles
	Matt Stinson	Pentathlon		Terry Shuman	Discus
	Men's Distance Medley Relay				
	(P. Hallman, T. Skrivanek, J. Smolenski, C. Cowan)		1964	Joe Pascale	330y Intermediate Hurdles
2002 (O)	Matt Sauls	800 meters	1962	Ken Schlopey	Pole Vault
2002 (I)	Joe Webster	400 meters	1961	Ron Puhl	220y
	Gary Fisher	Long Jump (Indoor)		Bill Elwood	Shot Put
	Paul Hallman	800 meters			
	Men's 4x400 Meter Relay		1958	Johnson	100y
	(J. Webster, B. Shiposh, J. Merrill, M. Stinson)		1957	Sweitzer	Mile
	Men's 4x800 Meter Relay				
	(S. Kost, J. Webster, J. Wiegner, P. Hallman)		1956	Sweitzer	Mile
2001	4x100 meter relay		1953	Havens	Mile
	(Webster, Smith/Stinson, Higgs, Chichilitti)			Havens	2-mile
	Tom Carey	Discus			
	Matt Stinson	Decathlon	1952	Havens	2-mile
2000	Steve Moyer	3000 meter steeplechase	1949	Tuefel	100y
	Rob Mortensen	800 meters		Tuefel	220y
	Rob Mortensen	1500 meters		Dick Culliver	440y
1999	Matt Sauls*	800 meters		Pheffer	880y
	Jeff Mills	Long Jump		Leeds	Mile
	Mike Bergey	Discus		Kurtz	High Jump
	Jonathan Chichilitti	100 meters		Kovalyak	Javelin
	Steve Moyer	3000 meter steeplechase			
	4x400 meter relay		1948	Tuefel	220y
	(Lightfoot, Mills, Chichilitti, Sauls)			Pheffer	880y
1998	Matt Sauls	800 meters		Bork	Mile
1995	Aaron Wynings	High Jump		Fritts	High Jump
				Roederer	Javelin
1994	Jason Devallance	Javelin	1947	Tuefel	220y
	Glen Allison#	Pole Vault		Dick Culliver	440y
1991	Jimmy Rickett	High Jump	1938	Tom Conrad	Discus
1990	Steve Reeser	400 meters	1937	Hopkins	Long Jump
	Carl Fisher	110 Hurdles		Tom Conrad	Discus
	Carl Fisher*	400 Intermediate Hurdles			
1988	Steve Reeser*	400 meters	1936	Tom Conrad	Discus
	Carl Fisher	110 Hurdles			
	Carl Fisher	Triple Jump	1934	Burd	Pole Vault
1979	Jim Ligons	400 meters	1932	Burd	Pole Vault
1978	Byron Monts	Triple Jump			
1977	Ben Omiegve	Long Jump			
1973	Mike Gaige	Mile			
1972	Wayne Covington	120y Hurdles			

PSAC Team Championships

2004, 2003, 2002 - Indoor Champions

1999, 1949, 1948 - Outdoor Champions