<table>
<thead>
<tr>
<th>Eligibility</th>
<th>VISA</th>
<th>Study Period</th>
<th>Language of Instruction</th>
<th>Type of Housing</th>
<th>Approximate semester dates</th>
<th>LHU partner since</th>
<th>Cost of Housing &amp; Meals</th>
</tr>
</thead>
<tbody>
<tr>
<td>LHU and external students:</td>
<td></td>
<td>Fall</td>
<td>Spanish</td>
<td>Homestay</td>
<td>Fall: Sept. – Dec.</td>
<td>1990</td>
<td></td>
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<tr>
<td>Minimum GPA 2.5</td>
<td></td>
<td>and/or Spring</td>
<td></td>
<td></td>
<td>Spring: Feb - May</td>
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</tbody>
</table>

**COSTA RICA**

*Universidad Nacional, Heredia*

[www.una.ac.cr](http://www.una.ac.cr)

**The Location**

Despite its relatively small size, Costa Rica is a country of tremendous geographical diversity. Dark lowland jungles give way to rolling savannas; pacific surf crashes against rocky headlands, all in sharp contrast to the tranquility of palm-fringed Caribbean beaches. Twelve major life zones harbor an astounding amount of plant and animal life. While Costa Rica covers a mere 0.03% of the planet’s surface, the nation is endowed with over 5% of all life forms on earth. Heredia lies just a few miles from the nation’s capital, San José. Nearby are the active volcanoes of Irazú and Arenal. Booming and rumbling with awe-inspiring consistency, they are a reminder of the tremendous power of nature’s geological forces. All of the above provide a tremendous backdrop for a semester of study at our partner university, the Universidad Nacional.

**The University**

Much like Lock Haven University, the Universidad Nacional (UNA) can trace its roots back to its founding as a teacher’s college back in 1915. In 1973, UNA was bestowed university status by the government of Costa Rica and now offers both undergraduate and graduate degrees in 35 disciplines. The campus is located in the heart of Heredia and, in addition to the academic courses that can be taken for credit, students also have the opportunity to enroll at a nominal cost in artistic workshops that are offered throughout the term on such areas as modern and popular dance, theatre, choir, guitar, marimba, etc.

**Academics**

The Costa Rican exchange program requires that participants have an upper-intermediate to advanced level of proficiency in the Spanish language. Students enroll in regular university courses open to Costa Rican natives. Classes count for 3 semester hours each and can be taken in the following departments (please keep in mind that this is a tentative list and subject to change):
### FALL SEMESTER
#### School of History
- History of Costa Rica I
- History of Latin America I
- World History I
- Geography II
- Contemporary Central American History

#### School of Literature
- Oral and Written Expression II
- Phonetics and Phonology
- Introduction to Classic Literature
- Spanish Literature - Golden Age
- Modern Latin American Literature
- Spanish Grammar IV
- Costa Rican Literature II
- Costa Rican Spanish

#### Institute of Latin American Studies
- Research Methods and Techniques
- International Relations in Latin America
- Literature and Society in Latin America

#### School of International Relations
- International Relations II
- Political Theory
- International Relations in Latin America
- Costa Rican Political System
- International Finance
- International Organizations

#### Sociology
- Costa Rican: Restructuralization & Globalization
- Contemporary Methodologies in Sociology
- Structure & Processes of Social Reproduction
- Organizational Development

### SPRING SEMESTER
#### School of History
- Pre-Columbian Cultures
- Geography
- History of Costa Rica II
- World History

#### School of Literature
- Oral and Written Expression I
- Introduction to Literature
- Colonial Latin American Literature
- Costa Rican Literature
- Spanish Grammar III
- Spanish Language in the Americas

#### Institute of Latin American Studies
- Economic & Social History of Latin America
- Soci & Anthropology of Underdevelopment
- Political Theory in Latin America

#### School of International Relations
- International Relations I
- History of International Relations
- Public Law
- International Economic Relations
- Political Systems Theory
- World Geography
- Central America & the Caribbean Sem
- International Business
- Costa Rican Foreign Policy

#### Sociology
- Formation & Development of C.R. Society
- Economic Theory
- Lat. Amer. & Caribbean in the World Context
- State, Politics and Society
- Introduction to Environmental Problems

### Housing
The Institute for International Studies collects room and board fees and sends them on to Costa Rica. The Departamento de Bienestar Estudiantil at the UNA places LHU students in a Costa Rican household. This allows for interaction with natives while, at the same time, students have the independence to come and go, provided the customs and daily schedule of the Costa Rican family are respected. Some students develop a close relationship with their Costa Rican families; others, a polite but more formal, contractual relationship. The relationship you develop will depend, in large part, on the efforts you make to adapt to the customs and daily schedule of the Costa Rican family. Students are given three meals per day.

### Air Travel
students are responsible for making their own travel arrangements. Please see the international office for assistance.
**Tuition** - LHU students continue to pay LHU tuition and fees while attending the Universidad Nacional. Students are billed for tuition and fees plus an additional $150 International Service Fee. Keep in mind that all financial aid can apply toward your study in Costa Rica since you are participating on an LHU sponsored program. Students do not pay any tuition or fees in Costa Rica. Please note, however, that it will be necessary to pay for activities such as athletic club memberships, if you wish to utilize those services. Non-LHU students are billed LHU tuition and fees and a $150 International Service Fee.

**Academic Calendar**
Fall semester classes begin in early August and end in mid-November. Spring semester classes begin in late January and run through the third week in May. All dates are approximate.

**Health Insurance**
All students are required to maintain health insurance policy that will provide coverage while abroad and for the entire duration of this period. Information on international health insurance providers can be obtained from the Institute for International Studies. You may find that your present health insurance policy includes overseas coverage. It is important, however, that your carrier provide written verification of such coverage.

**So, how do I get started?**
Simply come by the Institute for International Studies to pick up an application form. Remember! Applications are due March 1 for the fall term and October 1 for the spring term.

Approved by Universidad Nacional. Updated 02/12/09
CONTACT INFORMATION

www.una.ac.cr/intercambio

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