

# #17 Lock Haven University Volleyball

## Game Notes

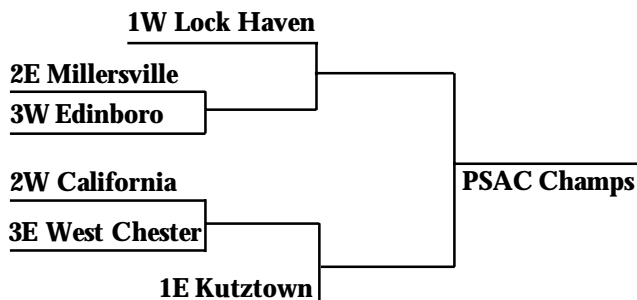
2005 PSAC Championships -- Keystone Arena -- Kutztown University -- Nov. 11-12, 2005

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### LADY EAGLE VOLLEYBALL QUICK FACTS

**Location:** ..... Lock Haven, Pa.  
**Enrollment:** ..... 5,129  
**Founded:** ..... 1870  
**Nickname:** ..... Lady Eagles  
**Colors:** ..... Crimson, White  
**Affiliation:** ..... NCAA Division II  
**Conference:** ..... Pennsylvania State Athletic Conference  
 ..... West Division  
**Home Facility:** ..... Thomas Fieldhouse  
**President:** ..... Dr. Keith T. Miller  
**Director of Athletics:** ..... Sharon E. Taylor  
**Associate Athletic Director:** ..... Peter Campbell  
**Assistant Athletic Director:** ..... Danielle Barney  
**Athletic Department Phone:** ..... 570-893-2102  
**Head Trainer:** ..... Pat Morris  
**Equipment Managers:** .... Kim Lindsey & Ralph Kalbach  
**Head Coach:** ..... Tom Justice  
**Alma Mater:** ..... Southern Illinois University '71  
**Justice's Record/Years at LHU:** ..... 336-190 (15)  
**Justice's Career Record/Years:** ..... same  
**Office Phone:** ..... 570-893-2388  
**Email:** ..... tjustice@lhup.edu  
**2004 Record:** .. 28-4, 8-2, PSAC Tournament Champions  
 ..... NCAA Division II Atlantic Region Champions  
**Starters Returning/Lost:** ..... 5/2

### 2005 PSAC Championships Bracket



### Game Times

2E vs. 3W Friday @ 10 a.m.  
 2W vs. 3E Friday @ 12:30 p.m.  
 2E/3W Winner vs. 1W Friday @ 5 p.m.  
 2W/3E Winner vs. 1E Friday @ 7:30 p.m.  
 PSAC Championship Saturday @ 3 p.m.

### The Teams

#### West



#17 Lock Haven  
29-4 (10-0 PSAC West)



California (Pa.)  
30-2 (8-2 PSAC West)



Edinboro  
24-14 (4-6 PSAC West)

#### East



Kutztown  
21-11 (7-3 PSAC East)



Millersville  
15-15 (6-4 PSAC East)



West Chester  
20-13 (6-4 PSAC East)

### 2005 Lady Eagle Stats

Stat	Overall .....	PSAC Play
Kills/Game	13.95 .....	14.77
Attack %	.278 .....	.269
Assists/Game	12.94 .....	13.97
Aces/Game	2.64 .....	2.00
Digs/Game	15.71 .....	15.94
Blocks/Game	3.20 .....	3.46

### Lock Haven Probable Starters

**MH - Li YiZhi, Jr. .... .449 a%, 407 k, 159 b**  
**MH - Stacey Borgia, Fr. .... .235 a%, 117 b**  
**OPP - Inga Kurgonaite, So. .... .332 a %**  
**OH - Allison Wade, Sr. .... 250 k, 263 d**  
**OH - Michelle Deehan, Sr. ... 181 k, 221 d**  
**S - Allison Furry, Sr. .... 729 assists**  
**L - Mayumi Ishihara, Jr. .... 166 d**

2005 LADY EAGLE VOLLEYBALL

## The Games

The Lock Haven University volleyball team travels to Kutztown University to take part in the Pennsylvania State Athletic Conference (PSAC) Championships. LHU will not have the luxury of knowing their first opponent, as they have received a bye into the semifinals, having clinched the top seed in the Western Division. The Lady Eagles will face the Millersville/Edinboro quarterfinal winner at 5 p.m. on Friday, Nov. 11. The PSAC Championship match will be held on Saturday, Nov. 12 at 3 p.m.

## Scouting LHU

After facing seven ranked opponents in their first eight contests, the No. 17 Lady Eagles (29-4, 10-0 PSAC West) are currently riding a 25-match winning streak. Lock Haven clinched the No. 1 seed in the West with an undefeated PSAC mark of 10-0, and an unblemished record in the Atlantic Region (20-0). Big victories for LHU this season came early in the season when they defeated defending national champion Barry University in five sets, and when they handed California University (Pa.) their only two defeats of the year.

2004 All-American **Li YiZhi** leads the Haven attack as she ranks first in the PSAC in hitting percentage (.449) and total blocks (159). She is also tops on the team in kills, digs and service aces. Opposite **Inga Kurgonaite** showed no signs of a sophomore slump as she hit an incredible .332 from the outside ranks, good for second on the squad and eighth in the PSAC. Senior outside hitter **Allison Wade** is second on the Lady Eagles in digs and is one of the top servers on the team. Senior setters **Allison Furry** and **Kelly Kostelich** combined to set the offensive attack with 1,270 assists.

## Scouting KU

The Kutztown University volleyball team (21-11, 7-3 PSAC East) enter the PSAC Championships as the No. 1 seed in the East, having defeated No. 2 Millersville University on the final day of regular-season play. The host school will take on the California/West Chester winner at 7:30 p.m. on Friday.

Junior outside hitter Sarah Brandon is one of the most powerful hitters in the conference. The 2004 PSAC East First Team selection ranks first in the conference in kills with 541. Her .331 attack percentage is good for ninth in the PSAC and she is tops on the team with 106 blocks. Freshman Austin Kinney has a team-high 1,204 assists.

## Scouting CalU

The Vulcans (30-2, 8-2 PSAC West) put together one of the best seasons in school history. They earned the No. 2 seed in the West having only lost two conference matches, both to Lock Haven. They will face West Chester in the quarterfinals on Friday at 12:30 p.m.

Senior outside hitter Katie Barker has 405 kills, good for second in the conference, while senior setter Aimee Helbig contributes 11.14 assist/game, fourth in the PSAC.

## Lock Haven University Volleyball

### Schedule/Results

#### 29-4/10-0 PSAC West

Aug. 26	..... vs. #16 Northwood	..... W, 3-0
Aug. 26	..... at #17 Ferris State	..... L, 2-3
Aug. 27	..... vs. #14 Grand Valley State	..... L, 0-3
Aug. 27	..... vs. Lake Superior State	..... W, 3-1
Sept. 2	..... vs. #7 Central Missouri State	..... L, 0-3
Sept. 2	..... vs. #21 Augustana (SD)	..... W, 3-0
Sept. 3	..... vs. #3 Barry	..... W, 3-2
Sept. 3	..... vs. #9 Tampa	..... L, 1-3
Sept. 13	..... at IUP*	..... W, 3-2
Sept. 17	..... at Edinboro*	..... W, 3-0
Sept. 20	..... at California (Pa.)*	..... W, 3-1
Sept. 23	..... vs. Shippensburg	..... W, 3-0
Sept. 24	..... vs. West Chester	..... W, 3-0
Sept. 24	..... at East Stroudsburg	..... W, 3-0
Sept. 27	..... at Slippery Rock*	..... W, 3-0
Sept. 30	..... vs. Anderson	..... W, 3-0
Sept. 30	..... vs. Lees-McRae	..... W, 3-0
Oct. 1	..... vs. Virginia Union	..... W, 3-0
Oct. 1	..... vs. Geneva	..... W, 3-0
<b>Oct. 4</b>	..... <b>CLARION*</b>	..... <b>W, 3-0</b>
Oct. 7	..... vs. Millersville	..... W, 3-0
Oct. 8	..... vs. Cheyney	..... W, 3-0
Oct. 8	..... vs. Kutztown	..... W, 3-0
<b>Oct. 11</b>	..... <b>IUP*</b>	..... <b>W, 3-0</b>
<b>Oct. 14</b>	..... <b>ST. ANSELM</b>	..... <b>W, 3-0</b>
<b>Oct. 14</b>	..... <b>MOUNT OLIVE</b>	..... <b>W, 3-0</b>
<b>Oct. 15</b>	..... <b>MERCY</b>	..... <b>W, 3-0</b>
<b>Oct. 15</b>	..... <b>DOWLING</b>	..... <b>W, 3-1</b>
<b>Oct. 21</b>	..... <b>EDINBORO*</b>	..... <b>W, 3-0</b>
<b>Oct. 25</b>	..... <b>CALIFORNIA (Pa.)*</b>	..... <b>W, 3-1</b>
<b>Oct. 28</b>	..... <b>NEW HAVEN</b>	..... <b>W, 3-0</b>
<b>Nov. 1</b>	..... <b>SLIPPERY ROCK*</b>	..... <b>W, 3-0</b>
Nov. 5	..... at Clarion*	..... W, 3-1
Oct. 11-12	..... PSAC Championships	..... var.
Oct. 18-20	..... Atlantic Regionals	..... TBD



**Tom Justice** is Lock Haven University volleyball. Justice launched the volleyball program at LHU 15 seasons ago, and has built it into a dominant team in the Pennsylvania State Athletic Conference (PSAC) and a perennial noise-maker at the national level.

Justice generalled the 2004 squad to a 28-4 record, helping him to the elite 300-win plateau. The squad took first in the PSAC West with an 8-2 mark, and also won their second-straight PSAC and NCAA East Regional Championships.

Since helping start the program 15 seasons ago, Justice has guided Lock Haven volleyball to an impressive 336-190 record. The program's success has been particularly evident over the past two years, as Justice has directed the Lady Eagles to a 59-10 mark and a record of 16-4 in the PSAC Western Division.

The Haven volleyball team won PSAC championship tournament titles in 1996, 1999, 2000, 2003 and 2004 and won NCAA Atlantic Region championships in 1997, 1999, 2001, 2003 and 2004, advancing to the NCAA Division II Elite Eight on each of those occasions. Coach Justice has been named the PSAC Western Division Coach of the Year on three occasions, and has also merited two Atlantic Region Coach of the Year honors.

# 2005 LADY EAGLE VOLLEY BALL

### Scouting 'ville

The Millersville University volleyball team (15-15, 6-4 PSAC East) clinched the No. 2 seed in the East after dropping their final match to Kutztown. This is the second-straight trip to the conference championships for the Mauraders, after being defeated in the quarterfinals last season by IUP. The 'ville will face Edinboro on Friday at 10 a.m.

Senior Jocelyn Decker is tops in the conference with 7.24 digs/game.

### Scouting 'boro

The Edinboro University volleyball team (24-14, 4-6 PSAC West) enter the PSAC Championships as the No. 3 seed in the West. The Fighting Scots have come on strong at the end of the season. After starting conference play 0-4, Edinboro won 17 of their last 19 matches. Their only losses in that stretch were to No. 1 seed Lock Haven and No. 2 seed California (Pa.). The 'boro will face Millersville at 10 a.m. on Friday.

The Fighting Scots are led by middle hitters Jenna Newman and Alicia Knoff. The pair are ranked in the PSAC in hitting percentage, as Newman's .339 mark is sixth while Knoff is 10th with .327. Junior outside hitter Amelia Robinson is second in the conference with 82 service aces this season.

### Scouting WCU

The Golden Rams (20-13, 6-4 PSAC East) are the No. 3 seed out of the East and will face California (Pa.) in the second quarterfinal match on Friday at 12:30. West Chester won five of their final six matches to clinch the final spot in the East. This is their first trip back to the PSAC Championships after missing the tournament last season.

Senior middle hitter Tracy Williams ranks fourth in the conference with 146 blocks. Junior opposite Megan Musselman contributes a team-high 414 kills for the Golden Rams, good for fifth in the PSAC.

### Pennsylvania State Athletic Conference Standings

#### Eastern Division

Team	PSAC	All	%
Kutztown	7-4	21-11	.656
Millersville	6-4	15-15	.500
West Chester	6-4	20-13	.606
Shippensburg	6-4	22-17	.564
East Stroudsburg	5-5	15-14	.517
Cheyney	0-10	0-24	.000

#### Western Division

<b>Lock Haven</b>	<b>10-0</b>	<b>29-4</b>	<b>.879</b>
California	8-2	30-2	.938
Edinboro	4-6	24-14	.632
Slippery Rock	4-6	24-9	.727
IUP	3-7	24-10	.706
Clarion	1-9	23-12	.657

*Did You Know?  
The Lady Eagles won  
51 consecutive games  
at one time this season,  
a mark good enough  
for second all-time in  
the NCAA.*

### Last Time Out For the Lady Eagles

The No. 19 Lock Haven University volleyball team (29-4, 10-0 PSAC West) ended the regular season on a high note with a four-game win over Clarion University (23-12, 1-9 PSAC West). With the victory, the Lady Eagles finish up an unblemished mark in both the Pennsylvania State Athletic Conference (PSAC) (10-0) and the Atlantic Region (20-0). Having already clinched the top seed in next weekend's PSAC Championships, head coach **Tom Justice** has his squad ready to move on to post-season play.

Leading the way for the Lady Eagles was All-American **Li YiZhi**. The junior middle hitter recorded the first triple-double of her career, finishing with 19 kills, 22 digs, and 10 total blocks. She was a force in all assets of the contest, adding five assists while hitting at a .500 clip.

Assisting Li to the victory were a pair of seniors with double-doubles. Outside hitter **Allison Wade** chimed in with 18 kills and 12 digs while setter **Kelly Kostelich** handed out 23 assists to go along with her 13 digs. Wade had 51 attack attempts, making only six errors in the match. Kostelich added a team-high four service aces in the winning effort.

Classmate **Michelle Deehan** put together another fantastic performance for the Haven. She collected 19 digs and pounded out eight kills, attacking at a .316 percentage. Sophomore opposite **Inga Kurgonaite** had 11 kills and five total blocks. Senior setter **Allison Furry** finished the contest with a team-high 27 assists.

The victory brings the school-record winning streak to 25 straight and improves LHU's record in games during that streak to an impressive 75-6.

### Up Next

No. 17 Lock Haven University will advance to the Atlantic Regional on Thursday-Saturday, Nov. 17-19. The site of competition has yet to be determined.

**Lock Haven University of Pennsylvania**  
**2005 Women's Volleyball Roster**

<b>No.</b>	<b>Name</b>	<b>Pos.</b>	<b>Cl.</b>	<b>Ht.</b>	<b>Hometown/High School</b>
1	Mayumi Ishihara	S/L	Jr.	5-6	Hamamatsu City, Japan/Coffeeville CC
2	Kelly Bebee	OH	Sr.	5-10	Smithtown, N.Y./Smithtown
3	Maggie Borden	OH	Jr.	5-9	Hanover, Pa./Delone Catholic
4	Michelle Deehan	OH	Sr.	5-10	Upper Marlboro, Md./Gwynn Park
5	Kelly Kostelich	S	Sr.	5-6	Venetia, Pa./Peters Township
6	Kirstin Sowers	OH	Fr.	5-10	Wilmington, Del./John Dickenson
7	Stacey Borgia	MH	Fr.	6-0	Factoryville, Pa./Lackawanna Trail
8	Allison Furry	S	Sr.	5-8	Guys Mills, Pa./Maplewood
9	Inga Kurbonaite	OPP	So.	6-4	Kaunas, Lithuania/Yuozas Urbsys
10	Julie Stocklos	DS/L	Fr.	5-2	Holland, Pa./Council Rock
11	Jen Thompson	OH	Sr.	5-11	N. Ridgeville, Ohio/Elyria Catholic
13	Meghan Hayes	MH	Sr.	6-2	Manahawkin, N.J./Southern Regional
14	Li YiZhi	MH	Jr.	5-11	Shanghai, China
15	Allison Wade	OH	Sr.	5-8	Duncansville, Pa./Hollidaysburg Area
24	Angela Robison	L/DS	So.	5-6	Julian, Pa./Bald Eagle Area

**Head Coach: Tom Justice (15<sup>th</sup> year)**

**Assistant Coach: Gen Kawakita (fifth year)**

*2005 LADY EAGLE VOLLEY BALL*

2005 Lock Haven Volleyball  
 Lock Haven Univ. Match Results (as of Nov 09, 2005)  
 All matches

Date	Opponent	Score	Score-by-game	Record	Record	Time	Attend
Aug 26, 2005	vs #16 Northwood University	W 3-0	30-28,30-27,30-26	1-0	0-0		
Aug 26, 2005	at #17 Ferris State	2-3 L	21-30,25-30,30-28,30-25,8-15	1-1	0-0		
Aug 27, 2005	vs #14 Grand Valley State	0-3 L	20-30,14-30,28-30	1-2	0-0		
Aug 27, 2005	vs Lake Superior State	W 3-1	22-30,30-24,34-32,30-18	2-2	0-0		
Sep 02, 2005	vs #7 Central Missouri St.	0-3 L	24-30,28-30,28-30	2-3	0-0		
Sep 02, 2005	vs #21 Augustana (SD)	W 3-0	30-28,30-22,30-26	3-3	0-0		
Sep 03, 2005	vs #3 Barry University	W 3-2	30-19,30-22,27-30,29-31,15-13	4-3	0-0		
Sep 03, 2005	vs #9 University of Tampa	1-3 L	20-30,29-31,30-20,20-30	4-4	0-0		
* Sep 13, 2005	at IUP	W 3-2	30-24,25-30,30-17,26-30,15-7	5-4	1-0		
* Sep 17, 2005	at Edinboro	W 3-0	30-26,30-28,30-15	6-4	2-0		
* Sep 20, 2005	at California (Pa.)	W 3-1	30-17,24-30,30-26,32-30	7-4	3-0		
Sep 23, 2005	vs Shippensburg	W 3-0	30-18,30-22,32-30	8-4	3-0		
Sep 24, 2005	vs West Chester	W 3-0	30-16,30-20,30-21	9-4	3-0		
Sep 24, 2005	at East Stroudsburg	W 3-0	30-24,30-17,30-19	10-4	3-0		
* Sep 27, 2005	at Slippery Rock	W 3-0	30-20,30-24,30-20	11-4	4-0		
Sep 30, 2005	vs Anderson	W 3-0	30-16,30-20,30-15	12-4	4-0		
Sep 30, 2005	vs Lees-McRae	W 3-0	30-21,30-26,30-12	13-4	4-0		
Oct 01, 2005	vs Virginia Union	W 3-0	30-19,30-19,30-16	14-4	4-0		
Oct 01, 2005	vs Geneva College	W 3-0	30-18,30-15,30-25	15-4	4-0		
* Oct 04, 2005	CLARION UNIVERSITY	W 3-0	30-26,30-16,30-20	16-4	5-0	1 hr 27	256
Oct 7, 2005	vs Millersville Univ.	W 3-0	30-26,30-28,30-12	17-4	5-0		
Oct 8, 2005	vs Cheyney University	W 3-0	30-4,30-5,30-2	18-4	5-0		
Oct 8, 2005	vs Kutztown University	W 3-0	30-21,30-20,30-26	19-4	5-0		
* Oct 11, 2005	IUP	W 3-0	30-26,30-24,30-23	20-4	6-0	1 hr 24	88
Oct 14, 2005	ST. ANSELM COLLEGE	W 3-0	30-14,30-17,30-6	21-4	6-0	1 hr 1	101
Oct 14, 2005	MOUNT OLIVE COLLEGE	W 3-0	30-24,30-20,30-22	22-4	6-0	1 hr 24	111
Oct 15, 2005	MERCY COLLEGE	W 3-0	30-19,30-22,30-13	23-4	6-0	1 hr 11	57
Oct 15, 2005	DOWLING COLLEGE	W 3-1	31-29,24-30,30-14,30-15	24-4	6-0	1 hr 32	124
* Oct 21, 2005	EDINBORO UNIVERSITY	W 3-0	30-17,30-24,30-25	25-4	7-0	1 hr 30	175
* Oct 25, 2005	CALIFORNIA UNIV. PA	W 3-1	30-19,25-30,30-27,30-22	26-4	8-0	1 hr 47	112
Oct 28, 2005	NEW HAVEN	W 3-0	30-11,30-22,30-23	27-4	8-0	1 hr 30	114
* Nov 01, 2005	SLIPPERY ROCK	W 3-0	30-23,30-18,30-19	28-4	9-0	1 hr 24	124
* Nov 05, 2005	at Clarion University	W 3-1	28-30,33-31,30-28,30-23	29-4	10-0		

TEAM RECORD W-L

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 Overall: 29-4  
 Conference: 10-0  
 Region: 20-0  
 Home: 10-0  
 Away: 6-1  
 Neutral: 13-3  
 3 games: 22-2  
 4 games: 5-1  
 5 games: 2-1

2005 Lock Haven Volleyball  
 Lock Haven Univ. Overall Individual Statistics (as of Nov 09, 2005)  
 All matches

Overall record: 29-4 Conf: 10-0 Home: 10-0 Away: 6-1 Neutral: 13-3

##	Name	GP-MP-MS	-----ATTACK-----					---SET---		-----SERVE-----		
			K	K/Game	E	TA	Pct	A	A/Game	SA	SA/Gm	SE
1	ISHIHARA, Mayumi	91 30-	1	0.01	0	1	1.000	3	0.03	34	0.37	<b>44</b>
5	KOSTELICH, Kelly	109 <b>33-</b>	1	0.01	0	1	1.000	541	4.96	41	0.38	25
14	LI, YiZhi	107 <b>33-</b>	<b>407</b>	<b>3.80</b>	71	<b>748</b>	<b>.449</b>	38	0.36	<b>59</b>	<b>0.55</b>	30
9	KURGONAITE, Inga	101 30-	318	3.15	<b>86</b>	699	.332	25	0.25	12	0.12	18
13	HAYES, Meghan	25 13-	32	1.28	11	79	.266	3	0.12	5	0.20	7
8	FURRY, Allison	<b>111 33-</b>	1	0.01	0	4	.250	<b>729</b>	<b>6.57</b>	37	0.33	34
15	WADE, Allison	107 32-	250	2.34	79	724	.236	20	0.19	41	0.38	28
7	BORGIA, Stacey	103 32-	138	1.34	55	353	.235	7	0.07	0	0.00	1
3	BORDEN, Maggie	101 32-	163	1.61	60	471	.219	28	0.28	26	0.26	9
4	DEEHAN, Michelle	95 <b>33-</b>	181	1.91	79	568	.180	26	0.27	24	0.25	23
11	THOMPSON, Jen	45 23-	40	0.89	22	162	.111	11	0.24	5	0.11	2
2	BEBEE, Kelly	46 21-	17	0.37	12	59	.085	5	0.11	6	0.13	14
10	STOCKLOS, Julie	11 11-	0	0.00	0	0	.000	0	0.00	0	0.00	2
6	SOWERS, Kirstin	14 12-	0	0.00	0	0	.000	0	0.00	3	0.21	7
<b>LOCK HAVEN UNIV.....</b>		<b>111 33-</b>	<b>1549</b>	<b>13.95</b>	<b>475</b>	<b>3869</b>	<b>.278</b>	<b>1436</b>	<b>12.94</b>	<b>293</b>	<b>2.64</b>	<b>244</b>

##	Name	G	---DIG---			-----BLOCKING-----					
			RE	DIG	Dig/G	BS	BA	Total	B/G	BE	BHE
1	ISHIHARA, Mayumi	91	21	166	1.82	0	0	0	0.00	0	1
5	KOSTELICH, Kelly	109	2	173	1.59	0	0	0	0.00	1	<b>25</b>
14	LI, YiZhi	107	12	<b>428</b>	<b>4.00</b>	<b>43</b>	<b>116</b>	<b>159</b>	<b>1.49</b>	13	1
9	KURGONAITE, Inga	101	1	78	0.77	20	62	82	0.81	<b>24</b>	10
13	HAYES, Meghan	25	0	15	0.60	5	15	20	0.80	3	0
8	FURRY, Allison	<b>111</b>	1	147	1.32	2	4	6	0.05	0	23
15	WADE, Allison	107	<b>35</b>	263	2.46	8	35	43	0.40	11	2
7	BORGIA, Stacey	103	3	53	0.51	39	78	117	1.14	13	3
3	BORDEN, Maggie	101	19	110	1.09	11	44	55	0.54	9	6
4	DEEHAN, Michelle	95	30	221	2.33	15	31	46	0.48	2	1
11	THOMPSON, Jen	45	0	20	0.44	4	27	31	0.69	7	1
2	BEBEE, Kelly	46	13	57	1.24	0	4	4	0.09	8	1
6	SOWERS, Kirstin	14	0	6	0.43	0	0	0	0.00	0	0
10	STOCKLOS, Julie	11	0	6	0.55	0	0	0	0.00	0	0
<b>LOCK HAVEN UNIV.....</b>		<b>111</b>	<b>137</b>	<b>1744</b>	<b>15.71</b>	<b>147</b>	<b>416</b>	<b>355.0</b>	<b>3.20</b>	<b>91</b>	<b>74</b>