

LOCK HAVEN UNIVERSITY WRESTLING

Feb. 18 and 19 -- Bloomsburg University and Clarion University

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Lock Haven Wrestling Quick Facts

Name of SchoolLock Haven University
 City/State/ZipLock Haven, PA 17745
 Founded1870
 Enrollment4500
 NicknameBald Eagles
 School ColorsCrimson and White
 Home FieldThomas Field House
 AffiliationNCAA Division I
 ConferenceEastern Wrestling League
 PresidentDr. Keith T. Miller
 Alma MaterUniversity of Arizona
 Athletics DirectorSharon E. Taylor
 Alma MaterLock Haven
 First Year of Wrestling:1938-39
 All-Time Record:649-252-11
 Last EWL Title:1996-97
 Individual National Championships:9
 Overall Record in 2003-04:4-10
 Final 2004-005 Dual Meet Ranking:NR
 NCAA Championships Finish:T-42nd
 EWL Record/Place:1-6/seventh at EWL Tournament
 Head Coach:Rocky Bonomo
 Alma Mater:Bloomsburg '87
 Record at School/Year:21-27/two+
 Career Record/Years:same
 Assistant Coaches:Mike Rogers (Lock Haven '97)
Mike Maney (Lock Haven '04)
 Director of Athletics' Operations:Wally Kocher



A 14-year veteran of the Lock Haven University wrestling program, **Anthony "Rocky" Bonomo** begins season number three at the helm of the Bald Eagle wrestling program after assuming the reigns in the spring of 2002. An assistant coach with the LHU program since 1990, Bonomo is the ninth coach in school history, succeeding Carl Poff, head coach from 1990-2002.

Bonomo and the Bald Eagles battled through a tough schedule in 2003-04, posting a 4-10 record and a 7th-place Eastern Wrestling League finish.

He led the 2003 Bald Eagles to the program's 12th-straight winning season with a 12-11 overall record. The Haven added a runner-up finish at the PSAC championships and a fourth-place showing at the Eastern Wrestling League Tournament in addition to sending four grapplers to the NCAA Division I National Wrestling Championships. One Bald Eagle came home an All-American while the team placed 35th overall at the national tournament.

Bonomo has brought a wealth of experience and talent to Team Lock Haven, contributing to the Division I program in all phases of its operation. Among his many responsibilities, Bonomo directs the teaching, academic monitoring and fundraising efforts of the Bald Eagle squad. Bonomo also serves as a key asset in the recruitment of LHU's student-athletes due to his national respect as a wrestling instructor.

Probable Starters

Sch.	Wt.	Name	Yr.	'04-'05 Record
LHU	125	Obe Blanc	R-Fr.	25-10
Bloom	125	Mike Sees	Fr.	16-1
Clar	125	no entry		
LHU	133	Jim Collins	R-Jr.	9-15
Bloom	133	Tony Curto	So.	18-7
or	133	Joe Hasseman	So.	6-14
Clar	133	Chris Lape	So.	14-13
LHU	141	Matt Fittery	Fr.	9-15
Bloom	141	Brad Forbes	Jr.	12-7
Clar	141	#10 Frank Edgar	Sr.	35-7
LHU	149	Joshua A. Medina	Jr.	23-6
Bloom	149	George Hickman	Fr.	14-16
or	149	Mark Piermattei	Sr.	8-18
Clar	149	Bart Wylie	Fr.	4-8
or	149	Nathan Geesaman	So.	2-8
LHU	157	Seth Martin	R-So.	25-15
Bloom	157	Chris Tate	So.	13-18
Clar	157	#10 Chris Horning	Jr.	24-4
LHU	165	B.J. Mikeska	Jr.	11-12
Bloom	165	Jimmy Bertulis	Jr.	29-6
Clar	165	Marcus Surin	Sr.	24-11
LHU	174	Rory McCoy	Fr.	13-12
Bloom	174	#14 Bryce Hasseman	Sr.	31-3
Clar	174	Chris Goings	Fr.	7-19
LHU	184	Mike Metzger	So.	13-14
Bloom	184	Jesse Hasseman	Fr.	8-20
Clar	184	Dave Gardner	So.	7-11
LHU	197	Morgan Horner	Jr.	6-2
or	197	Ben Hepburn	Fr.	12-12
Bloom	197	Chad Hoare	Sr.	28-6
Clar	197	Charlie Cilinski	Jr.	2-18
LHU	Hwt.	Jamie Nagel	Fr.	2-14
Bloom	Hwt.	Mike Spaid	Fr.	12-17
Clar	Hwt.	John Fager	Jr.	13-17

The Meet

The Lock Haven University wrestling team (5-7, 2-2 EWL), fresh off a 21-19 upset of #22 West Virginia University, will travel to Bloomsburg University (8-5, 3-2 EWL) on Friday, Feb. 18 at 7:30 p.m. before returning home the fol-

All Rankings from the NWCA

EWL Champions: 1997;

PSAC Champions: 1940, 1941, 1942, 1947, 1948, 1949, 1950, 1953, 1956, 1957, 1958, 1961, 1966, 1967, 1969, 1970, 1988, 1993, 1996, 1997, 2001

lowing day for Senior Night against Clarion University (3-12-1, 0-2 EWL) at 7:30 p.m. in the Thomas Fieldhouse.

Broadcast for both games will be available on WBPZ 1230 AM and a webcast available with live audio and video for the Clarion Dual at <http://wren.lhup.edu>.

Last Time out for LHU

An unexpected pinfall combined with domination at the lighter weights and an excellent strategic move at heavyweight were all factors in the Lock Haven wrestling team's victory over No. 22 West Virginia University (3-6, 3-1 EWL), 21-19 at Thomas Fieldhouse. Freshman **Matt Fittery (Denver, Pa./Cocalico)** scored the surprise second-period pin in the 141-pound bout.

The Bald Eagles swept the first four matches, as freshman **Obe Blanc (Naples, Fla./Lely)** got the night started at 125 with a 15-7 major decision over Shawn Cordell. Junior **Jim Collins (Jonestown, Pa./Northern Lebanon)** followed that up with a 4-3 win over Cody Gustines, giving Collins his ninth win of the year and the team a 7-0 advantage.

Fittery then followed with his pin, by spearing Vince Gioiella straight to his back and keeping his shoulders down for the win.

For the second meet in a row, it came down to the final bout at heavyweight. This time, Bonomo made a strategic switch, putting 197-pounder **Morgan Horner (Hasbrouck Heights, N.J./Hasbrouck Heights)** in against WVU's Matt Holsopple. Horner proceeded to dismantle Holsopple 12-2, earning the 21-19 win.

Scouting the Huskies

Bloomsburg enters Friday's dual on a five-dual winning streak, dating back to Jan. 22. The Huskies most recently topped Edinboro University 21-14.

Bloomsburg features just one ranked grappler, No. 14 174-pounder Bryce Hasseman at 31-3, but two other Huskies have 20 wins, including 197-pounder Chad Hoare at 28-6 and 165-pounder Jimmy Bertulis at 29-6.

Last Time Against Bloom

Wrestling in their final matches in Thomas Fieldhouse, all six Bald Eagle seniors wrestling came away with hard-fought victories,

LHU Wrestling Schedule/Results

(4-6, 1-1 EWL)

Date	Opponent	Result
11/20	at East Stroudsburg Open	.4 ind. placers
11/22	MILLERSVILLE	W, 41-3
11/27	MAT TOWN USA INVITATIONAL	12th of 13
12/5	at Penn State Open	.6 ind. placers
12/8	AMERICAN UNIVERSITY	W, 28-16
12/28-29	at North Carolina-Greensboro	.11th of 23
1/8	Hitchcock Memorial Classic	.6 ind. placers
	(Millersville, Pa.)	
1/14-15	at Virginia Duals	
	v. Indiana	.L, 4-32
	v. American	W, 41-9
	v. Cal State-Bakersfield	.L, 13-27
1/21	at Iowa State (v. Stanford)	.3 p.m.
	v. Iowa State	.L, 12-35
	v. Stanford	.L, 15-22
1/28-29	at PSAC Championship	.4th of 9
	(East Stroudsburg, Pa.)	
2/5	at Edinboro*	.L, 13-33
2/6	at Cleveland State*	W, 25-20
2/8	at #15 Penn State	.L, 13-34
2/11	PITTSBURGH*	L, 16-20
2/13	#22 WEST VIRGINIA*	W, 21-19
2/18	at Bloomsburg*	.7:30 p.m.
2/19	CLARION*	7:30 p.m.
3/5-6	at EWL Championships	.9 a.m.
	(Clarion, Pa.)	
5/17-19	at NCAA Championship	.9 a.m.
	(St. Louis)	

*indicates EWL contest

BOLD CAPS indicate home contest

Eastern Wrestling League Standings

Team	EWL	Total
Pittsburgh	4 1	8 6
West Virginia	3 1	4 6
Bloomsburg	3 2	8 5
Edinboro	2 2	8 5
Lock Haven	2 2	5 7
Cleveland State	2 3	4 14
Clarion	0 5	3 12 1

PSAC Standings

Team	Record
Kutztown	10 2
East Stroudsburg	6 2
Edinboro	8 5
Bloomsburg	8 5
Millersville	6 5 1
Shippensburg	6 6 1
Lock Haven	5 7
Slippery Rock	7 15
Clarion	3 12 1

including the decisive win by **Steve Itterly** at heavyweight, to give Lock Haven University the 20-16 victory over Bloomsburg in EWL action. It was the 14th-straight win for the Bald Eagles over the Huskies, and gave them their only league victory of the season.

Scouting the Golden Eagles

Clarion is last in the EWL with a 0-5 record. They have lost six dual's in a row dating back to Jan. 16 when they hosted West Virginia. Their last win came at Slippery Rock on Jan. 13 where they won 29-9.

Clarion features two ranked wrestlers, No. 10 141-pounder Frank Edgar at 35-7 and No. 10 157-pounder Chris Horning at 24-4. Last Time Against Clarion

When the Lock Haven wrestling team finally gained the momentum, winning the last three matches, it was already too late as Clarion was able to hang on for the 25-18 win in league action at Tippin Gymnasium. Clarion stormed out to a 21-3 lead, winning four of the first five matches.

Martin Takes PSAC Wrestler of the Week

Sophomore **Seth Martin (Selinsgrove, Pa./Selinsgrove)** was picked Pennsylvania State Athletic Conference (PSAC) Wrestler of the Week for his efforts in duals during the week ending Feb. 13.

Martin had three excellent matches this week, starting it off with a 7-5 sudden-victory upset of Penn State's No. 13 Nate Galloway. He followed that up with a dominant 9-1 decision over former ranked grappler Matt Kocher of Pittsburgh and a near-upset of No. 7 Matt Lebe of No. 22 West Virginia, dipping by a 5-2 margin.

2004-05 Bald Eagle Wrestling

Name	Wt.	Yr.	Hometown/Previous School
Obe Blanc	125	R-Fr.	Naples, Fla./Lely
Damian Carbone	Hwt	Fr.	Wilkes-Barre, Pa./Meyers
Jim Collins	133	R-Jr.	Jonestown, Pa./Northern Lebanon
Erie Coney	125	Fr.	Miami/Miramar
Brian Ellis	133/141	Fr.	Bethlehem, Pa./Liberty
Josh Fisk	174/181	Jr.	Wyalusing, Pa./Drexel University
Matt Fittery	141	Fr.	Denver, Pa./Cocalico
Nick Hawrylchak	149	R-So.	Altamont, N.Y./Guildeyland
Ben Hepburn	177	Fr.	Williamsport, Pa./Loyalstock
Mike Hillman	184/197	So.	Hunlock Creek, Pa./Lake Lehman
Brent Hoover	141	R-So.	Halifax, Pa./Halifax
Brian Hoover	149	R-So.	Halifax, Pa./Halifax
Morgan Horner	197	Jr.	Hasbrouck Heights, N.J./Hasbrouck Heights
Brock Jardine	165/174	So.	Strasburg, Va./Southern Virginia University
Justin Johnson	184	Sr.	Wyalusing, Pa./Bloomsburg University
Jacob A. Lauffenburger	165	Fr.	Russell, Pa./Warren Area
Matt Marquart	157	Jr.	Rutherford, N.J./Rutherford
Andrew Martin	157	Fr.	Carlisle, Pa./Big Spring
Seth Martin	157	R-So.	Selinsgrove, Pa./Selinsgrove
Jameik Mathews	141	Fr.	Seaford, Del./Laurel
Rory McCoy	165	Fr.	Hughesville, Pa./Hughesville
Joshua A. Medina	149/157	Jr.	Las Vegas/Pima C.C.
Mike Metzger	184	So.	Reading, Pa./Governor Mifflin
Tim Meyers	197/Hwt	Jr.	Mill Hall, Pa./Central Mountain
B.J. Mikeska	165	Jr.	Derry, Pa./Bloomsburg University
Casey Moore	133	So.	Beech Creek, Pa./Central Mountain
Derrick Morgan	165/174	R-So.	Milan, Pa./Athens
Jamie Nagel	197/HWT	Fr.	Shade Gap, Pa./Mount Union Area
Sobhan Namvar	165	Fr.	Needham, Mass./Needham
Carlos Ponce	165/174	R-So.	Hialeah, Fla./Hialeah Miami Lakes
Donnie Reinhart	184	Fr.	Dublin, Ohio/Dublin Coffman
Monty Rockey	197/HWT	Fr.	Port Matilda, Pa./Bald Eagle Area
Clint Shirk	133/141	Fr.	Julian, Pa./Bald Eagle Area
Josh Sizemore	157	Fr.	Beavercreek, Ohio/Beavercreek
Dan Thoman	174	Jr.	Red Lion, Pa./Dallastown

PRO-nun-SEE-a-shun GUYED

Joshua A. Medinamuh-DEEN-uh	Obe BlancOH-bee BLAHNK
B.J. Mikeskamih-KESS-kuh	Carlos PoncePONSE
Dan ThomanTHOM-an	Nick HawrylchakHOW-ruh-luh-CHECK

Lock Haven University of Pennsylvania
2004-05 Wrestling Season and Career Individual Records (as of 2/17/05)

Name/YR	Wt.	SEASON			CAREER				
		W/L	Maj.	TF	Pin (fastest)	W/L	Maj.	TF/MT	Fall
Obe Blanc, R-FR	125	25-10	5	0	2 (4:34)	25-10	5	0	2
Erie Coney, FR	125					0-0	0	0	0
Jim Collins, R-JR	133	9-15	2	2	0	39-47	9	2	6
James Barnes, R-SR	133	0-4	0	0	0	11-19	1	0	5
Casey Moore, SO	133	2-2	0	0	0	12-16	1	0	1
Clint Shirk, FR	141	11-4	2	0	2 (1:38)	11-4	2	0	2
Brian Ellis, FR	141	10-10	3	0	1 (3:37)	10-10	3	0	1
Matt Fittery, FR	141	13-15	4	1	3 (3:18)	13-15	4	1	3
Jamiek Mathews, FR	141					0-0	0	0	0
Brent Hoover, R-JR	141					1-6	0	0	1
Nick Hawrylchak, R-JR	141/149	2-4	1	0	1 (3:21)	7-12	1	0	3
Josh Medina, JR	149	23-6	9	0	0	23-6	9	0	0
Brian Hoover, R-JR	157	1-4	0	0	0	6-10	0	0	3
Josh Sizemore, R-FR	157	1-3	0	0	0	1-3	0	0	0
Matt Marquart, JR	157	8-6	1	0	3 (1:28)	11-15	1	0	4
Seth Martin, R-SO	157	25-15	7	3	6 (0:53)	39-26	8	5	9
Andrew Martin, FR	165	0-2	0	0	0	0-2	0	0	0
Sobhan Namvar, FR	165	2-4	0	0	0	2-4	0	0	0
B.J. Mikeska, JR	165	11-12	3	1	2 (2:31)	15-15	3	1	2
Jacob Lauffenburger, FR	165	0-2	0	0	0	0-2	0	0	0
Dustin Swindell, FR	165	0-4	0	0	0	0-4	0	0	0
Rory McCoy, FR	165/174	13-12	3	0	3 (1:15)	13-12	3	0	3
Brock Jardine, SO	174	1-3	0	0	1 (3:37)	1-3	0	0	1
Carlos Ponce, R-SO	174	10-19	2	0	0	18-38	4	0	0
Derrick Morgan, R-SO	174					1-5	0	0	1
Dan Thoman, JR	174					0-0	0	0	0
Josh Fisk, SR	174/184					16-27	2	0	4
Justin Johnson, SR	184	8-12	1	0	1 (2:55)	18-14	1	0	1
Donnie Reinhart, FR	184					0-0	0	0	0
Mike Metzger, SO	184/197	13-14	3	0	1 (0:25)	21-18	5	0	1
Mike Hillman, SO	197	0-4	0	0	0	0-4	0	0	0
Ben Hepburn, FR	197	12-12	2	0	1 (3:38)	12-12	2	0	1
Monty Rockey, FR	HWT	2-3	0	0	1 (1:38)	2-3	0	0	1
Morgan Horner, JR	197/HWT	6-2	3	0	2 (1:11)	44-17	9	0	11
Jamie Nagel, FR	197/HWT	2-14	0	0	0	2-14	0	0	0
Tim Meyers, JR	HWT	2-12	0	0	1 (3:53)	6-30	0	0	1
Damian Carbone, FR	HWT					0-0	0	0	0