

# #17 Lock Haven University Volleyball

## Game Notes

2005 Atlantic Regional Championships

Thomas Fieldhouse -- Lock Haven University -- Nov. 17-19, 2005

Sports Information contact: Kevin Carver ... Phone: 570-893-2350 ... Fax: 570-893-7025 ...  
email: kcarver@lhup.edu ... Sports Information Director: Al Weston

### LADY EAGLE VOLLEYBALL QUICK FACTS

**Location:** ..... Lock Haven, Pa.  
**Enrollment:** ..... 5,129  
**Founded:** ..... 1870  
**Nickname:** ..... Lady Eagles  
**Colors:** ..... Crimson, White  
**Affiliation:** ..... NCAA Division II  
**Conference:** ..... Pennsylvania State Athletic Conference  
 ..... West Division  
**Home Facility:** ..... Thomas Fieldhouse  
**President:** ..... Dr. Keith T. Miller  
**Director of Athletics:** ..... Sharon E. Taylor  
**Associate Athletic Director:** ..... Peter Campbell  
**Assistant Athletic Director:** ..... Danielle Barney  
**Athletic Department Phone:** ..... 570-893-2102  
**Head Trainer:** ..... Pat Morris  
**Equipment Managers:** .... Kim Lindsey & Ralph Kalbach  
**Head Coach:** ..... Tom Justice  
**Alma Mater:** ..... Southern Illinois University '71  
**Justice's Record/Years at LHU:** ..... 337-191 (15)  
**Justice's Career Record/Years:** ..... same  
**Office Phone:** ..... 570-893-2388  
**Email:** ..... tjustice@lhup.edu  
**2004 Record:** .. 28-4, 8-2, PSAC Tournament Champions  
 ..... NCAA Division II Atlantic Region Champions  
**Starters Returning/Lost:** ..... 5/2

### 2005 Atlantic Regional Championship Bracket



### The Teams



**#1 Lock Haven**  
30-5 (10-0 PSAC West)



**#5 IUP**  
24-10 (3-7 PSAC West)



**#2 California (Pa.)**  
33-2 (8-2 PSAC West)



**#6 Mount Olive**  
28-7 (19-1 CVAC)



**#3 Edinboro**  
25-15 (4-6 PSAC West)



**#7 Lees-McRae**  
27-10 (18-2 CVAC)



**#4 Slippery Rock**  
24-9 (4-6 PSAC West)



**#8 North Carolina Central**  
29-13 (16-0 CIAA)

### 2005 Lady Eagle Stats

Stat	Overall	PSAC Play
Kills/Game	13.88	14.77
Attack %	.272	.269
Assists/Game	12.85	13.97
Aces/Game	2.64	2.00
Digs/Game	15.75	15.94
Blocks/Game	3.18	3.46

### Lock Haven Probable Starters

**MH - Li YiZhi, Jr.** ... .447 a%, 433 k, 167 b  
**MH - Stacey Borgia, Fr.** ....232 a%, 127 b  
**OPP - Inga Kurgonaite, So.** ..... .330 a %  
**OH - Allison Wade, Sr.** ..... 269 k, 289 d  
**OH - Michelle Deehan, Sr.** ... 198 k, 238 d  
**S - Allison Furry, Sr.** ..... 777 assists  
**L - Mayumi Ishihara, Jr.** ..... 178 d

2005 LADY EAGLE VOLLEYBALL

## The Games

The Lock Haven University volleyball team hosts the Atlantic Regional Championships for the third-straight year and looks to defend their two-time Regional Title. The Lady Eagles received the No. 1 seed in the region and will face CIAA Champion North Carolina Central University in the first round of the field of 64. The bracket is set up for a rematch of last year's Regional Final against California University (Pa.), as the Vulcans received the No. 2 seed in the region.

Edinboro University, Slippery Rock University, IUP, Mount Olive College and Lees-McRae College fill out the rest of the schools participating in the Championships.

## Scouting LHU

The Lady Eagles (30-5, 10-0 PSAC West) had their 26-match winning streak snapped in the Pennsylvania State Athletic Conference (PSAC) Championships last Saturday (Nov. 12) against California University (Pa.). After stealing the first two games of the match from the grasps of the Vulcans, LHU couldn't keep pace with CalU as they won the final three sets to deny LHU its third-straight conference crown. Lock Haven received the top seed in the region and will face-off against North Carolina Central University (29-13, 16-0 CIAA) on Thursday at 7:30 p.m.

2005 PSAC West Player of the Year **Li YiZhi** leads the Haven attack as she ranks first in the PSAC in hitting percentage (.447) and total blocks (167). Those numbers also rank her third in the NCAA. She is also tops on the team in kills, digs and service aces. Opposite **Inga Kurgonaite** showed no signs of a sophomore slump as she hit an incredible .330 from the outside ranks, good for second on the squad and eighth in the PSAC. Senior outside hitter **Allison Wade** is second on the Lady Eagles in digs and is one of the top servers on the team. Senior setters **Allison Furry** and **Kelly Kostelich** combined to set the offensive attack with 1,343 assists. Kurgonaite, Wade and Furry earned 2005 PSAC Western Division Second Team accolades.

## Scouting CalU

The Vulcans (33-2, 8-2 PSAC West) captured the PSAC Championship by defeating the top-seeded Lady Eagles in thrilling come from behind fashion last Saturday (Nov. 12). They earn the No. 2 seed in the Atlantic Region having only lost two matches all season, both to Lock Haven. They will face Lees-McRae in the first round at 2:30 p.m. on Thursday.

Senior outside hitter Katie Barker and junior opposite Allison Liptak both earned PSAC West First Team honors to lead the Vulcans. Barker is tops on the team with 450 kills and 453 digs, while Liptak has a team-high .309 attack percentage. Senior setter Aimee Helbig contributes 11.14 assist/game and senior outside hitter Jessica Brown has 275 kills and 344 digs. Helbig and Brown were named Second Team All-Conference.

## Lock Haven University Volleyball Schedule/Results 30-5/10-0 PSAC West

Aug. 26	..... vs. #16 Northwood	..... W, 3-0
Aug. 26	..... at #17 Ferris State	..... L, 2-3
Aug. 27	..... vs. #14 Grand Valley State	..... L, 0-3
Aug. 27	..... vs. Lake Superior State	..... W, 3-1
Sept. 2	..... vs. #7 Central Missouri State	..... L, 0-3
Sept. 2	..... vs. #21 Augustana (SD)	..... W, 3-0
Sept. 3	..... vs. #3 Barry	..... W, 3-2
Sept. 3	..... vs. #9 Tampa	..... L, 1-3
Sept. 13	..... at IUP*	..... W, 3-2
Sept. 17	..... at Edinboro*	..... W, 3-0
Sept. 20	..... at California (Pa.)*	..... W, 3-1
Sept. 23	..... vs. Shippensburg	..... W, 3-0
Sept. 24	..... vs. West Chester	..... W, 3-0
Sept. 24	..... at East Stroudsburg	..... W, 3-0
Sept. 27	..... at Slippery Rock*	..... W, 3-0
Sept. 30	..... vs. Anderson	..... W, 3-0
Sept. 30	..... vs. Lees-McRae	..... W, 3-0
Oct. 1	..... vs. Virginia Union	..... W, 3-0
Oct. 1	..... vs. Geneva	..... W, 3-0
Oct. 4	..... CLARION*	..... <b>W, 3-0</b>
Oct. 7	..... vs. Millersville	..... W, 3-0
Oct. 8	..... vs. Cheyney	..... W, 3-0
Oct. 8	..... vs. Kutztown	..... W, 3-0
Oct. 11	..... IUP*	..... <b>W, 3-0</b>
Oct. 14	..... ST. ANSELM	..... <b>W, 3-0</b>
Oct. 14	..... MOUNT OLIVE	..... <b>W, 3-0</b>
Oct. 15	..... MERCY	..... <b>W, 3-0</b>
Oct. 15	..... DOWLING	..... <b>W, 3-1</b>
Oct. 21	..... EDINBORO*	..... <b>W, 3-0</b>
Oct. 25	..... CALIFORNIA (Pa.)*	..... <b>W, 3-1</b>
Oct. 28	..... NEW HAVEN	..... <b>W, 3-0</b>
Nov. 1	..... SLIPPERY ROCK*	..... <b>W, 3-0</b>
Nov. 5	..... at Clarion*	..... W, 3-1
Nov. 11	..... vs. Edinboro	..... W, 3-0
Nov. 12	..... California (Pa.)	..... L, 2-3



**Tom Justice** is Lock Haven University volleyball. Justice launched the volleyball program at LHU 15 seasons ago, and has built it into a dominant team in the Pennsylvania State Athletic Conference (PSAC) and a perennial noise-maker at the national level.

Justice generalled the 2004 squad to a 28-4 record, helping him to the elite 300-win plateau. The squad took first in the PSAC West with an 8-2 mark, and also won their second-straight PSAC and NCAA East Regional Championships.

Since helping start the program 15 seasons ago, Justice has guided Lock Haven volleyball to an impressive 337-191 record. The program's success has been particularly evident over the past two years, as Justice has directed the Lady Eagles to a 59-10 mark and a record of 16-4 in the PSAC Western Division.

The Haven volleyball team won PSAC championship tournament titles in 1996, 1999, 2000, 2003 and 2004 and won NCAA Atlantic Region championships in 1997, 1999, 2001, 2003 and 2004, advancing to the NCAA Division II Elite Eight on each of those occasions. Coach Justice has been named the PSAC Western Division Coach of the Year on three occasions, and has also merited two Atlantic Region Coach of the Year honors.

# 2005 LADY EAGLE VOLLEY BALL

### Scouting 'boro

The Edinboro University volleyball team (25-15, 4-6 PSAC West) enters the Atlantic Regional as the No.3 seed. The Fighting Scots have come on strong at the end of the season. After starting conference play 0-4, Edinboro won 18 of their last 21 matches. Their only losses in that stretch were twice to No. 1 seed Lock Haven and once to No. 2 seed California (Pa.). The 'boro will face Mount Olive at noon on Thursday.

The Fighting Scots are led by PSAC West First Teamer Alicia Knoff. The middle hitters' .317 hitting percentage ranks her 10th in the conference. Junior outside hitter Amelia Robinson is second in the conference with 82 service aces this season. Jenna Newman is sixth in the PSAC with a .326 attack percentage.

### Scouting the Rock

Slippery Rock (24-9, 4-6 PSAC West) enters the Atlantic Regionals after a week off. The Rock did not clinch a birth to the PSAC Championships, but receive the No. 4 seed in the Regional. They will square off against PSAC West foe IUP in the first round at 5 p.m. on Thursday.

The SRU offense is run by setter Sarah Kirch. The junior is tops in the conference with 12.51 assists/game and earned PSAC West First Team for her efforts this season. Middle blocker Anastasia Urbanik also earned First Team accolades along with PSAC West Rookie of the Year. The freshman is second on the squad with a .336 attack percentage and leads the team with 417 kills and 92 total blocks.

### Scouting IUP

Indiana Univeristy (Pa.) (24-10, 3-7 PSAC West) also enters the Atlantic Regionals after a week off. The Indians 3-7 conference mark was not enough to earn a birth to the PSAC Championships. They will take on PSAC West opponent Slippery Rock as the fifth seed in the first round at 5 p.m. on Thursday. This is the sixth straight Atlantic Regional appearance for IUP.

IUP senior middle blocker Brittany Gates earned her third-straight PSAC West First Team nod, as she led the Indians with 414 kills and 149 total blocks. Trisha Gerus was named to the second team as she led the squad with a .423 hitting percentage.

### 2005 Lock Haven Honors PSAC West Player of the Year

Li YiZhi

### PSAC West First Team

Li YiZhi

### PSAC West Second Team

Allison Furry

Inga Kurgonaite

Allison Wade

*Did You Know?  
The Lady Eagles won  
51 consecutive games  
at one time this season,  
a mark good enough  
for second all-time in  
the NCAA.*

### Scouting the Trojans

The Mount Olive College volleyball team (28-7, 19-1 CVAC) enter the Atlantic Regional as the No. 6 seed. The Trojans clinched an at-large bid after falling in the CVAC Championship game 0-3 to No. 7 seed Lees-McRae College. MOC will face Edinboro at noon on Thursday. The Trojans lost a 1-3 decision to 'boro earlier this season at the LHU Volleyball Classic. They are 2-4 against teams in the Regional, going 2-1 against Lees-McRae and 0-3 against PSAC West foes.

Senior Heidi Busch ranks 5th all-time 2,442 career kills. Their senior setter, Sara Christie ranks 14th all-time with 5,956 career assists.

### Scouting the Bobcats

Lees-McRae (27-10, 18-2 CVAC) enters the Atlantic Regionals after knocking off Mount Olive in the CVAC Championship in straight sets. The victory was the eighth-straight CVAC Title for the Bobcats. They will take on the PSAC Champs, California (Pa.) in the only first round match up of conference champions in the Atlantic Regional at 2:30 p.m. on Thursday.

Lees-McRae is led by a pair of junior outside hitters, Lacie Smith and Olivia Luce. Smith leads the Bobcats with 456 kills while Luce is tops with a .339 hitting mark.

### Scouting NCCU

North Carolina Central (29-13, 16-0 CIAA) earn the No. 8 seed after winning their conference title. The NCCU Lady Eagles will take on the LHU Lady Eagles in the final match of day one at 7:30 p.m. on Thursday.

This is the second-ever Atlantic Regional appearance for NCCU.

The Lady Eagles enter the tournament on an eight-match winning streak. They are led by senior middle hitter Danielle Johnson-Webb. She is tops with a .322 attack percentage and 457 kills. The middle hitter earned 2005 CIAA Volleyball Player of the Year.

*2005 LADY EAGLE VOLLEYBALL*

**Lock Haven University of Pennsylvania**  
**2005 Women's Volleyball Roster**

<b>No.</b>	<b>Name</b>	<b>Pos.</b>	<b>Cl.</b>	<b>Ht.</b>	<b>Hometown/High School</b>
1	Mayumi Ishihara	S/L	Jr.	5-6	Hamamatsu City, Japan/Coffeeville CC
2	Kelly Bebee	OH	Sr.	5-10	Smithtown, N.Y./Smithtown
3	Maggie Borden	OH	Jr.	5-9	Hanover, Pa./Delone Catholic
4	Michelle Deehan	OH	Sr.	5-10	Upper Marlboro, Md./Gwynn Park
5	Kelly Kostelich	S	Sr.	5-6	Venetia, Pa./Peters Township
6	Kirstin Sowers	OH	Fr.	5-10	Wilmington, Del./John Dickenson
7	Stacey Borgia	MH	Fr.	6-0	Factoryville, Pa./Lackawanna Trail
8	Allison Furry	S	Sr.	5-8	Guys Mills, Pa./Maplewood
9	Inga Kurbonaite	OPP	So.	6-4	Kaunas, Lithuania/Yuozas Urbsys
10	Julie Stocklos	DS/L	Fr.	5-2	Holland, Pa./Council Rock
11	Jen Thompson	OH	Sr.	5-11	N. Ridgeville, Ohio/Elyria Catholic
13	Meghan Hayes	MH	Sr.	6-2	Manahawkin, N.J./Southern Regional
14	Li YiZhi	MH	Jr.	5-11	Shanghai, China
15	Allison Wade	OH	Sr.	5-8	Duncansville, Pa./Hollidaysburg Area
24	Angela Robison	L/DS	So.	5-6	Julian, Pa./Bald Eagle Area

**Head Coach: Tom Justice (15<sup>th</sup> year)**

**Assistant Coach: Gen Kawakita (fifth year)**

*2005 LADY EAGLE VOLLEY BALL*

2005 Lock Haven Volleyball  
 Lock Haven Univ. Match Results (as of Nov 09, 2005)  
 All matches

Date	Opponent	Score	Score-by-game	Record	Record	Time	Attend
Aug 26, 2005	vs #16 Northwood University	W 3-0	30-28,30-27,30-26	1-0	0-0		
Aug 26, 2005	at #17 Ferris State	2-3 L	21-30,25-30,30-28,30-25,8-15	1-1	0-0		
Aug 27, 2005	vs #14 Grand Valley State	0-3 L	20-30,14-30,28-30	1-2	0-0		
Aug 27, 2005	vs Lake Superior State	W 3-1	22-30,30-24,34-32,30-18	2-2	0-0		
Sep 02, 2005	vs #7 Central Missouri St.	0-3 L	24-30,28-30,28-30	2-3	0-0		
Sep 02, 2005	vs #21 Augustana (SD)	W 3-0	30-28,30-22,30-26	3-3	0-0		
Sep 03, 2005	vs #3 Barry University	W 3-2	30-19,30-22,27-30,29-31,15-13	4-3	0-0		
Sep 03, 2005	vs #9 University of Tampa	1-3 L	20-30,29-31,30-20,20-30	4-4	0-0		
* Sep 13, 2005	at IUP	W 3-2	30-24,25-30,30-17,26-30,15-7	5-4	1-0		
* Sep 17, 2005	at Edinboro	W 3-0	30-26,30-28,30-15	6-4	2-0		
* Sep 20, 2005	at California (Pa.)	W 3-1	30-17,24-30,30-26,32-30	7-4	3-0		
Sep 23, 2005	vs Shippensburg	W 3-0	30-18,30-22,32-30	8-4	3-0		
Sep 24, 2005	vs West Chester	W 3-0	30-16,30-20,30-21	9-4	3-0		
Sep 24, 2005	at East Stroudsburg	W 3-0	30-24,30-17,30-19	10-4	3-0		
* Sep 27, 2005	at Slippery Rock	W 3-0	30-20,30-24,30-20	11-4	4-0		
Sep 30, 2005	vs Anderson	W 3-0	30-16,30-20,30-15	12-4	4-0		
Sep 30, 2005	vs Lees-McRae	W 3-0	30-21,30-26,30-12	13-4	4-0		
Oct 01, 2005	vs Virginia Union	W 3-0	30-19,30-19,30-16	14-4	4-0		
Oct 01, 2005	vs Geneva College	W 3-0	30-18,30-15,30-25	15-4	4-0		
* Oct 04, 2005	CLARION UNIVERSITY	W 3-0	30-26,30-16,30-20	16-4	5-0	1 hr 27	256
Oct 7, 2005	vs Millersville Univ.	W 3-0	30-26,30-28,30-12	17-4	5-0		
Oct 8, 2005	vs Cheyney University	W 3-0	30-4,30-5,30-2	18-4	5-0		
Oct 8, 2005	vs Kutztown University	W 3-0	30-21,30-20,30-26	19-4	5-0		
* Oct 11, 2005	IUP	W 3-0	30-26,30-24,30-23	20-4	6-0	1 hr 24	88
Oct 14, 2005	ST. ANSELM COLLEGE	W 3-0	30-14,30-17,30-6	21-4	6-0	1 hr 1	101
Oct 14, 2005	MOUNT OLIVE COLLEGE	W 3-0	30-24,30-20,30-22	22-4	6-0	1 hr 24	111
Oct 15, 2005	MERCY COLLEGE	W 3-0	30-19,30-22,30-13	23-4	6-0	1 hr 11	57
Oct 15, 2005	DOWLING COLLEGE	W 3-1	31-29,24-30,30-14,30-15	24-4	6-0	1 hr 32	124
* Oct 21, 2005	EDINBORO UNIVERSITY	W 3-0	30-17,30-24,30-25	25-4	7-0	1 hr 30	175
* Oct 25, 2005	CALIFORNIA UNIV. PA	W 3-1	30-19,25-30,30-27,30-22	26-4	8-0	1 hr 47	112
Oct 28, 2005	NEW HAVEN	W 3-0	30-11,30-22,30-23	27-4	8-0	1 hr 30	114
* Nov 01, 2005	SLIPPERY ROCK	W 3-0	30-23,30-18,30-19	28-4	9-0	1 hr 24	124
* Nov 05, 2005	at Clarion University	W 3-1	28-30,33-31,30-28,30-23	29-4	10-0		
Nov 11, 2005	Edinboro University	W 3-0	30-15,30-22,30-25	30-4	10-0		
Nov 12, 2005	California (Pa.)	L 2-3	30-28,30-27,26-30,21-30,10-15	30-5	10-0		

TEAM RECORD W-L

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 Overall: 30-5  
 Conference: 10-0  
 Region: 21-1  
 Home: 10-0  
 Away: 6-1  
 Neutral: 14-4  
 3 games: 23-2  
 4 games: 5-1  
 5 games: 2-2