LHU Global MountainServe Center for Community Service
Spring 2014

Location: 103 Raub Hall
Office: 570-484-2498
Office Hours: Mon- Fri 8:00 am- 4:00 pm
Fax: 570-484-2991
Director of Community Service: Lauren Wright
Email: law3363@lhup.edu
Website: http://www.lhup.edu/students/student_life/global_mountain/

Monthly Activities & Ongoing Community Service Opportunities
(Updated project information will be posted as information is received)

January

Salvation Army Tutoring After-School Center
Starting January 13, 2014 (Every Monday & Wednesday)  Time: 3:00pm-5:30pm
The Salvation Army has started an after-school program and they are looking for volunteers to help tutor elementary and middle school age students from area schools. Volunteers will work one on one with students helping them with homework and also working with the Hooked on Phonics program.
Contact: LHU MountainServe Team Leader, Bianca Hoffman bhoffma2@lhup.edu or Salvation Army After-School Coordinator, Jessie Levelle Jessie.Levelle@USE.SalvationArmy.Org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Salvation Army Staff)

Salvation Army “More Than Bread” Community Lunch
The Salvation Army’s Community Lunch Program is a chance for volunteers to get involved with the set-up, serving, and clean-up of meals for people in need of food.
Serving Lunch/Clean-Up: M, T, TH, F from 11-1:30pm and Wednesday from 11:30-1:30
Cooking: M, T, TH, F at 8:30am and W at 9am
Contact: LHU Community Service Leader, Ashlee Grow arg6764@lhup.edu or Salvation Army Social Services Director Tabitha Hayes Tabitha.Hayes@USE.SalvationArmy.Org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Salvation Army Staff)

Salvation Army Food Pantry Program
Volunteers are needed to assist on Wednesdays for the Salvation Army Food Pantry Program, additional opportunities to help throughout the week with organizing pantry and separating food.
Contact: LHU Community Service Leader, Ashlee Grow arg6764@lhup.edu or Salvation Army Social Services Director Tabitha Hayes Tabitha.Hayes@USE.SalvationArmy.Org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Salvation Army Staff)

Clinton County Life Center
Day/Times: Various weekends
Help families in transition that are in need of activities for their children to participate in while in emergency housing with the Clinton County Life Center. Additional opportunities may be available for project ideas and events to support the Life Center. Contact: LHU Community Service Leader, Amanda Coxen acoxen@lhup.edu

Kids in the Kitchen Healthy Futures Program
Location: John Yost Center      Day/Time: Thursdays 3:15-4:45 pm
The Kids in the Kitchen program addresses healthy futures issues, such as healthy eating and smart food choices, for elementary and middle school age children residing in the Clinton County Housing Authority. Children create a healthy after-school snack while working on basic reading and math skills.
Contact LHU Community Service Leaders, Joe Lule jrl8212@lhup.edu or Amanda Holly aholly@lhup.edu

1/16/2014
2\textsuperscript{nd} Annual MLK Jr. Preschool Story Hour & Activities  
\textbf{Day:} Thursday, January 23\textsuperscript{th}  
\textbf{Times:} 10:00am-11:00am  
Volunteer your time to read stories & create activities to share with local preschoolers in honor of Reverend Martin Luther King, Jr.’s efforts for freedom, justice, equality and peace. 

\textbf{Contact:} LHU MountainServe Team Leader, Amanda Burris aburris@lhup.edu

Outreach for Humanity Prom Dress Fundraiser Drive  
\textbf{Dates:} November 1\textsuperscript{st}-January 30\textsuperscript{th}  
\textbf{Location:} Drop-off Donations @ the MountainServe Office (Raub 103)  
LHU Outreach Club is collecting: Used Prom/Homecoming/Formal Dresses, Dress Shoes, Jewelry, Purses, etc. to offer formal wear to young women in the region that would not be able to afford a dress for their school dances. Donated dresses will be offered at $0-$20 and 100% of the proceeds will go to the Clinton County Women’s Center. The Prom Dress Event will need volunteers and takes place downtown on April 4\textsuperscript{th} & 5\textsuperscript{th}. Contact: LHU MountainServe Team Leader, Amanda Burris aburris@lhup.edu

\textbf{Healthy Adventures Day}  
\textbf{Day:} Sunday, Jan 26\textsuperscript{th}  
\textbf{Time:} 3:30-5:30 PM  
\textbf{Location:} East Campus Gym  
Arrow Ministries needs volunteers to assist with 5 events for elementary students on Sundays this spring. You will be required to complete a “College Friends” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attend all spring events if possible:  

\begin{tabular}{lll}
Healthy Adventures Day & Sunday, Jan 26\textsuperscript{th} & 3:30-5:30 PM & East Campus Gym \\
Carnival & Sunday, Feb. 9\textsuperscript{th} & 3:30-5:30 PM & East Campus Gym \\
Pool Party & Sunday, March 2\textsuperscript{nd} & 12:00-2:00 PM & Zimmerli Gym & Pool \\
Magic & Science Day & Sunday, March 30\textsuperscript{th} & 3:30-5:30 PM & Zimmerli Gym \\
Spring Festival & Sunday, Apr. 13\textsuperscript{th} & 3:30-5:30 PM & Zimmerli Gym \\
\end{tabular}

\textbf{Contact:} Marc McCann, Arrow Program Director marc.mccann@arrow.org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow Staff)

\textbf{February}  

\textbf{Carnival Day}  
\textbf{Day:} Sunday, Sunday, Feb. 9\textsuperscript{th}  
\textbf{Time:} 3:30-5:30 PM  
\textbf{Location:} East Campus Gym  
Arrow will be running 5 events for elementary students on Sundays this spring and needs volunteers, both individuals, and groups. You will be required to complete a “College Friend” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attend all spring events if possible:  

\begin{tabular}{lll}
Carnival & Sunday, Feb. 9\textsuperscript{th} & 3:30-5:30 PM & East Campus Gym \\
Pool Party & Sunday, March 2\textsuperscript{nd} & 12:00-2:00 PM & Zimmerli Gym & Pool \\
Magic & Science Day & Sunday, March 30\textsuperscript{th} & 3:30-5:30 PM & Zimmerli Gym \\
Spring Festival & Sunday, Apr. 13\textsuperscript{th} & 3:30-5:30 PM & Zimmerli Gym \\
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\textbf{Contact:} Marc McCann, Arrow Program Director marc.mccann@arrow.org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow Staff)

\textbf{LHU American Red Cross Blood Drive “Give Love, Donate Blood”}  
\textbf{Dates:} February 11\textsuperscript{th} (Tues) & 12\textsuperscript{th} (Wed)  
\textbf{Location:} LHU Student Rec Center  
\textbf{Time:} 12:00 pm-6:00 pm  
Walk-ins welcome to donate blood or make an appointment www.americanredcross.org search “17745” zip code area for our LHU event. LHU volunteers are also needed to help with the blood drive set up, registration, recruitment, assisting donors, and clean up. LHU Contact: MountainServe Team Leader, Skyrler Ruf sruf@lhup.edu or Community Service Leader for PA Program Volunteers, Jessica Luedtke, jrl7720@lhup.edu

1/16/2014
Random Acts of Kindness Week February 10th-16th 2014
Make an extra effort this week to: Hold the door open for others, buy something for the person in line behind you, or say hello to everyone you walk by-- help spread random acts of kindness this week and beyond. Here are some volunteer opportunities for Random Acts of Kindness Week: 2/10: Create & Hide bookmarks with words of kindness in books at the library; 2/11: Come into the Mt. Serve Office throughout the day and make some kindness/valentine’s day cards for residents of a local nursing home; 2/12: Pass out & distribute kindness cards around campus! Need more ideas or want to help out? Contact: LHU Community Service Team Leader, Amanda Burris aburris@lhup.edu

Millbrook Playhouse
Dates: 2/16 - 2/22 (Sunday- Saturday)
Location: Downtown Lock Haven Elks Club
Volunteers are needed to assist with The Complete Works of William Shakespeare Abridged
Volunteers are needed to help with loading/unloading sets & costumes (3-5 volunteers), sewing costumes (2-3 volunteers), ushers (4-6 volunteers). Please contact, Millbrook Playhouse Artistic Director, David Leidholdt davidleidholdt@gmail.com (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Millbrook Playhouse Staff)

Outreach for Humanity Prom Dress Fundraiser Drive
Dates: November 1st-January 30th
Location: Drop-off Donations @ the Mountain Serve Office (Raub 103)
LHU Outreach Club is collecting: Used Prom/Homecoming/Formal Dresses, Dress Shoes, Jewelry, Purses, etc. to offer formal ware to young women in the region that would not be able to afford a dress for their school dances. Donated dresses will be offered at $0-$20 and 100% of the proceeds will go to the Clinton County Women’s Center. The Prom Dress Event will need volunteers and takes place downtown on April 4th & 5th. Contact: LHU MountainServe Team Leader, Amanda Burris aburris@lhup.edu

Additional opportunities under “Ongoing Community Service Opportunities”

March

Pool Party
Day: Sunday, March 2nd Time: 12:00-2:00 PM Location: Zimmerli Gym & Pool
Arrow will be running 5 events for elementary students on Sundays this spring and needs volunteers, both individuals, and groups. You will be required to complete a “College Friend” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attend all spring events if possible:
Pool Party Sunday, March 2nd 12:00-2:00 PM Zimmerli Gym & Pool
Magic & Science Day Sunday, March 30th 3:30-5:30 PM Zimmerli Gym
Spring Festival Sunday, Apr. 13th 3:30-5:30 PM Zimmerli Gym
Contact: Marc McCann, Arrow Program Director marc.mccann@arrow.org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow staff to confirm)

Peace Corps Presentation
Date: Thursday March 6th Time: 12:45 pm- 1:30 pm Location: 103 Raub Hall MountainServe Center
LHU student and former Peace Corps member, Christy Lejkowski will be presenting her experiences in the US Peace and the benefits, challenges, and resources for joining Peace Corps. Please RSVP before 3/6/14 if you would like to attend Contact: MountainServe, LHU Director of Community Service, Lauren Wright law3363@lhup.edu
LHU Outreach Club Alternative Spring Break Trip
Dates: Sunday March 16th – Saturday 22nd
Locations: Johns Island, SC
Outreach for Humanity Club will be focusing on accessible housing and health care projects with two nonprofits located in Johns Island, SC. The club currently has a waitlist for students interested in attending.
LHU Contact: LHU Outreach Club President, Bianca Hoffman bhoffma2@lhup.edu

Clinton County CleanScapes
Day: TBD Time: TBD
CCC is currently planning multiple events that may interest LHU students from trail building projects with Wayne Twp. to remove football size cobbles from the soon to be developed trail system in McElhattan. Contact: LHU MountainServe Team Leader, George McKinney, gmckinne@lhup.edu

Magic & Science Day
Day: Sunday, March 30th Time: 3:30-5:30 PM Location: Zimmerli Gym
Arrow will be running 5 events for elementary students on Sundays this spring and needs volunteers, both individuals, and groups. You will be required to complete a “College Friend” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attend all spring events if possible:
Magic & Science Day Sunday, March 30th 3:30-5:30 PM Zimmerli Gym
Spring Festival Sunday, Apr. 13th 3:30-5:30 PM Zimmerli Gym
Contact: Marc McCann, Arrow Program Director marc.mccann@arrow.org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow staff to confirm)

Additional opportunities under “Ongoing Community Service Opportunities”

April

Outreach for Humanity Club Prom Dress Fundraiser
Days/Times: April 5th 9 am-4 pm (Saturday) & April 6th 12-4 pm (Sunday)
Location: Simply Formal at Bonnie’s Salon 131 E. Main St. Lock Haven
Lock Haven University Outreach for Humanity Club will be coordinating a prom dress fundraiser with donated dresses offered at $0-$20 and 100% of the proceeds will go to the Clinton County Women’s Center. Volunteers are needed to help coordinate the set-up, fundraising event, and clean up. Contact: LHU MountainServe Team Leader, Amanda Burris aburris@lhup.edu

Big Brothers Big Sisters Easter Party/Egg Hunt
Day: TBD Location & Time: TBD
Assist with coordinating activities for children and volunteers participating in Big Brothers Big Sisters for their April event. Interested in volunteering? LHU Contact: MountainServe Team Leader, Skyler Ruf sruf@lhup.edu

Children’s Festival 2014
Celebrating Clinton County’s 175th Anniversary: Past, Present, & Future
Date: Saturday April 12th Time: 12:30 pm -3:30 pm (Volunteer set up 10 am/ Clean-up 4 pm)
Location: LHU Recreation Center on Railroad St.
Host an activity booth or help volunteer for our annual LHU Children’s Festival. This year’s Children’s Festival will be in recognition of Clinton County’s 175th Anniversary with a theme of “Past, Present, and Future”. Create child and caregiver centered activities and handouts for community members during this free event focused on 1839 and beyond with activity ideas ranging from: games, sports safety, health care/immunizations, storytelling, costumes...and whatever your group might imagine! Contact: MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu or MountainServe Team Leader, Bianca Hoffman bhoffma2@lhup.edu

1/16/2014
**LHU Global MountainServe Center for Community Service**  
**Spring 2014**

**5k Run**  
A local benefit run planned for April 12th for more details please contact, **Community Service Leader for PA Program Volunteers, Jessica Luedtke**, jrl7720@lhup.edu

**Arrow Program Spring Festival**  
Day: Sunday, Apr. 13th  
Time: 3:30-5:30 PM  
Location: Zimmerli Gym  
Arrow Ministries needs volunteers for their 5 events for elementary students on Sundays this spring. You will be required to complete a “College Friend” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attended previous spring events.  
**Contact:** Marc McCann, Arrow Program Director marc.mccann@arrow.org (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow Staff)

**Clinton County CleanScapes**  
**Days:** TBD  
**Times:** TBD  
CCC is currently planning multiple events that may interest LHU students in April, before opening day for trout season, they will hold their annual Fishing Creek greenway/Rt.'s 64 & 150 litter cleanup in Mill Hall & a tire removal project on the creek bank of Loyalsock Creek, Lycoming Co.  
**Contact:** LHU MountainServe Team Leader, George McKinney, gmckinne@lhup.edu

**Additional opportunities under “Ongoing Community Service Opportunities”**

**May**

**Garden Projects:** Assist two local non-profits with garden preparation tasks, coordinate securing starter plants, and assist with any enrichment activities for youth and families accessing the garden projects. Garden projects are located at the Clinton County Life Center & John Yost Center.  
**Contact:** MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu

**5K Run**  
A local 5K benefit run for Cystic Fibrosis will be held May 3rd, for more information contact, LHU student Brooke Kibler at bkibler@lhup.edu

**Clinton Country Fairgrounds Flea and Farmers**  
**Day:** Beginning May 6th  
**Time:** TBD  
Volunteer to help support the regions weekly flea and farmers market, with an opportunity to create free children’s activities during the event.  
**Contact:** MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu

**American Association of University Women (AAUW) Book Sale**  
American Association of University Women book sale, support educational scholarships and community education projects. AAUW would greatly appreciate helping hands to set up and pack up books.  
**Contact:** MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu

**United Way Trash to Treasure**  
**Day:** TBD  
**Time:** TBD  
The United Way coordinates a Trash to Treasure Event to collect donated gently used items to assist in supporting United Way Programming in Clinton County.  
**Contact:** MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu

**Additional opportunities under “Ongoing Community Service Opportunities**
Ongoing Community Service Opportunities: 2013-2014

Arrow Ministries “College Friends” Program
The College Friends Program is a recreational program that promotes personal character growth through activities that are both educational and fun. This program matches College Friends (collegiate mentors) with Young Friends (children ages 5-12). The “College Friends” Program serves Pennsylvania children in Centre and Clinton Counties. Program events are held every three to four weeks throughout the school year. During events, participants can enjoy a variety of games, activities, arts & crafts, and snacks while spending time with their College Friends and other Young Friends. For some kids, this program helps to develop and reinforce skills learned at school and at home. For others, it provides a break from challenging circumstances they may be dealing with in their lives. You will be required to complete a “College Friend” application, basic clearances, and attend an orientation/training. Arrow prefers that as a “College Friend” you attend all spring events if possible:

- **Healthy Adventures Day**
  - Sunday, Jan 26th
  - 3:30-5:30 PM
  - East Campus Gym

- **Carnival**
  - Sunday, Feb. 9th
  - 3:30-5:30 PM
  - East Campus Gym

- **Pool Party**
  - Sunday, March 2nd
  - 12:00-2:00 PM
  - Zimmerli Gym & Pool

- **Magic & Science Day**
  - Sunday, March 30th
  - 3:30-5:30 PM
  - Zimmerli Gym

- **Spring Festival**
  - Sunday, Apr. 13th
  - 3:30-5:30 PM
  - Zimmerli Gym

**Contact: Marc McCann, Arrow Program Director [marc.mccann@arrow.org](mailto:marc.mccann@arrow.org) (Please make sure to bring any forms you may need to have signed to document your volunteer hours directly to Arrow staff members)**

Big Brothers Big Sisters (B.B.B.S.)
Become a mentor for underprivileged youth in the community- As a 'Big', you would mentor a 'Little' and attend monthly events- Long term and one-time events available throughout the year.

**Contact: MountainServe, Director of Community Service, Lauren Wright, [law3363@lhup.edu](mailto:law3363@lhup.edu)**

Clinton County Housing Authority: John Yost Center
**Kids in the Kitchen Healthy Futures Program**

- **Location:** John Yost Center
- **Day/Time:** Thursdays 3:15-4:45 pm

The Kids in the Kitchen program addresses healthy futures issues, such as healthy eating and smart food choices, for elementary and middle school age children residing in the Clinton County Housing Authority. Children create a healthy after school snack while working on basic reading and math skills.

**Contact LHU Community Service Leaders, Joe Lule [jrl8212@lhup.edu](mailto:jrl8212@lhup.edu) or Amanda Holly [aholly@lhup.edu](mailto:aholly@lhup.edu)**

Homework Helpers at the John Yost Center

- **Monday-Thursday**
  - 3:00-5:00 PM

Volunteer to help children aged 5-12 with homework support through the John Yost Center; additional volunteers also needed at the John Simon Center in Renovo M,T,W 3-5 for homework help.

**Contact: MountainServe, Director of Community Service, Lauren Wright, [law3363@lhup.edu](mailto:law3363@lhup.edu)**

Family Night at the John Yost Center

- **Thursday nights**
  - 5:30-7:00 PM

Volunteer to help plan and/or participate in family oriented events for area residents accessing the John Yost Center for healthy family meals, game night, and arts and crafts activities

**Contact: MountainServe, Director of Community Service, Lauren Wright, [law3363@lhup.edu](mailto:law3363@lhup.edu)**

Clinton County Life Center

- **Day/Times:** Various weekends

Help families in transition that are in need of activities for their children to participate in while in emergency housing with the Clinton County Life Center. Additional opportunities may be available for project ideas and events to support the Life Center.

**Contact: LHU Community Service Leader, Amanda Coxen [acoxen@lhup.edu](mailto:acoxen@lhup.edu)**

1/16/2014
Clinton County Women’s Center (CCWC): A local non-profit offering domestic abuse assistance and services; Numerous volunteer opportunities for direct service (65 hour training required next training May 9, 2014 & one in Sept PM hours) and other community service needs (no training required), including a fundraiser event “Rock Against Rape”. LHU Contact: MountainServe Community Leaders, Amanda Cole acole@lhup.edu or Alyssa Tennant atennant@lhup.edu

Girl Scouts in the Heart of PA Program
Locations: Monthly Meetings in Lock Haven
Volunteer to support activities and events for a local Girl Scout troop or become a troop leader.
LHU Contact: MountainServe Team Leader, Amanda Burris aburris@lhup.edu

LHU Outreach for Humanity Club
LHU Student Club focused on volunteerism and actively helping others through individualized projects that the group members create to serve our local and national communities.
LHU Outreach Club President, Bianca Hoffman bhoffma2@lhup.edu

Salvation Army Tutoring After School Center
Starting January 13, 2014 (Every Monday & Wednesday) Time: 3:00pm-5:30pm
The Salvation Army has started an after school program and they are looking for volunteers to help tutor elementary and middle school age students from area schools. Volunteers will work one on one with students helping them with homework and also working with the Hooked on Phonics program.
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Susque-View Home
Volunteer opportunities throughout the year
Susque-View offers special event and volunteer opportunities to work with senior citizens in a residential care facility or rehabilitative care setting. Volunteer to plan a Saturday afternoon event or offer companionship anytime throughout the year; Host a Tea party, craft, poetry reading, and many more ideas welcomed.
Contact: MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu

United Way
Multiple program needs throughout the year to support the United Way and community partnerships.
LHU contact: Contact: MountainServe, Director of Community Service, Lauren Wright, law3363@lhup.edu