

Conscious Choking

Adult
Child

Types

- ✘ Anatomical obstruction –
- ✘ Mechanical obstruction – blocked by a foreign object (food, toys, vomit, etc)

Recognizing Choking

Partial air exchange:

- ✘ Good —
- ✘ Poor — weak, ineffective cough

Complete blockage:

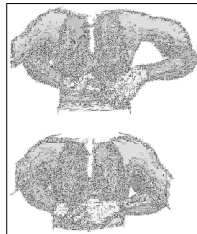
- ✘ Unable to speak, breathe, or cough
- ✘ Clutches neck with 1 or both hands

If victim is coughing forcefully

Encourage them to continue coughing

Responsive Airway Obstruction

1. Check victim for choking
2. Get permission to Rx
3. Give abdominal thrusts
- ✘ Place fist against victim's abdomen just above navel



Responsive Airway Obstruction

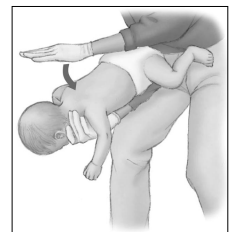
- ✘ Continue thrusts until object is removed or victim becomes unresponsive
- ✘ Give chest thrusts for larger victim and pregnant women
4. Activate EMS if victim becomes unresponsive
- 5.

- ✘ If conscious adult or child goes unconscious while treating them; you are to begin CPR
- ✘ We will do this in a later class

Conscious Choking Infant

If infant is responsive, but cannot cry, breathe, or cough:

1. Give up to 5 back blows



Conscious Choking Infant

☒ Brace your forearm and infant on your thigh

☒ Give five back blows

2. Give 5 chest thrusts

☒ Support the head and roll infant face up



Conscious Choking Infant

☒ Place 3 fingers on sternum between nipples

☒ Lift your ring finger off of the chest

☒ Give 5 slow thrusts

☒ Do a finger sweep

3. Repeat

☒ Until infant becomes unresponsive

- Call 9-1-1 and begin CPR

☒ Or object is expelled

Once infant goes unconscious; begin CPR